


Fantastic Fitness Studio



January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1  CLOSED	2 430p- Zumba (Gladys) 530p – PiYo (Regan) 630p –STRONG (Monica) 730p – Zumba (Danielle)	3 430p – Zumba LOW IMPACT (Darla) 530p – Zumba TONING (Alex) 630p- Zumba (Alex) 730p- Zumba (Michi)	4 6p – Zumba (Danielle)	5 930a – Zumba (Danielle)
6 930a – Zumba (Darla) 1030a – STRONG (Monica)	7 430p – STRONG (Monica) 530p – PiYo (Regan) 630p –Zumba (Gladys)	8 430p – Zumba LOW IMPACT (Darla) 530p – Zumba TONING (Alex) 630p-TurboKick (Michelle) 730p – Zumba (Michi)	9 430p- Zumba (Gladys) 530p – PiYo (Regan) 630p –STRONG (Monica) 730p – Zumba (Danielle)	10 430p – Zumba LOW IMPACT (Darla) 530p – Zumba TONING (Alex) 630p- Zumba (Alex) 730p- Zumba (Michi)	11 6p – Zumba (Danielle)	12 930a- Zumba (Danielle)
13 930a – Zumba (Darla) 1030a – STRONG (Monica)	14 430p – STRONG (Monica) 530p – PiYo (Regan) 630p –Zumba (Gladys)	15 430p – Zumba LOW IMPACT (Darla) 530p – Zumba TONING (Alex) 630p-TurboKick (Michelle) 730p – Zumba (Michi)	16 430p- Zumba (Gladys) 530p-PiYo (Regan) 630p–STRONG (Monica) 730p – Zumba (Danielle)	17 430p – Zumba LOW IMPACT (Darla) 530p – Zumba TONING (Alex) 630p- Zumba (Alex) 730p- Zumba (Michi)	18 6p – Zumba (Danielle)	19 930a – Zumba (Danielle)
20 930a – Zumba (Darla)	21 430p – STRONG (Monica) 530p – PiYo (Regan) 630p –Zumba (Gladys)	22 430p – Zumba LOW IMPACT (Darla) 530p – Zumba TONING (Alex) 630p-TurboKick (Michelle) 730p – Zumba (Michi)	23 430p- Zumba (Gladys) 530p-PiYo (Regan) 630p–STRONG (Monica) 730p – Zumba (Danielle)	24 430p – Zumba LOW IMPACT (Darla) 530p – Zumba TONING (Alex) 630p- Zumba (Alex) 730p- Zumba (Michi)	25 6p – Zumba (Danielle)	26 930a – Zumba (Danielle)
27 930a – Zumba (Darla) 1030a – STRONG (Monica)	28 430p – STRONG (Monica) 530p – PiYo (Regan) 630p –Zumba (Gladys)	29 430p – Zumba LOW IMPACT (Darla) 530p – Zumba TONING (Alex) 630p-TurboKick (Michelle) 730p – Zumba (Michi)	30 430p- Zumba (Gladys) 530p-PiYo (Regan) 630p–STRONG (Monica) 730p – Zumba (Danielle)	31 430p – Zumba LOW IMPACT (Darla) 530p – Zumba TONING (Alex) 630p- Zumba (Alex) 730p- Zumba (Michi)		