**A**

**Almond Cappuccino** – (hot 16 oz water / cold 8 oz water+ice) Café Latte, Vanilla PDM, 1 tsp Vanilla Cappuccino, 1 pump Almond Syrup

**Almond Coconut Mocha –** Café Latte, Vanilla PDM, ½ tbls Cocoa Power, 1 tbls Instant Coffee, 2 squirts Almond Syrup, Coconut Flakes, Chocolate drizzle in cup, Whip and Coconut Flakes on top

**Almond Joy** – Dutch Chocolate, Vanilla PDM, 1 pump Coconut Syrup, 1 scoop Coconut, 1 scoop Almonds

**Aloha** – Pina Colada, Vanilla PDM, 4 Frozen Pineapples, 1 tsp Orange Juice Concentrate

**Amy’s Delight** – (Not Gluten Free) Café Latte, Chocolate PDM, 1 pump Caramel Syrup, 1 tsp Butterscotch Pudding, 1 tsp Mocha Cappuccino, 1 tbls Pecan Pieces

**Apple-Peanut** – French Vanilla, Peanut Cookie PDM, Apple Fiber

**Apple Pie** –(Not Gluten Free) Carmel Apple, Vanilla PDM, 3 Dashes of Cinnamon, , 1 scoop Granola

**B**

**Banana Berry** – Wild Berry, Vanilla PDM, 3 Frozen Strawberries, 1 scoop Frozen Blueberries, 1” Banana, 1 tsp Orange Juice Concentrate

**Banana Bread** - Banana Caramel, Vanilla PDM, 2 Dashes of Cinnamon

**Banana Moon Pie -**  French Vanilla, Vanilla PDM, Marshmallows, Graham Crackers, Banana Cream pudding

**Banana Nut Bread** –***ask if they want Banana Carmel or French Vanilla*** French Vanilla, Vanilla PDM, 2 Dashes of Cinnamon, 1 Pump Macadamia Syrup, 1 tsp Banana Cream Pudding, 1” Banana

**Banana Pudding**- French Vanilla, Vanilla PDM, 3 squirts of Banana Cream pudding, 1 squirt of Cheesecake pudding, 1 scoop of Marshmallows, 3 pieces of Bananas, 1 Vanilla Wafer ~ Whip up the sides of the cup and add Graham Cracker crumbs

**Banana Split** –(Not Gluten Free) Banana Carmel, Vanilla PDM, 1 tsp Chocolate Pudding, 1 Pump Strawberry Syrup, 1 scoop Peanuts, 1” Banana

**Bella Burst** – Pina Colada, Vanilla PDM, 4 Frozen Cherries, 1 tsp Orange Juice Concentrate

**Berry in Love** – Wild Berry, Vanilla PDM, Frozen Blueberries, 1 Pump White Chocolate Syrup

**Birthday Cake** – French Vanilla, Vanilla PDM, Cheesecake Pudding, Birthday Cake Marshmallows, Sprinkles

**Blueberry Muffin** – French Vanilla, Vanilla PDM, 1 Pump Blueberry Syrup, 1 scoop Frozen Blueberries, 1 tsp Pistachio Pudding

**Bomb POP**- 1 scoop Chocolate, 1 scoop Banana Caramel, 1 scoop Chocolate PDM, 1 Chocolate pudding, 1 Banana Cream, 1/4 banana

**Bring Me Joy** – Dutch Chocolate, Vanilla PDM, 1 Pump Almond Syrup, Almonds, Coconut Flakes

**Brownie Batter** – (Not Gluten Free) Dutch Chocolate, Chocolate PDM, Chocolate Pudding, ¼ Graham Crackers, 1 Pump Cookie Dough Syrup, **(optional)** Pecans

**Butterfinger** – (Not Gluten Free) Cookies and Crème, Chocolate PDM, 1 tsp PBFit, 1 tsp Butterscotch Pudding

**Butter Pecan** – Dulce de Leche, Vanilla PDM, 1 tsp Butterscotch Pudding, 1 tbls Pecan Pieces

**C**

**Cake Batter** – French Vanilla, Vanilla PDM, 1 tsp Cheesecake Pudding, 1 tsp Vanilla Pudding

**Candy Cane** – French Vanilla, Vanilla PDM, 1 tsp Vanilla Pudding, 1 tbls Red Hots, 3 drops of Peppermint Extract, add White Chocolate Syrup, top with Whip and crushed Peppermint Candies

