

# Fantastic Fitness Studio



## February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1  6p – Zumba (Danielle)	2  930a – Zumba (Danielle)
3  930a – Zumba (Darla) 1030a – STRONG (Monica)	4  430p – STRONG (Monica) 530p – PiYo (Regan) 630p –Zumba (Gladys) 730p- Zumba (Michi)	5  430p – Zumba LOW IMPACT (Darla) 530p – Zumba <b>TONING</b> (Alex) 630p-TurboKick (Michelle) 730p – Zumba (Michi)	6  430p- Zumba (Gladys) 530p – PiYo (Regan) 630p –STRONG (Monica) 730p – Zumba (Danielle)	7  430p – Zumba <b>LOW</b> <b>IMPACT</b> (Darla) 530p – Zumba <b>TONING</b> (Alex) 630p- Zumba (Alex)	8  6p – Zumba (Danielle)	9  930a- Zumba (Danielle)
10  930a – Zumba (Darla) 1030a – STRONG (Monica)	11  430p – STRONG (Monica) 530p – PiYo (Regan) 630p –Zumba (Gladys) 730p- Zumba (Michi)	12  430p – Zumba LOW IMPACT (Darla) 530p – Zumba <b>TONING</b> (Alex) 630p-TurboKick (Michelle) 730p – Zumba (Michi)	13  430p- Zumba (Gladys) 530p-PiYo (Regan) 630p–STRONG (Monica) 730p – Zumba (Danielle)	14  430p – Zumba <b>LOW</b> <b>IMPACT</b> (Darla) 530p – Zumba <b>TONING</b> (Alex) 630p- Zumba (Alex)	15  6p – Zumba (Danielle)	16  930a – Zumba (Danielle)
17  930a – Zumba (Darla) 1030a – STRONG (Monica)	18  430p – STRONG (Monica) 530p – PiYo (Regan) 630p –Zumba (Gladys) 730p- Zumba (Michi)	19  430p – Zumba LOW IMPACT (Darla) 530p – Zumba <b>TONING</b> (Alex) 630p-TurboKick (Michelle) 730p – Zumba (Michi)	20  430p- Zumba (Gladys) 530p-PiYo (Regan) 630p–STRONG (Monica) 730p – Zumba (Danielle)	21  430p – Zumba <b>LOW</b> <b>IMPACT</b> (Darla) 530p – Zumba <b>TONING</b> (Alex) 630p- Zumba (Alex)	22  6p – Zumba (Danielle)	23  930a – Zumba (Danielle)
24  930a – Zumba (Darla) 1030a – STRONG (Monica)	25  430p – STRONG (Monica) 530p – PiYo (Regan) 630p –Zumba (Gladys) 730p- Zumba (Michi)	26  430p – Zumba LOW IMPACT (Darla) 530p – Zumba <b>TONING</b> (Alex) 630p-TurboKick (Michelle) 730p – Zumba (Michi)	27  430p- Zumba (Gladys) 530p-PiYo (Regan) 630p–STRONG (Monica) 730p – Zumba (Danielle)	28  430p – Zumba <b>LOW</b> <b>IMPACT</b> (Darla) 530p – Zumba <b>TONING</b> (Alex) 630p- Zumba (Alex)		