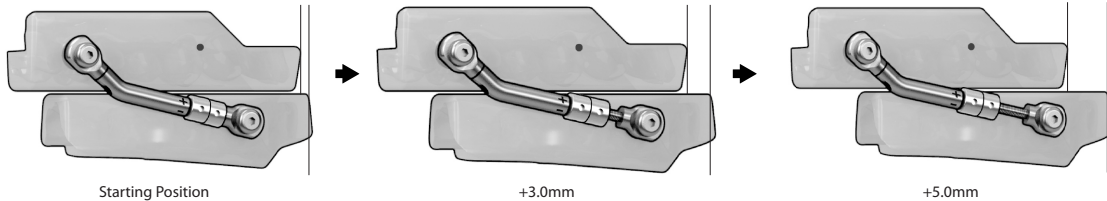


## ADJUST YOUR HERBST TELESCOPIC



<b>90° Turns</b>	1	4	8	16	24	32	40	48	56	64	72	80
<b>Adjustment (mm)</b>	0.0625	0.25	0.5	1.0	1.5	2.0	2.5	3.0	3.5	4.0	4.5	5.0

Your SomnoDent Herbst Telescopic can be adjusted within a 5.0mm range, giving you control of your treatment and the best possible fit.

Simply fit the calibration tool into the titration and counter nuts and rotate 90° in the direction required.

# FORWARD ADJUSTMENT

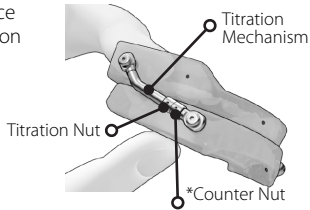


**IMPORTANT**  
COUNT YOUR TURNS

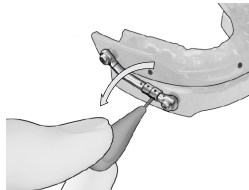


**IMPORTANT**  
ADJUST BOTH LEFT AND RIGHT  
CALIBRATION SCREWS

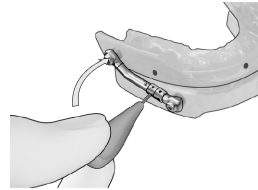
- 1** Hold the device with the titration mechanism facing you.



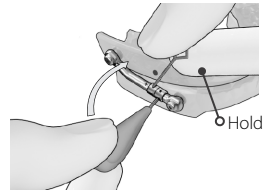
- 2** If the counter nut is locked, loosen the counter nut by rotating towards the negative sign prior to advancing the titration nut.



- 3** Fit your calibration tool into the titration nut and rotate 90° in the direction of the positive sign.



- 4** Hold the titration nut with another key securely so that it does not rotate while locking the counter nut. Rotate counter nut until it clamps the titration nut into place.



\* The counter nut is used to secure the position when tightened in the opposite direction of the advancement.