**Cappuccino** – (hot 16 oz water / cold 8 oz water+ice) Café Latte, Vanilla PDM, 1 tsp Vanilla Cappuccino

**Captain Crunch** – (Not Gluten Free) Cookie and cream, Vanilla PDM, 2 Frozen Strawberries, 1 scoop Blueberries, I scoop PBFit

**Caramel Café Latte** – Café Latte, Vanilla PDM, 1 Pump Caramel Syrup

**Caramel Cappuccino** - (hot 16 oz water / cold 8 oz water+ice) Café Latte, Vanilla PDM, 1 tsp Vanilla Cappuccino, 1 Pump Caramel Syrup

**Caramel Cheesecake** – French Vanilla, Vanilla PDM, 1 tsp Cheesecake pudding, 1 Pump Caramel Syrup

**Chaotic Cookie –** Banana Caramel, 1-2 Peanut Cookie PDM, Caramel Syrup, Nilla Wafers, Peanuts, top with Whip, C & C Sprinkles & Nilla Wafers

**Cherry Almond** – French Vanilla, Vanilla PDM, Big squirt of Almond Syrup, 1 scoop of dried Cherries, ¼ squirt of Cherry pudding, ½ squirt of Cherry Syrup in the bottom of the cup, top with Almonds, Whip and Cherries

**Cherry Cobbler** – (Not Gluten Free) French Vanilla, Vanilla PDM, 4 Frozen Cherries, 1 tsp Cherry Jello, ¼ Graham Cracker

**Cherry Cheesecake** – French Vanilla, Vanilla PDM, 4 Frozen Cherries, 1 tsp Cheesecake Pudding

**Chocolate Almond** – Chocolate, Vanilla PDM, 1 pump Almond Syrup

**Chocolate Banana** – Chocolate, Vanilla PDM, 1” Banana

**Chocolate Cappuccino** - (hot 16 oz water / cold 8 oz water+ice) Chocolate, Vanilla PDM, 1 tsp Mocha Cappuccino

**Chocolate Caramel Cappuccino** - (hot 16 oz water / cold 8 oz water+ice) Café Latte, Vanilla PDM, 1 tsp Mocha Cappuccino, 1 Pump Caramel Syrup

**Chocolate Caramel Cheesecake** – Chocolate, Vanilla PDM, 1 tsp Cheesecake Pudding, 1 Pump Caramel Syrup

**Chocolate Coconut Cream** – Chocolate, Vanilla PDM, 1 Pump Coconut Syrup, 1 Pump White Chocolate Syrup, 1 tsp Cheesecake Pudding

**Chocolate Cookies and Crème** – (Not Gluten Free) Chocolate, Chocolate PDM, 1 tsp Chocolate Pudding

**Chocolate Covered Strawberries** – (Not Gluten Free) Dutch Chocolate, Chocolate PDM, 1 tsp Chocolate Pudding, 1 tsp Strawberry Pudding, 2-3 Frozen Strawberries, 1 Pump Strawberry Syrup

**Chocolate No Bake Cookie** – (Not Gluten Free) Cookies and Crème, Chocolate PDM, 1 tsp fudge Pudding, 1 tsp PBFit, 1 tbls Oatmeal, 2 Dashes of Cinnamon

**Chocolate Orange –** Orange Cream, Chocolate PDM, 1 tsp of Chocolate Pudding, 1 tsp of Chocolate Chips, ½ tsp of Cocoa Powder

**Chocolate Peanut** – Chocolate, Peanut Cookie PDM

**Chocolate Peanut Butter Banana** – Chocolate, Vanilla PDM, 1 tsp PBFit, 1” Banana

**Chocolate Peppermint Mocha** – Chocolate, Vanilla PDM, 1 cap Peppermint Extract, 1 tsp Mocha Cappuccino, 1 tsp Chocolate Pudding, 1 tsp Red Hots

