



KIDS SCHEDULE



MON **Mat 2** **Brazilian Jiu-Jitsu | Level 1 (Mini)** **5:00 PM**
Beginner Kids ages 3-7 (40 min)

Mat 1 **Brazilian Jiu-Jitsu | Level 2** **5:45 PM**
Intermediate to Advanced Kids ages 7-13 (40 min)

TUE **Mat 1** **Brazilian Jiu-Jitsu | Level 2** **5:00 PM**
Intermediate to Advanced Kids ages 7-13 (40 min)

Mat 2 **Kickboxing | Resumes Jan23** **5:00 PM**
Beginner to Advanced Kids ages 8-13 (40 min)

Mat 1 **Brazilian Jiu-Jitsu | Level 1 (Jr)** **5:45 PM**
Beginner Kids ages 7-13 (40 min)

Mat 2 **Brazilian Jiu-Jitsu | Level 1 (Mini)** **5:45 PM**
Beginner Kids ages 3-7 (40 min)

WED **Mat 2** **Brazilian Jiu-Jitsu | Level 1 (Mini)** **5:00 PM**
Beginner Kids ages 3-7 (40 min)

Mat 1 **Submission Grappling | Level 2** **5:45 PM**
Intermediate to Advanced Kids ages 7-13 (40 min)

THU **Mat 1** **Brazilian Jiu-Jitsu | Level 2** **5:00 PM**
Intermediate to Advanced Kids ages 7-13 (40 min)

Mat 2 **Kickboxing | Resumes Jan23** **5:00 PM**
Beginner to Advanced Kids ages 8-13 (40 min)

Mat 1 **Brazilian Jiu-Jitsu | Level 1 (Jr)** **5:45 PM**
Beginner Kids ages 7-13 (40 min)

Mat 2 **Brazilian Jiu-Jitsu | Level 1 (Mini)** **5:45 PM**
Beginner Kids ages 3-7 (40 min)

SAT **Mat 1** **Brazilian Jiu-Jitsu | Level 2** **9:00 AM**
Intermediate to Advanced Kids ages 7-13 (40 min)



KIDS SCHEDULE



SAT (Continued)	Mat 1	Brazilian Jiu-Jitsu Level 1 (Jr) Beginner Kids ages 7-13 (40 min)	9:45 AM
	Mat 2	Brazilian Jiu-Jitsu Level 1 (Mini) Beginner Kids ages 3-7 (40 min)	9:45 AM
	Mat 2	Kickboxing Resumes Jan23 Beginner to Advanced Kids ages 8-13 (40 min)	11:30 AM