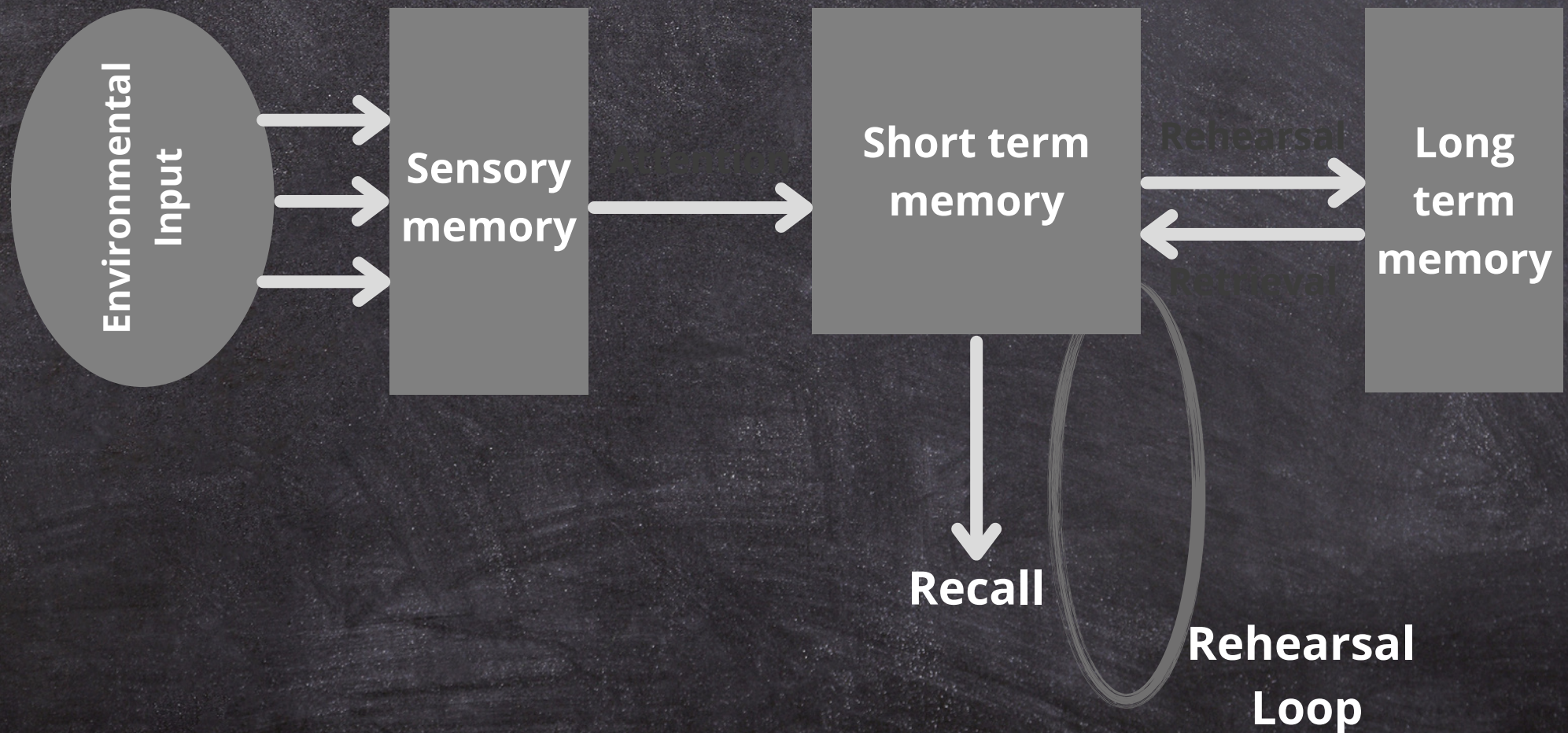


# Working Memory Model (Baddley & Hitch, 1974)

# Multistore Model of Memory (Atkinson & Shiffrin, 1968)



The primary purpose of CLT has been to indicate how to present novel information structured according to the narrow limits of change principle to reduce unnecessary working memory load and facilitate change in long-term memory. In turn, changes in long-term memory permit complex actions through the environment organising and linking principle.'

(Sweller, 2010, page 40.)

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1. Worked examples
2. Scaffolding
3. Collaborative problem solving
4. Make Connections
5. Use routines
6. Break things down
7. Give students enough time
8. Label Diagrams effectively
9. Keep it simple
10. Keep instructions visible
11. Think about your environment
12. Think about the language you use
13. Gradually reduce support
14. Be mindful of what else students might be bringing to the classroom

# Psychology in the Classroom