**Chocolate Raspberry** – Chocolate, Vanilla PDM, 4 Frozen Raspberries

**Chocolate Strawberry** – Chocolate, Vanilla PDM, 4 Frozen Strawberries

**\*Churro** – Dulce De Leche, Vanilla PDM, 1 tsp Chai Tea (+**$2**)

**Chunky Monkey** – Chocolate, Chocolate PDM, 1 tsp Fudge Pudding, Banana, Peanuts

**Cinnabon** – (Not Gluten Free) Cookies and Cream, Vanilla PDM, 1 scoop Oats, 2 Dashes of Cinnamon, 1 Pump Caramel Syrup, 1 tsp Butterscotch Pudding

**Cinnamon Coffee** - (hot 16 oz water / cold 8 oz. water+ice) Café Latte, Vanilla PDM, 1 tsp Instant Coffee, 3 Dashes Cinnamon

**Coconut Caramel Cheesecake –** Vanilla, Vanilla PDM, Cheesecake Pudding, Coconut & Caramel Syrup, Coconut Flakes, drizzle Caramel in cup, top with Whip and Coconut Flakes

**Cookies & Coffee –** Café Latte, Cookies & Cream, Vanilla PDM, Coffee Grinds, Caramel Syrup, top with Whip & Cookie Sprinkles

**Cookie Monster –** 1 scoop Dulce de Leche, 1 scoop of Cookies & Cream, 1 scoop of Peanut Cookie PDM, 1 scoop of Chocolate PDM, 1 scoop of PBFit, top with whip and sprinkles, Blue Food Coloring in cup for added value

**Cranberry Granola** –(Not Gluten Free) French Vanilla, Vanilla PDM, 1 tbls Dried Cranberries, 1 tbls Granola Cereal

**D**

**Dreamsicle** – Orange Cream, Vanilla PDM, 1 tsp Cheesecake Pudding

**Dutch Chocolate Original** – Chocolate, Vanilla PDM

**Double Cookie** – (Not Gluten Free) Cookies and Cream, Peanut Cookie PDM

**E**

**EggNog Shake –** French Vanilla, Vanilla PDM, Cheesecake Pudding, ½ tsp Brown Sugar, Cinnamon, dash of Nutmeg

**F**

**French Toast** – French Vanilla, Vanilla PDM, 3 dashes of Cinnamon, 1 tsp Vanilla Pudding, ½ cap Vanilla Extract

**Fried Ice Cream** – Dulce deLeche, Vanilla PDM, Cheesecake Pudding, Vanilla Ice Cream Syrup, Cinnamon, graham cracker, drizzle Caramel in cup ~ bottom of cup put just a little bit of Vanilla Ice Cream Syrup and Caramel Syrup ~ add whip on top and drizzle with Caramel and Cinnamon

**Fried Ice Cream Cookie** – Cookies N Cream, Vanilla PDM, Cheesecake Pudding, Vanilla Ice Cream Syrup, Cinnamon, graham cracker, drizzle Caramel in cup ~ bottom of cup put just a little bit of Vanilla Ice Cream Syrup and Caramel Syrup ~ add whip on top and drizzle with Caramel and Cinnamon

**Frosted Animal Cookie** - Cookies N Cream, Vanilla PDM, 1 scoop of Almonds, Vanilla Extract, White Choc Syrup, Cinnamon ~ Blend together~ : then add Pink food coloring(blend low pulse~but not completely) whip in color and add sprinkles and a cookie

**Fruit Blast** – Wild Berry, Vanilla PDM, 3 frozen Strawberries, 3 frozen Pineapples, 1 tbls frozen Blueberries, 1 inch Banana

**Fruity Pebbles** – 1 scoop Orange Cream, 1 scoop Wild Berry, Vanilla PDM,1 tsp Lemon Pudding, 1 Pump Coconut Syrup

**Fruity Orange Julius** – French Vanilla, Vanilla PDM, 1 tsp Cheesecake Pudding, 3 frozen Strawberries, 1 inch Banana, 1 tsp Orange Juice Concentrate

