

## WEST SEATTLE REIGN SPORTS

PARENT AND ATHLETE HANDBOOK JENNIFER SAMEK

# West Seattle Reign

## West Seattle Reign Sports LLC Club Handbook

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#### **Mission Statement**

West Seattle Reign Sports provides athletes with high-level technical skills training and tactical instruction in a positive learning environment that fosters personal growth, development, and a passion for the game.

#### Club Philosophy

We are committed to ensuring that every West Seattle Reign athlete has a positive experience that fuels their love of athletics and competition. While we do provide our athletes with the highest caliber of training, it is equally important that athletes learn lifelong lessons that will stay with them long after their athletic career comes to an end. Our coaches are mentors, role models, and above all, teachers. We will teach our athletes to be disciplined, compete and train at full effort, be a positive and supportive teammate, be a problem solver, push beyond their comfort zone, and compete with confidence and enthusiasm.

West Seattle Reign Sports is a family. Our older athletes work with and get to know our younger athletes and our teams support and cheer for each other whenever they can. We will host club wide events and activities throughout the season that will give all our athletes and families the chance to get to know each other better.

West Seattle Reign Sports has no aspirations of growing into a club with many teams at each age group. Limiting the number of teams at each age group allows us to focus our organizational abilities, maintain our attention to detail and focus on each athlete's growth and development. WSR can then ensure that every team has two or three extraordinary coaches. We are very fortunate to have an outstanding group of coaches upon whom our athletes can rely on for instruction, guidance, and support.

#### Coach's Responsibilities

- 1. To teach proper technique and fundamentals to all players
- 2. To teach and apply proper procedures
- 3. To communicate clearly, to each player, his/her role on the team
- 4. To balance hard work, fun, and discipline
- 5. To create a positive, growth based, and trusting environment for players
- 6. To act as a positive role model for players both on and off the court
- 7. To prepare players for any and all situations that might occur when playing in a match
- 8. To motivate players to compete at a high level due to strong work ethic and responsibility to their teammates

### Club Athletics is a Commitment & Priority

WSR supports athletes who participate in middle school, high school and club sports teams. Players will not be penalized for missing a club event to participate in a Middle or High school sporting event. It is very important to have quality and timely communication with the coach about any possible conflicts. The player must let his/her coaches know as soon the sports schedule is available, preferably at least two weeks before an event. Athletes competing in other club sports need to communicate those conflicts to the coaches with as much notice as possible. Playing time in tournaments may be affected due to practice, games and tournaments missed due to another club sport. Absences due to middle and high school athletics or required school events as well as injury or illness will be excused. All other absences are unexcused and may affect playing time. Excessive unexcused absences may result in a dismissal from the team as determined by the coach. Players and their families will receive notice if and when they are nearing their limit of unexcused absences. The coach has the right to dismiss the player from the team if a lack of commitment and attendance continues.

#### Parent/Player Rules & Regulations

The following rules have been set for all West Seattle Reign athletes and parents to ensure the smooth running of our program. They address attendance, effort, and conduct. These rules will be enforced without exception. Players & Parents who do not abide by these rules will not be allowed to participate in club activities.

#### BE RESPECTFUL. BE RESPONSIBLE. PUT THE TEAM FIRST.

As a member of WSR, it is critical to understand that you represent yourself, your coaches, your family, and West Seattle Reign Sports at all times.

