















Fantastic Fitness Studio

DECEMBER 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 930a- Zumba (Monica) 1030a – STRONG (Monica)	2 430p – STRONG (Monica) 530p – PiYo (Regan) 630p –Zumba (Gladys) 730p – Zumba (Angie)	3 430p – Zumba LOW IMPACT (Angie) 530p – Zumba TONING (Alex) 630p – NO CLASS 730p- Zumba (Nancy)	4 530p – PiYo (Regan) 630p –STRONG (Monica) 730p –Zumba (Angie)	5 430p – Zumba LOW IMPACT (Angie) 530p – Zumba TONING (Alex) 630p- Zumba (Alex) 730p- Zumba (Nancy)	6 	7 930a – Zumba (Nancy)
8 930a- Zumba (Angie)	9 430p – STRONG (Monica) 530p – PiYo (Regan) 630p –Zumba (Gladys) 730p – Zumba (Angie)	10 430p – Zumba LOW IMPACT (Angie) 530p – Zumba TONING (Alex) 630p – NO CLASS 730p- Zumba (Nancy)	11 530p – PiYo (Regan) 630p –STRONG (Monica) 730p –Zumba (Angie)	12 430p – Zumba LOW IMPACT (Angie) 530p – Zumba TONING (Alex) 630p- Zumba (Alex) 730p- Zumba (Nancy)	13 	14 930a – Zumba (Nancy)
15 930a- Zumba (Monica) 1030a – STRONG (Monica)	16 430p – STRONG (Monica) 530p – PiYo (Regan) 630p –Zumba (Gladys) 730p – Zumba (Angie)	17 430p – Zumba LOW IMPACT (Angie) 530p – Zumba TONING (Alex) 630p – NO CLASS 730p- Zumba (Nancy)	18 530p – PiYo (Regan) 630p –STRONG (Monica) 730p –Zumba (Angie)	19 GOODBYE JAM  630P – 830P	20 	21 
22 	23 	24 	25 	26 	27 	28 
29 	30 	31 