**G**

**German Chocolate Cake** – Chocolate, Vanilla PDM, 1 pump Coconut Syrup, 1 tsp Fudge Pudding, 1 tbls Pecan Pieces, 1 tbls coconut flakes

**Gingerbread Latte** - (Not Gluten Free) (hot 16 oz water / cold 8 oz water+ice) 1 scoop Café Latte, 1 scoop Pumpkin Spice, Vanilla PDM, 1 pump Gingerbread Syrup, 2 dashes of Cinnamon, 2 dashes of Nutmeg, 2 Gingersnap Cookies

**Gingerbread Man** – (Not Gluten Free) French Vanilla, Chocolate PDM, 2 dashes of Cinnamon, ½ tsp Ginger, ¼ Graham Cracker

**Grinch –** Vanilla, Vanilla PDM, ½ cap of Vanilla Extract, ½ cap of Butter Extract, White Chocolate Syrup, Green Food Coloring in shake and cup, Top with Whip and Christmas Sprinkles

**H**

**(The) Hendriex –** Café Latte, Dutch Chocolate, Chocolate PDM, Salted Caramel Syrup, drizzle cup with Caramel Syrup, top with or without Pecans

**Honey Bun** – Vanilla, 2 scoops Vanilla PDM, ½ cap of Vanilla extract, 2 big squirts of Cinnamon Roll Syrup, Carmel drizzle in cup

**Hot Chocolate –** Dutch Chocolate, Chocolate PDM, Chocolate Pudding, Cocoa Powder, top with marshmallows

**Hot Sticky Bun** – (Not Gluten Free) hot 16 oz. water, Cookies and Cream, Vanilla PDM, 1 scoop Oats, 2 Dashes of Cinnamon, 1 Pump Caramel Syrup, 1 tsp Butterscotch Pudding

**Hulk –** 2 scoops Rebuild, 1 scoop of Chocolate Sport, Vanilla PDM

**I**

**Italian Cream** – Dulce de Leche, 2 scoops Vanilla PDM, 1 squirt of Cheesecake pudding, pecans, top coconut flakes and pecans

**J**

**Jamoca Almond Fudge** – Chocolate, Vanilla PDM, Fudge Pudding, 1 pump Almond Syrup, 1 tsp Instant Coffee

**\*Joe’s Special** - (Not Gluten Free) (hot 16 oz water / cold 8 oz water+ice) Cookies and Cream, Vanilla PDM, 1 tsp Chai Tea (+**$2**), 1 scoop Oats, 2 Dashes of Cinnamon, 1 Pump Caramel Syrup, 1 tsp Butterscotch Pudding

**\*Juan in a Million** – Orange Cream, Vanilla PDM, 1 Orange Liftoff (+**$1**)

**K**

**Key Lime Pie** – French Vanilla, Vanilla PDM, 1 tsp Lime Jello, 1 tbls granola

**L**

**Lemon Cheesecake** – French Vanilla, Vanilla PDM, 1 cap Lemon Extract, 1 tsp Lemon Pudding, 1 tsp Cheesecake Pudding

**Love Potion** – French Vanilla, Vanilla PDM, 1 tsp Cherry Pudding, 1 pump White Chocolate Syrup, 1 pump Cherry Syrup, Cherry on top

**M**

**Margarita** – Pina Colada, Vanilla PDM, 1 tsp Lemon, 1 tsp Lime

**Marshmallow Peep (follow step by step)** – French Vanilla, Vanilla PDM, Vanilla Pudding, Cotton Candy ~ blend completely~ Add large Marshmallow and pulse for no more than 5 seconds(still need it in chunks), add yellow food coloring to bottom of cup and pour half of the shake in the cup, add whip and purple food coloring, sprinkles around edge and pour the rest of the shake in the cup, top with whip, purple food coloring, sprinkles and colored marshamallows

**Marvin Gaye** – Dutch Chocolate, Vanilla PDM, 1 tbls Marshmallows, 1 pump White Chocolate Syrup

**Mexican Hot Chocolate** – (Not Gluten Free) Dutch Chocolate, Chocolate PDM, 1 tsp Cocoa Powder, 1 tsp Chocolate Pudding, 1 tsp Abulita Mix, 2 dashes of Cinnamon