#### **Player Expectations**

- 1. Be a team player; the team comes first, always and no matter what. Never criticize teammates, on or off the court. We have a ZERO TOLERANCE POLICY for players who do not work in the context of the team.
- 2. Always have a positive attitude; encourage and support your teammates to the best of your ability whether you are on the court or on the sidelines. Being a great teammate is always expected at WSR.
- 3. Demonstrate strong club/team spirit and pride through your words and actions.
- 4. Be a leader on and off the court.
- 5. Stay focused, mindful, and display a strong work ethic at every practice, game, and tournament. Be ready to begin practice at the scheduled time (shoes on, taped up, ready to warm-up).
- 6. Always display good sportsmanship. Show respect for teammates, coaches, opponents, and officials. Our goal is to always show our enthusiasm and love for the game. We will compete hard and have fun while we improve as individuals.
- 7. Drug, tobacco, and alcohol use by athletes is prohibited.
- 8. Only the team captain and coach can address Referees. DO NOT beg officials for "touches," line calls or any other infraction.
- 9. Clean up after yourself everywhere you go (gyms, hotels, restaurants, vans, etc.).
- 10. Be the kind of teammate you would like to have beside you. Find ways to make your teammates better at every opportunity and celebrate team successes.
- 11. Practice is mandatory and your attendance is expected. If a player will be missing a practice, game, or tournament, that player must contact the head coach before the scheduled event via TeamSnap.
  - a. Academics are a priority; however, homework should not be an excuse for missing a game practice, game, or tournament.
    - i. If you are having issues managing your time, please contact your coach and we will help you work out an athletic/academic plan. Do not let your grades slip during club season!
  - b. Players who repeatedly miss practice will be subject to reduced playing time at tournaments.

#### Player Practice Rules

- 1. Players should be at practice at least 10 minutes early so they have time to put on shoes/kneepads and be ready to begin practice right at the start time.
- 2. Players need to bring their own water bottle to every practice so that they stay well hydrated and water breaks can be taken quickly.
- 3. Come to practice mentally prepared; have personal goals set for yourself before each practice.
- 4. If a player is going to miss a practice, they must inform their coach directly and in advance via TeamSnap. Telling a teammate to tell the coach is not an acceptable vehicle of communication.
- 5. No walking-run or jog everywhere!
- 6. Find ways to improve and have a specific technical goal to work on during every drill.
- 7. Do not speak or distract teammates while the coach is communicating with the team.
- 8. Practice the way you want to play at tournaments. All your habits and foundations for your play are created during practice.

- 9. Take care of our facilities-Remove all water bottles, towels, etc. from the floor. Replace equipment quickly and neatly, exactly as or better than you found it
- 10. Assist in after practice clean up

#### Player Game and Tournament Rules

- 1. At the completion of each tournament be sure the team area is left the way it was found.
- 2. Obey all food and beverage policies of the tournament or gym.
- 3. Abide by all rules set by the coaches or chaperones at all times.
- 4. Check in with coaches and chaperones before leaving the playing facility, hotel, lobby, pool, etc. Players must always travel or be accompanied by at least one or more teammates.

#### Officiating at tournaments:

- 1. Officiating is the responsibility of the entire team.
- 2. No player is ever allowed to leave the tournament while his/her team is officiating.
- 3. Each coach will determine a procedure that his/her team will follow for officiating duties.

#### Player Playing Time

- 1. All players will have equal opportunities to train and play during practice sessions.
- 2. Players are NOT guaranteed equal playing time during games and tournaments; coaches will make playing time decisions based on what they think will bring success to the team as a whole.
- 3. Players will be expected to earn a starting position or playing time every day in practice.
- 4. Factors that can affect playing time are:
  - a. Attendance at practice
  - b. Attitude and work ethic
  - c. Leadership skills
  - d. Team chemistry
  - e. Statistical analysis
  - f. Performance during practices and matches.
- 5. Players on the bench must encourage and show their support for players on the court. No bad attitudes or sulking will be tolerated.

#### TRAVEL POLICY

You represent our club at all events, games, and tournaments; we expect you to act accordingly. Remember, we are guests and any player who puts our good standing in jeopardy will be removed from WSR. These trips should be fun, but we attend to play volleyball. Distractions should be avoided.

