

Resources for Tourettes

Websites

Tourette Association of America <https://tourette.org/resources/overview/>

UK-based Tourettes Action

<https://www.tourettes-action.org.uk/64-resources.html>

Tourettes Action Education manager Lucy Toghill lucy@tourettes-action.org.uk

UK-based Association for Child and Adolescent Mental Health (ACAMH)

<https://www.acamh.org/topic/tourette-syndrome/>

Clinical pathways animation <https://vimeo.com/500897418/1c0b047bfe>

Global directory of Tourette Syndrome Patient Associations

An overview of the most important services and contact details of TS Patient Associations around the world <https://www.essts.org/directory>

Sudden onset resources

Podcast 'Tics, and Tic Disorders; the sudden onsets and influences of the pandemic'

<https://www.acamh.org/blog/tics-and-the-pandemic/>

[A Discussion on COVID-19 and Managing Anxiety - Tourette Association of America](#)

[COVID-19 Resources for Tourette Syndrome - Tourette Association of America](#)

[Support For Children & Young People - Anxiety UK](#)

[1602166028 Factsheet---Tic-Attacks.pdf \(tourettes-action.org.uk\)](#)

[YoungMinds - children and young people's mental health charity](#)

If you want to find out more about the work of Dr Seonaid Anderson and Behavioural Therapy for Tics Institute (BTTI) please visit www.neuro-diverse BTTI offers a series of online behavioural therapy training opportunities and events for clinicians and therapists.