**Mocha Caramel Almond Latte** – (Not Gluten Free) Café Latte, Chocolate PDM, 1 pump Caramel Syrup, 1 pump Almond Syrup, 1 tsp Chocolate Pudding

**Mocha N Cream –** Pralines N Cream, Chocolate PDM, tsp of Instant Coffee, tsp Mocha Instant Coffee, Chocolate Chips, drizzle Caramel or Caramel Powder in cup, top with Whip and Chocolate Sprinkles

**Mr. Goodbar** – (Not Gluten Free) Roasted Peanut, Chocolate PDM, 1 tsp Chocolate Pudding, 1 tsp PBFit, 2 scoops of Whole Peanuts, ½ tsp Cocoa

**Mudslide** – Chocolate, Vanilla PDM, 1 tsp Instant Coffee, Mudslide Syrup, Chocolate drizzle around cup

**~Mardi Gras Shakes~**

**King Cake** – Dulce de Leche, Vanilla PDM, Cheesecake pudding, dash of Cinnamon and Butter Buds

**White Chocolate King Cake** – Dulce de Leche, Vanilla PDM, ½ Cheesecake, Chocolate pudding, dash of Cinnamon

**Chocolate King Cake** – Dulce de Leche, Choc PDM, ½ Cheesecake, Chocolate pudding, dash Cinnamon, dash of Cocoa

**Praline King Cake** – Dulce de Leche, Vanilla PDM, Cheesecake, 3 squirts Praline, dash of Cinnamon

**Caramel King Cake** – Dulce de Leche, Vamilla PDM, Carmel Syrup, Cheesecake pudding, dash of Cinnamon, butterbuds

**Peanut Butter King Cake** – Dulce de Leche, Vanilla PDM, PBFit, Cheesecake, dash Cinnamon

**N**

**Chocolate No Bake Cookie** – (Not Gluten Free) Cookies and Crème, Chocolate PDM, 1 tsp fudge Pudding, 1 tsp PBFit, 1 tbls Oatmeal, 2 Dashes of Cinnamon

**O**

**Oatmeal Cookie** – (Not Gluten Free) Cookies and Cream, Vanilla PDM, 1 tsp Vanilla Pudding, 3 dashes of Cinnamon, 1 dash of Nutmeg, 1 cap of Butter Extract, 1 tbls Oatmeal

**Orange Julius** – French Vanilla, Vanilla PDM, 1 tsp Cheesecake Pudding, 1 tsp Orange Juice Concentrate

**P**

**Peach Cobbler** –(Not Gluten Free) French Vanilla, Vanilla PDM, 2 Frozen Peach, 1 cap Butter Extract, 2 Dashes of Cinnamon, 1 tsp Vanilla Pudding, 1 tbls Oats

**Peach Mango** – Pina Colada, Vanilla PDM, 2 Frozen Peaches, 3 Frozen Mangos, 1 tsp Orange Juice Concentrate

**Peanut Butter Latte** – 1 each of Roasted Peanut & Café Latte, Vanilla PDM, 1 tsp PBFit, 1 scoop of Instant Coffee

**\*Peanut Cookie and Jelly** – Wild berry, Peanut Cookie PDM, 1 tsp Raspberry Tea (+**$2**)

**Peanut Dulce** – Dulce de Leche, Peanut Cookie PDM

**Peanut Oatmeal** –(Not Gluten Free) Banana Caramel, Peanut Cookie PDM, 1 tbls Oats, 2 Dashes of Cinnamon

**Pistachio**- French Vanilla, Vanilla PDM, 1 tsp Pistachio Pudding, 4 Frozen Pineapples, 1 Pump Pineapple Syrup, 1 Pump Coconut Syrup

**Pistachio Splash**- Pina Colada, Vanilla PDM, 1 tsp Pistachio Pudding, 3 Frozen Pineapples

**Power Pumpkin** – (Not Gluten Free) Pumpkin Spice, Chocolate PDM, 1 tsp PBFit, 1 tsp Cheesecake Pudding

**Pralines & Cream Cheesecake** – Pralines N Cream, Vanilla PDM, 1 squirt of Cheesecake pudding, Carmel drizzle in cup, whip on top with granola