WSR assumes no responsibility or liability whatsoever for travel associated with Club training, practices, league, or tournament play. WSR has a policy that coaches should not transport players unless accompanied by another adult and only with proper documentation completed in advance. Carpooling and other cooperative transportation arrangements solely involve players and parents, and WSR is not involved in said travel arrangement nor is WSR in any way responsible for making such arrangements. Accordingly, parents and players who have reached the age of majority, expressly agree to hold West Seattle Reign Sports, its officers, directors, employees, and agents, harmless from any and all liability stemming from, or arising out of, injuries or death related to the transportation of players to and from Club training, practices, league, or tournament play. As a player within WSR, travel outside of the city is anticipated and expected; and all players will be required to participate in every event unless injured.

#### **Travel Practices**

- 1. Players must arrive at the court/field 10 minutes prior to practice time.
- 2. Players must practice in a WSR practice uniform (WSR shirt and black short).
- 3. Players must wear black knee pads. (volleyball only)

- 4. Players must bring plenty of water.
- 5. If a player must arrive late or leave a practice early, the coach must be notified in advance.

Travel games

- 1. Players can only be instructed by the coach during the game. The parents' role is strictly encouragement no coaching.
- 2. Any involvement of the parent with their player during the game must be designated by the coach (injuries, water break, etc.)
- 3. If a player will be late for the game or must leave the game early, the coach must be notified in advance.
- 4. During the games, parents should refrain from making any comments to the game officials. The referees and linesmen should always be dealt with in a professional and courteous manner.
- 5. Players must be dressed uniformly when departing to the games.
- 6. If the team is still playing in the tournament, players are required to meet at a designated area at a designated time as specified by the coach or manager to do any team related activities.
- 7. Coaches will designate a designated time and meeting place to travel to the courts.

#### Travel General Information

- 1. All players will be accompanied by a parent or responsible adult at overnight tournaments.
- 2. Itinerary should be given to all the players by the coach or team manager before departure to any out-of-town tournament.
- 3. We strongly encourage players and families to travel and lodge together as a team. At travel tournaments ALL players on 13's teams and older will stay in rooms with their teammates at the team hotel or house. (THIS WILL NOT BE ENFORCED UNTIL COVID-19 RESTRICTIONS ARE LIFTED 100%)
- 4. When players are traveling together WSR recommends that they wear their WSR Warm-ups.
- 5. Using the swimming pool, Jacuzzi, exercise equipment, or the like must only be done with permission of the coach.
- 6. Players must never leave the hotel without permission of their parents or coach. Parents must and coach should always know the whereabouts of all players.
- 7. Players must follow the itinerary and must follow curfew precisely.
- 8. Players are not allowed to smoke, drink alcohol, or use illicit drugs.
- 9. Every person associated with the West Seattle Reign Sports must follow the rules of the hotel in which they are staying.
- 10. Players need to be always accounted for with a parent, chaperone, coach, or other designated person.
- 11. Players are not allowed to run around in the hotel, play in the hotel hallways, or walk barefoot. Players will act in a respectful manner to all hotel staff and will treat the hotel with care.
- 12. Curfew will be set by team coach, honored by all players, and supported by parents and chaperones. Team chaperones will oversee and regulate the team's curfew.
- 13. If the tournament has both male and female teams, casual association during free time will be allowed in public areas, but absolutely no player will enter the rooms of players of the opposite sex.
- 14. If a conference is necessary between the coach and an individual player, it must be done in the lobby of the hotel or if a more private area is required, then it needs to be done in the presence of a manager or the parent of the player or another adult.
- 15. No WSR employee is to be out of sight of others or alone with an athlete for any reason, at any time.

#### SOCIAL MEDIA

Remember, ALL SOCIAL MEDIA IS PUBLIC. Your online presence reflects yourself. Please refrain from posting anything that could be potentially damaging or embarrassing to yourself and our team, including photos. Do not put anything on social media that you would not want your family, school administrators, college admissions officers or future employers to see.

1. Posting negative comments about teammates, opponents, coaches, or referees under any circumstance will result in suspension/expulsion from the team.

