

Fantastic Fitness Studio



December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 930a – Zumba (Danielle)
2 930a – Zumba (Darla) 1030a – STRONG (Monica)	3 430p – STRONG (Monica) 530p – PiYo (Regan) 630p –Zumba (Gladys)	4 430p – Zumba LOW IMPACT (Darla) 530p – Zumba TONING (Alex) 630p-TurboKick (Michelle) 730p – Zumba (Michi)	5 430p- Zumba (Gladys) 530p – PiYo (Regan) 630p –STRONG (Monica) 730p – Zumba (Danielle)	6 430p – Zumba LOW IMPACT (Darla) 530p – Zumba TONING (Alex) 630p- Zumba (Alex) 730p- Zumba (Michi)	7 6p – Zumba (Danielle)	8 930a- Zumba (Danielle)
9 930a – Zumba (Darla) 1030a – STRONG (Monica)	10 430p – STRONG (Monica) 530p – PiYo (Regan) 630p –Zumba (Gladys)	11 430p – Zumba LOW IMPACT (Darla) 530p – Zumba TONING (Alex) 630p-TurboKick (Michelle) 730p – Zumba (Michi)	12 430p- Zumba (Gladys) 530p-PiYo (Regan) 630p–STRONG (Monica) 730p – Zumba (Danielle)	13 530p- Zumba TONING (Alex) 630p- Zumba (Alex) 730p – Zumba(Michi)	14 6p – Zumba (Danielle)	15 930a – Zumba (Danielle)
16 930a – Zumba (Darla) 1030a – STRONG (Monica)	17 430p – STRONG (Monica) 530p – PiYo (Regan) 630p –Zumba (Gladys)	18 430p – Zumba LOW IMPACT (Darla) 530p – Zumba TONING (Alex) 630p-TurboKick (Michelle)	19 430p- Zumba (Gladys) 530p-PiYo (Regan) 630p–STRONG (Monica) 730p – Zumba (Danielle)	20 430p – Zumba LOW IMPACT (Darla) 530p – Zumba TONING (Alex) 630p- Zumba (Alex) 730p- Zumba (Michi)	21 6p – Zumba (Danielle)	22 930a – Zumba (Danielle)
23 930a – Zumba (Darla) 1030a – STRONG (Monica)	24 CLOSED 	25 CLOSED 	26 430p- Zumba (Gladys) 530p-PiYo (Regan) 630p–STRONG (Monica) 730p – Zumba (Danielle)	27 430p – Zumba LOW IMPACT (Darla) 530p – Zumba TONING (Alex) 630p- Zumba (Alex)	28 6p – Zumba (Danielle)	29 930a – Zumba (Danielle)
30 930a – Zumba (Darla) 1030a – STRONG (Monica)	31 CLOSED NEW YEAR'S EVE	1 CLOSED Happy New Year!				