**Pumpkin Bread –** Pumpkin Spice, Banana Caramel, Pecans, Macadamia Nut Syrup, Cinnamon, Granola, drizzle Caramel in cup, top with Whip, Granola, Cinnamon & Pecans

**Pumpkin Cheesecake** – Pumpkin Spice, Vanilla PDM, 2 Dashes of Cinnamon, 1 tsp Cheesecake Pudding

**Pumpkin Nut** – Pumpkin Spice, Vanilla PDM, 1 tbls Pecans, 2 Dashes of Cinnamon

**Puppy Chow** - Cookies N Cream, Chocolate PDM, Peanut Cookie PDM, White Chocolate Syrup, Cinnamon, Choc Chips, drizzle Chocolate in cup, whip on top with Chocolate Chips

**Q**

**R**

**Reese’s** – Dutch Chocolate, Peanut Cookie PDM, 1 tsp PBF, 1 tsp Chocolate Pudding

**Red Velvet** – (Not Gluten Free) 1 scoop Dutch Chocolate, 1 scoop Wild Berry, Chocolate PDM, 1 tsp Cheesecake Pudding, 1 tsp Cocoa Powder

**Roasted Peanut Banana** – Banana Caramel, Peanut Cookie PDM

**Roasted Peanut Chocolate Chip -**  Roasted Peanut, Chocolate PDM, Chocolate Chips

**Roasted Peanut Latte** – Café Latte, Peanut Cookie PDM

**Rocky Road** – (Not Gluten Free) French Vanilla, Chocolate PDM, 1 tsp Chocolate pudding, 1 tbls Pecan Pieces, 1 tbls Marshmallows

**Root Beer Float** – French Vanilla, Vanilla PDM, 1 tsp Vanilla Pudding, 6 Pumps Root Beer Syrup

**S**

**Salted Caramel –** French Vanilla, Vanilla PDM, Salted Caramel Syrup, and drizzle in cup

**Salted Caramel Cocoa (HOT) -**  16oz of Hot Water, Vanilla, 1-2 Scoops of Chocolate PDM, Cocoa, Salted Caramel, top with Whip and Choc Sprinkles

**Samoa** – (Not Gluten Free) Cookies and Cream, Vanilla PDM, 1 Pump Coconut Syrup, 1 tsp Fudge Pudding, ¼ Graham Cracker, 1 scoop Coconut Flakes

**Skittles** – 1 scoop Wild Berry, 1 scoop Orange Cream, Vanilla PDM

**S’Mores** – (Not Gluten Free) Cookies and Cream, Vanilla PDM, 1 tbls Marshmallows, 1 tsp Chocolate Pudding, ¼ Graham Cracker

**Snickers** – (Not Gluten Free) Cookies and Cream, Chocolate PDM, 1 Pump Caramel Syrup, 1 Pump White Chocolate Syrup, 1 tsp Chocolate Pudding, 1 tbls Peanuts

**Snickerdoodle** – (Not Gluten Free) Cookies and Cream, Vanilla PDM, 2 Dashes of Cinnamon, 1 tsp Cheesecake Pudding

**Spring Break** – Orange Cream, Vanilla PDM, 1 tsp Lemon Pudding, 1 tsp Cheesecake Pudding, 1 Pump Coconut Syrup

**Strawberry Banana** – French Vanilla, Vanilla PDM, 1 Pump Strawberry Syrup, 3 Frozen Strawberries, 1” Banana

**Strawberry Cheesecake** – French Vanilla, Vanilla PDM, 4 Frozen Strawberries, 1 tsp Cheesecake Pudding

**Strawberry Delight** – French Vanilla, Vanilla PDM, 2 Frozen Strawberries, 1 tsp Strawberry Pudding, 1 Pump Strawberry Syrup, Strawberry Syrup in cup

**Strawberry Lemonade** – French Vanilla, Vanilla PDM, 3 Frozen Strawberries, 1 white spoon of Lemon Juice, 1 Pump Strawberry Syrup