- 2. Bullying will not be tolerated and will result in immediate expulsion from the team.
- 3. Offensive language will not be tolerated.

#### Parents' Responsibilities

- 1. To provide transportation to and from tournaments, as well as to practice sites.
- 2. You are financially responsible for your child, whether or not you attend a tournament. If you will not be accompanying your son/daughter to a tournament, be sure to give them enough money to cover additional food costs and entertainment.
- 3. Contact your team parent prior to a tournament if you need additional information. Most information can be found at www.westseattlereign.com or on TeamSnap. It is your responsibility to know where a tournament is held and how to get there.

#### TeamSnap Health Checks and Availability

Health checks and availability must be done 8 hours prior to any West Seattle Reign Sports event. To complete a heath check you will need to:

- 1. Open the TeamSnap app
- 2. Located the calendar button at the bottom of the screen and click on it.
- 3. Find the current days event and click on it.
- 4. Scroll down until you locate the 'team health check' and select it
- 5. Complete your health check

#### Team Parent Purpose and Responsibility

- 1. The primary reason for having a team parent is to help provide clear and consistent contact between the entire team and coach related to travel and assignments (line judge, score keeper, snacks, etc.)
- 2. The team parent will be the point of contact for any questions regarding travel, tournament dates, times, locations, and itineraries.
- 3. The team parent is responsible for distributing directions and logistical information for tournaments, play sites, and hotels.
- 4. The team parent will also oversee communication and coordination of meet ups, travel to and from site locations (if not set up by WSR staff), etc.

#### Parent Code of Conduct

- 1. It is very important to cheer for our team, and not against another team. Be positive and respectful at all times.
- Parents will not interact with Tournament Officials for ANY REASON including Referees, Line Judges & Scorekeepers (Remember: Your athletes/coaches will also make mistakes when working matches. Be respectful and allow our coaches to address issues). Do not argue with or yell at officials. Keep In mind; officials are trying to do their best and are human and make mistakes from time to time.
- 3. Good sportsmanship is a vital component of West Seattle Reign Sports, please be a good role model for your athlete and demonstrate good sportsmanship at all times just as we expect our athletes to.
- 4. Aggressive or hostile confrontations between a parent and any coach, administrator, official, player, or other parents will not be tolerated and may result in parents losing the privilege to attend team tournaments, games, or practices.
- 5. Parents will not discuss playing time or player positions with the coaching staff at tournaments under any circumstances. Our coaches will adhere to our playing time policy while doing their best to balance player development with team performance. If you have concerns about playing time, please adhere to the following guidelines:

- Questions about playing time should be addressed between Coach and Player before a parent meeting is scheduled. It is important that players learn to voice their questions/concerns to adults in authority positions.
- 2) Wait 24 hours after the conclusion of the event to email the coach and director to set up a meeting.
- 3) Players will be included in all meetings regarding playing time.
- 4) If a parent approaches a coach at a tournament regarding playing time, the player in question will sit for the rest of the day. The club director will address the issue before they are allowed to play in future matches.
- 6. To eliminate distractions, practices will be closed to spectators.
- 7. Basic rule: If you have nothing positive to say, say nothing at all. Discussing negative comments or criticizing West Seattle Reign Sports, administrators, team parents, chaperones, or players will not be permitted. This creates a negative culture among our families that we will not tolerate. If you have questions for a coach or administrator, please direct your question to that coach or administrator directly as opposed to discussing the matter with other parents or players. Please set a good example for your athlete by showing respect to our coaches and administrators and complying with their rules and decisions which they make with the best interest of our teams in mind.
- 8. A parent's role is to support their athlete and support the team they made a commitment to whether you agree with a coach's decisions and strategies or not. You must understand that WSR Coaches will make choices based on what they believe to be in the best interest of the team as a whole, the team's goals, and not with the interests of a single player in mind.
- 9. We very much appreciate you entrusting our coaches with your athlete's development and career. Once you make the choice to do so though, please leave the coaching to our very capable coaches and please do not provide feedback to your athlete that is potentially conflicting with the training they are receiving at WSR.
  - 1) This is especially important during tournaments but is detrimental during practices as well. Parents need to be a support to their athlete and celebrate team successes as well as be there for a hug after a tough match.
  - 2) Parents must not attempt to "coach" their athlete from the sidelines. Any player receiving "coaching" from the sidelines will be removed for the remainder of the match.
- 10. Parents must ally themselves with the coach in teaching their athlete how to cope with the potential frustrations of being a member of a team. Sports provide an excellent opportunity to teach young athletes about the realities of highly competitive situations.
  - 1) They must be taught how to be a valuable team member regardless of their role, how to make use of both positive feedback and constructive criticism, how to cope with adversity, and how to be a gracious winner.
  - 2) Dealing with adversity is a skill that needs to be learned just like any other ability. Please do not rob your athlete of the chance to learn how to bounce back from difficult situations by trying to solve their problems for them. Instead, please do your best to be supportive and be there to listen or be a shoulder to cry on when they are having a tough time.
- 11. Please consider how much time, energy, effort, and dedication your team's coaches are putting into coaching the team for relatively little compensation. They do it because they are passionate about the sport they coach and want to pass that along and help your athlete and their teammates to be the best players, team, and people that they can be. Please be appreciative of their efforts and all that they do and know that they deserve your respect and support and that all our coaches are always well intentioned and have the best interests of their teams in mind.
- 12. Please think about the following guidelines when you attend at tournament:
  - 1) DO Applaud good play (for both teams). Appreciate the hard work that every player is putting into the match.
  - 2) DON'T Cheer the other team's mistakes or cheer only for your own athlete.
  - 3) DO Sit next to parents from both your team and other teams. Introduce yourself.

- 4) DON'T Scream at the work team. Remember, your athlete is only one match away from being a bad scorekeeper.
- 5) DO Show good sportsmanship and congratulate the other teams' parents and players after a match.
- 6) DON'T Pull your child away from their team huddle after a match.
- 7) DO Congratulate the players on their improvement and effort.
- 8) DON'T Re-hash mistakes in the car ride home (we already do that enough as Coaches!)
- 9) DO Tell your child how much you love watching them play!

#### Communication

Our website and TeamSnap provide us with excellent tools for communications club wide. Please use these resources to find information regarding schedules, club information, and registration and payment procedures.

- 1. Please communicate with all coaches, club staff, fellow parents, and players in a respectful and considerate manner. Disrespectful or rude communications will not be tolerated.
- 2. If there is an issue or matter of concern that needs to be addressed the process needs to adhere to the following guidelines:
  - Step 1: The athlete addresses any issues or concerns directly with their coaches. We really
    encourage our athletes to learn to communicate effectively with their coaches on their own behalf.
    If the issue is not resolved between the athlete and coach, then:
  - 2) Step 2: Parents and players meet with team coaches together (never just parents as athletes should be a part of any and all discussions regarding them and their coaches and teams)-this meeting is not to take place during or immediately following a game or tournament and should be arranged by reaching out to the coach thru TeamSnap to set up a time to talk. Please wait at least 24 hours following a tournament to arrange a meeting. If the first two steps have taken place and the issue still has not been resolved:
  - 3) Step 3: Contact the Club Director, Jennifer Samek at <u>JenniferS@WestSeattleReign.com</u> to arrange a meeting with athletes, parents, and coaches all included.

#### Club Fees

Families are responsible for payment of the full club fees in addition to any travel or tournament costs for any travel tournament the team attends. The only exception would be if a family has made other arrangements with Club Director Jennifer Samek due to a need-based scholarship situation.