Post Workout Shake

**Superman/Rebuild**- (Not Gluten Free) 2 scoops Rebuild, Chocolate PDM, 1 tbls Oatmeal, 1 tsp PBFit, 1 scoop Peanuts, 1 scoop Granola, LIGHT ICE

**T**

**Tagalong** – (Not Gluten Free) Cookies and Cream, Chocolate PDM, 1 tsp Fudge Pudding, 1 tsp PBFit, ¼ Graham Cracker

**Take 5** – Chocolate, Chocolate PDM, 1 squirt of Carmel pudding, PBFit, Peanuts, Pretzels, Carmel drizzle in cup.

**The Other Side of the Grind** – Café Latte, Vanilla PDM, 1 green spoon Instant Coffee, 1 green spoon Coffee Grinds, 1 scoop French Vanilla Instant Coffee, 2 pumps Salted Caramel Syrup

**Thin Mint** - 1 scoop Mint Chocolate, 1 scoop of Cookies N Cream, Chocolate PDM, ¼ cap of Peppermint Extract, drop Graham Crackers at end so that there is a crunch effect. Chocolate Syrup in cup and whip and Graham Cracker crumbs on top.

**Turtle Cheesecake** – (Not Gluten Free) Cookies and Cream, Chocolate PDM, 1 Pump Caramel Syrup, 1 tsp Fudge Pudding, 1 tsp Cheesecake Pudding, 1 tbls Pecan Pieces

**Twix -**  Dutch Chocolate, Vanilla PDM, Chocolate Pudding, Salted Caramel, Chocolate Cookie Dough, Graham Crackers, drizzle Chocolate & Caramel in cup, top with Whip, Caramel Syrup and Graham Crackers (Peanut Butter Twix – add PBFIt)

**U**

**Unicorn**- 1 scoop Orange Cream, 1 scoop Pina Colada, Vanilla PDM, 1 Pump Coconut Syrup, Multi Colored Marshmallows, Top with Purple and Green Sprinkles, drip food coloring on side of cup before filling

**Upside Down Pineapple** – French Vanilla, Vanilla PDM, 4 Frozen Pineapples, 1 cap Butter Extract, 1 tsp Cheesecake Pudding, ½ cap Vanilla Extract

**V**

**Vanilla Almond** – French Vanilla, Vanilla PDM, 1 Pumps Almond Syrup

**Vanilla Latte** – (hot 16 oz water / cold 8 oz water+ice) French Vanilla, Vanilla PDM, 1 tsp Instant Coffee, 1 tsp Vanilla Cappuccino

Pre-Workout

**Viper**- (Girl 1 scoop, Boy 2 scoops) Prepare, Liftoff

**W**

**White Chocolate Raspberry Cheesecake** – French Vanilla, Vanilla PDM, 1 scoop Raspberry, 1 Pump White Chocolate Syrup, 1 tsp Cheesecake Pudding, 1 scoop of frozen Raspberries

**White Chocolate Raspberry Truffle -** A dab of whip and Chocolate Chips in bottom of cup. French Vanilla, Vanilla PDM, Chocolate Pudding, Cheesecake Pudding, Chocolate Chips(a few), Raspberry Truffle Syrup, Chocolate drizzle in cup, top with Whip and a few Choc Chips

**White Mocha Caramel Latte** – Café Latte, Vanilla PDM, 1 pump White Chocolate Syrup, 1 pump Caramel Syrup

**Wedding Cake** – (Not Gluten Free) Cookies and Cream, Vanilla PDM, 1 tsp Cheesecake Pudding, 1 pump White Chocolate Syrup

**White Chocolate Mocha –** Vanilla, Vanilla PDM, Instant Coffee(double Mocha ½ tbls, Vanilla Pudding, White Chocolate Syrup, 1 tbls Coffee, drizzle Caramel and Chocolate Syrup in cup, top with Whip

**White Chocolate Reece’s** – (Not Gluten Free) Cookies and Cream, Vanilla PDM, 1 pump White Chocolate Syrup, 1 tsp PBFit

**X**

**Y**

**Z**