#### **Financial Obligation**

- 1. Players will not be allowed to begin practicing until the initial deposit payment is made.
- 2. End of season tournaments are not included in club fees and will entail an additional cost for athletes who participate so WSR can cover tournament fees and coaches' pay for the additional practice and tournament days.
- 3. All travel tournament fees must be paid in full before the departure date. If travel fees are not paid at that time athletes will not be allowed to participate in the tournament.
- 4. Training and Team Registration fees for West Seattle Reign Sports are determined on an annual basis, and these fees are subject to change each year. These fees may include charges for related training or activities such as registration fees, league fees, field, court and equipment use and tournament fees and expenses.
- 5. If a player elects to leave a team for any reason at any point in time during the season, there will be no refund of the training fees or team fees paid, and there will be no waiver or forgiveness of any outstanding or future financial obligation due to WSR or team.
- 6. Once a player has registered with a West Seattle Reign Club Team, that player is committed to the club and team for the entire season(s), including, but not limited to all training fees and team related fees.
- 7. A player may not leave WSR to join another club until all outstanding financial obligations to the West Seattle Reign Sports and the player's team has been paid in full. If the player attempts to join another club

prior to obligations being settled, WSR reserves the right to proceed according to Washington State law in attempting to collect the debt owed to the club.

- 8. If a player is dismissed from a team for disciplinary reasons, there will be no refund of the training or team fees paid, and there will be no waiver or forgiveness of any outstanding or future financial obligation due to WSR or team.
- 9. If a parent/guardian fails to fulfill the financial obligations set forth herein, then West Seattle Reign Sports reserves the right to pull the player's pass, and that player will be placed in bad standing with the appropriate governing bodies until such time that the financial obligation is satisfied.
- 10. West Seattle Reign Sports offers a limited amount of financial aid to cover Club related expenses. Financial aid is awarded on a case-by-case basis.
  - a. In order to receive financial aid, a request for aid must be submitted for approval to Jennifer Samek, <u>JenniferS@WestSeattleReign.com</u>.
  - b. A player should not accept a roster spot under the expectation that funds will be available to assist them in meeting their financial obligations.
- 11. When you register you will receive a fee schedule for playing with West Seattle Reign Sports. These fees do not include uniforms, spirit wear, travel expenses or any other expenses not mentioned herein.
- 12. In order to register your child a deposit must be made that will go towards your fees. The remaining balance can be made in payments.
- 13. Payments are due the 15<sup>th</sup> of the month.
- 14. It is the responsibility of the player and their family to notify WSR of any change to contact information, including email address.
- 15. All payments received after the 15<sup>th</sup> will be assessed a \$25 late fee.
  - a. If the invoice becomes 30 days past due, an additional late fee of \$30 will be assessed. In addition, if an invoice goes unpaid after 30 days, West Seattle Reign Sports reserves the right to suspend the player from play by pulling their player pass.
  - b. Any changes to a player's status will be communicated directly from WSR and the coaching staff.
- 16. There will be no refunds during the 2021 Spring Season; March June 2021.

#### Your club fees cover these club expenditures\*

- 1. Staff compensation:
  - a. Coaches 2 Head coaches, 1 Assist. Coach and 1 sports performance coach
  - b. Accountant Advisor & Club Taxes etc.
  - c. 2 Administrative staff
    - i. President
    - ii. VP of Operations
- 2. All staff AAU memberships
- 3. All staff Background check
- 4. Coaching & Sports performance training (Staff Education & Certifications) \*All covered by WSR
- 5. Tryouts Bibs, print outs and Location costs
- 6. Parent Meeting Zoom cost
- 7. Sports Performance Equipment Ladders, cones, hurdles, etc
- 8. Saturday practices Mar-June
- 9. Weekday practices Mar-June
- 10. Covid-19 Procedural equipment (Infrared Thermometers, signs etc.)
- 11. Covid-19 Cleaning supplies
- 12. Tournaments \*We cannot and will not guarantee playing of tournaments or competition.
- 13. AAU Regionals \*We cannot and will not guarantee playing of tournaments or competition.
- 14. Equipment Balls, nets, bags, carts, etc.
  - a. Other equipment: IE: net ratchets, cranks, Net repair, and net pins (if needed).

<sup>&</sup>lt;sup>\*</sup> Including but not limited to the expenditures listed

- 15. Website maintenance
- 16. Club Marketing
- 17. TeamSnap Registration and Team management software
- 18. Fund Raising As needed for supplies and staff

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#### West Seattle Reign Sports Parent and Player Contract

Welcome to West Seattle Reign Sports. To help answer some questions and avoid potential issues or problems, it is important that players and parents understand the philosophy, expectations, rules, and policies of West Seattle Reign Sports LLC as outlined in the following pages.

PARENTS: PLEASE INITIAL AT EVERY CORRECT SPOT. BY INITIALING YOU ARE AGREEING THAT YOU COMPLETELY UNDERSTAND AND AGREE TO EACH STATEMENT.

#### \*\*PLEASE READ EVERYTHING YOU ARE SIGNING SO THAT THERE IS NO CONFUSION\*\*

#### PLAYER SECTION

As a West Seattle Reign Volleyball Club Program player, I understand that the difference between being ordinary and being extra-ordinary is a little extra effort. I understand that wanting to win on the day of the game is worth nothing unless I have the will to prepare to win before the day of the game.

So that I might be the best player and team member that I am capable of becoming, I promise to do the following.

- I promise to work hard at practice to improve my volleyball skills and my understanding of the game.
- I promise that, at practice, I will give the coaches my full attention. When the coaches are talking, I will stop talking, keep my ears open, and my eyes on the coaches. I will not distract others during the practice session.
- I promise to do whatever is asked of me on the volleyball court, without complaining, for the good of the team.
- I promise always to encourage, and never to criticize, my teammates.
- I promise always to hustle, and never to quit, until the practice or the game is over.
- I promise to come to each game, on time, well rested, and with an attitude that says 'I know it may be hard, but I believe that we can win together.'
- I will treat all athletes, coaches, and officials with respect before, during and after all contests.
- I will accept the decisions of officials without arguing. I will let the coach handle disputes.
- When I cheer for my teammates, I won't get personal in my comments about opposing players, coaches, or officials.
- I will not use profanity or vulgarity or make racist or sexist comments.
- I will set a good example of behavior and show a good work ethic for younger teammates.
- I will attend all practices and team meetings unless excused by my coach.
- I will show respect for all facilities and other property (including locker rooms) used during practices, tournaments, and team activities.
- I will recognize and show appreciation for good plays from my opponent.
- I will work hard to protect my team and league's reputation.
- I will not allow others' negative sportsmanship to become an excuse to do the same.

I \_\_\_\_\_\_, have read, understand, and agree to the policies, procedures and obligations set forth in the West Seattle Reign Sports Handbook. As evidence by my signature, I certify that I have read and understand all of the foregoing and consent to abide by the rules as set forth herein.

**Player Signature** 

Date

#### PARENT SECTION

As a West Seattle Reign Sports player parent, I understand that the being extra-ordinary not only takes extra effort but extra support.

So that my athlete might be the best player and team member, I will support them by doing the following.

- I will listen when my athlete has concerns about their participation or play
- I will support my athlete in communicating those concerns to their coach(s)
- I will make sure I am conducting myself with sportsmanship and the wellbeing of all players in mind at all league events

I understand that there are dues and fees associated, see fee schedule for more information, to my athlete to play for West Seattle Reign Sports. I agree that I will pay the associated costs in full and understand that once I sign the contract no refunds are given. The only exception may be in the case of a season ending injury. I understand that failure to pay the dues/fees on time will result with my athlete not being able to participate in team practice, tournaments and/or West Seattle Reign events until my account is brought to current payment status.

Initial: \_\_\_\_\_

I understand that we need to turn in a Copy of Birth Certificate and sign off on WSR Handbook which includes but is not limited to the following: Waiver/Medical Release, Parent/Player Contract, Player Commitment to Excellence, fee schedule. I understand that if I do not meet the obligations defined above, my athlete will not be able to participate in team practice, tournaments and/or West Seattle Reign events.

Initial: \_\_\_\_\_

I acknowledge that I have received the WSR MAAP, Athlete Protection Handbook and understand the expectations of myself, my athlete and all staff as it relates to Screening, Athlete Protection Guidelines, Managing Training and Competition & Response to Violations.

Initial: \_\_\_\_\_

I acknowledge that I have read and discussed with my athlete the Player Code of Conduct. I understand and agree to have my athlete abide by all the standards outlined in the Player Code of Conduct.

Initial: \_\_\_\_\_

I acknowledge that I have read and discussed with any other parent(s)/guardian(s) the Parent Code of Conduct. I understand and agree to abide by all the standards outlined in the Parent Code of Conduct.

Initial: \_\_\_\_\_

I understand that my athlete must be registered with a National Governing Body (see registration you are interested in for more information as to which NGB membership is needed) to participate in a West Seattle Reign Club Season. I agree that I will complete all the necessary steps to have my athlete properly registered for the season and that the West Seattle Reign Sports has my permission to submit information on our behalf to complete the registration process.

Initial:

I understand that playing time is not guaranteed and must be earned with commitment and production. I understand that the West Seattle Reign Sports fully expects that each athlete understands their playing time situation and is communicated to clearly by their coach.

Initial: \_\_\_\_\_

I understand that the West Seattle Reign Sports can relocate, replace, or dismiss a player if a player does not follow the Player Code of Conduct, which includes, but is not limited to, meeting the coaches or directors' expectations in attendance, commitment and/or production.

Initial: \_\_\_\_\_

I understand that communications with the team will be done through the TeamSnap site/app. It is the parent's responsibility to check TeamSnap on a regular basis. Handouts will NOT be used as a primary form of communication. Documents will be released in the Forms section of TeamSnap at time of registration where they can be downloaded and printed.

Initial: \_\_\_\_

I understand that all tournaments held outside of the West Seattle Reign Sports LLC program are out of our control. This includes tournament schedules, gym locations, and cancellation of the tournament. Tournament schedules, gym locations and cancellations will be communicated to all parents as soon as possible. In the event that the host of the league/tournament provides a refund back to the team, this refund will be used to enter another event and will not be refunded to my account.

Initial: \_\_\_\_\_

#### PARENT/PLAYER HANDBOOK ACCEPTANCE AGREEMENT

I \_\_\_\_\_\_\_\_\_, have read, understand, and agree to the policies, procedures and obligations set forth in the West Seattle Reign Sports Handbook and agree to abide by the rules of the organization. I understand the severity of breaking a rule. If I violate or challenge a rule, I realize that I face possible dismissal from West Seattle Reign Sports. I understand that it is the decision of the coach and club director to assign the consequence that they feel necessary to fit each individual circumstance. In addition, I certify that as Parent or/Guardian of this athlete, I have explained to my athlete the aforementioned stipulated conditions and their ramifications, and I consent to his/her participation in the programs conducted under USAV/PSRVB, The AAU, The JVA, and West Seattle Reign Volleyball Club of which my athlete is a member. I agree to pay all the fees set forth by West Seattle Reign Sports, allowing my child to participate in the program. I understand that my athlete may not begin their season with West Seattle Reign Sports until all required forms are signed and submitted to the Administrative Staff. I understand that any refunds or fee adjustments are offered at the complete discretion of WSR and will be decided upon by the club director on a case-by-case basis.

(1) Parent/Guardian Name (please print) Relationship

Parent/Guardian Signature & Date

(2) Parent/Guardian Name (please print) Relationship

Parent/Guardian Signature & Date