



Full Circle Retreats

Nature-based retreat venue and collaborative partner for facilitators in Inverness, FL



Beds for up to 23 people + campsites. Adults 21+ are welcome.



Your Retreat. Your Vision. Our Space.

9104 S Brittany Path Inverness, FL 34452 | 727-424-9341
info@retreatfullcircle.com | www.retreatfullcircle.com

What's Included



When you host at Full Circle, you're not just renting a beautiful space—you have me, **Christina Baker** - creator & owner of FCR, as a **trusted partner throughout your hosting experience**, from early planning and logistics to helping you navigate the property, amenities, and **little details that bring your retreat to life**. Your retreat remains yours to lead; my role is to help make hosting it here feel easier, more supported, and **a lot less overwhelming**.



- 5,000+ square foot space to accommodate 23+ guests
- 6 Guestrooms. 3 Yurts, and 8 Bathrooms
- Rescue farm with horses, goats, and free-range chickens. **Ask about fresh eggs!**
- 5 secluded acres bordering the scenic Withlacoochee state forest
- **Himalayan Salt Cave onsite** that seats seven people comfortably
- Indoor, Poolside & Forest Yoga spaces
- Multi-use “Zen Den” for **indoor Yoga, meetings and workshops** with folding tables and chairs, a projector & 8-foot screen with apps & a Home Theater system
- 10 air mattresses available for extra guests and/or floating sound baths.
- Rock Star Room - Full set of Tama drums, Shure mics, & Fender acoustic guitar
- Arts & Crafts - rock painting, wood burning kits, & jewelry making
- 200+ Volume library of self-development literature
- Dining hall that seats up to 16
- Covered outside dining for 18
- Large kitchen and prep area for cooking classes
- Propane grill under covered patio
- 3 Firepits under the stars
- Meditation labyrinth
- Fully equipped outhouse with heated rain shower
- Private pool and warm tub
- Horse trails directly adjacent to our property
- Direct Access to 18 hiking trails within the Withlacoochee State Forest



Nourishment

3-6 months advanced booking recommended.

Nourishing Food. Thoughtfully Prepared. One Less Thing for You to Hold.

We believe food is an important part of the retreat experience. Meals are often where guests come back together, **conversations deepen**, and some of the sweetest moments of connection happen.

Hosts get to stay present with your participants—and maybe even **sit down, exhale**, and enjoy the meal yourself.

🍴 CHEF-CRAFTED RETREAT MEALS



Our chef partners create menus **specifically for your retreat**, taking into consideration your schedule, the feel of your experience, and your guests' dietary needs.

Vegetarian, vegan and gluten-free options are available upon request.

Chef-crafted meal service **includes unlimited coffee, hot tea, and refreshing spritzers** throughout your retreat.

☕ DIY FOOD + BEVERAGE



Bring your own food and we'll keep your guests refreshed throughout the retreat without having to worry about stocking, setting up, or replenishing beverages. Our beverage package includes **unlimited freshly brewed coffee, assorted hot teas, and refreshing seasonal spritzers** available throughout your stay.

Rescue Farm



Our rescue farm is one of the most loved parts of Full Circle and is home to our horses, **Moe, Bunta, Scorpion, and Quay**, along with our goats and chickens.

Many of our animals came to us with stories we may never fully know. Here, they are **given safety, consistency, companionship**, and plenty of space to simply be themselves. They aren't here to perform or entertain—they are part of the Full Circle family.

There is something beautifully grounding about slowing down and entering their world for a while. You may find yourself standing quietly beside a horse, laughing at the goats, or simply watching the herd interact from across the pasture. They have a way of **reminding us about presence, boundaries, trust**, connection, and rest—often without doing anything at all.

Above everything, **this is their home first**. Interaction is always on their terms, and their well-being comes before the guest experience. Perhaps that's what makes connecting with them so special: when connection happens here, it isn't forced. It's chosen.



Unique Group Offerings



Forest Bathing & Tea Ceremony

\$45 per person / \$250 Private

2 Hours | 6-person minimum

Led by certified forest therapy guides, this slow, intentional immersion into nature invites guests to unplug, awaken the senses, and integrate everything they have experienced throughout the retreat. Gentle invitations, mindful exploration, and periods of stillness culminate in a grounding tea ceremony and shared reflection. It's especially meaningful on the **second day of a retreat** or **just before the closing circle**, helping guests process, reconnect, and prepare to transition back into everyday life.

For retreat hosts, these two hours offer something equally valuable: **permission to step out of facilitator mode**. While your guests are thoughtfully guided and supported, you can rest, reset, and simply observe your participants rather than lead them—creating much-needed breathing room for the person who has been holding space for everyone else.



“Whenever forest bathing is offered at Full Circle, and with the host’s permission, **I join the experience** myself. You might think that because I live here, **I’ve seen these woods a thousand times**—and I have. But there is **something completely different** about intentionally slowing down, **being guided to notice** what I normally walk right past, and quite literally stopping to “smell the roses.” There is something incredibly beautiful at the **closing tea ceremony** and hearing what each person noticed, felt, remembered, or discovered during the experience. Listening to those reflections fills my heart every time and reminds me why experiences like this matter so much.”

— **Christina, Owner & Creator of Full Circle Retreats**



Sound Baths

With FCR owner, Christina Baker

Zen Den Sound Bath | \$125

1 Hour

A deeply relaxing group sound experience using crystal singing bowls, chimes, wave drum and other therapeutic instruments. Guests are invited to get comfortable, on provided mats, couches, or chairs, & close their eyes and simply receive.



Floating Sound Journey | \$175

1 Hour

Take the sound bath to the water. Guests float peacefully in the pool on air mattresses or seated poolside while sound and vibration move through the space around them, creating an immersive and memorable retreat experience.

Forest Sound Journey | \$175

1 Hour

An outdoor sound experience surrounded by the sights, sounds and energy of the forest. This offering combines the stillness of nature and our beloved farm animals with the vibration of singing bowls, chimes and other instruments.



OPTIONAL RETREAT ENHANCEMENTS

One month advanced booking recommended.

Yoga | \$35 per person / \$135 Private 1 Hour | 4-person minimum

A guided yoga experience designed to complement the pace and intention of your retreat. Sessions may be held indoors, poolside or surrounded by nature on our forest Yoga platform.



Reiki Master Energy Clearing Session | \$95 1 Hour

A private energy session with a vetted and skilled Reiki Master designed to encourage relaxation, energetic balance, grounding and personal reflection.



Conscious Cut | \$75 1 Hour

An intuitive haircut experience in the forest that transforms an everyday haircut into an intentional ritual of release, renewal and self-expression. Your experience also includes a personal tarot card reading and incense, adding another layer of intention and reflection to this unique forest ritual.





Spa Services

With licensed and insured
local professionals.

One month advanced booking recommended.



Hot Stone & Essential Oil Massage | \$135 1 Hour

A restorative full-body massage incorporating organic essential oils and heated stones to ease tension, encourage relaxation and create space for the body to soften. (Gratuity included)

Ionic Foot Detox + Consultation | \$55 1 Hour

A relaxing ionic foot bath experience accompanied by a personalized consultation and time to unwind, reset and recharge. (Gratuity included)



European Facial | \$155 1.5 Hours

A luxurious European-style facial designed to give your guest uninterrupted time to relax, receive and enjoy deeply restorative self-care. (Gratuity included)



One month advanced booking recommended.

Equine Co-Facilitated Energy Experiences

BOOK YOUR SESSION TODAY INFO@RETREATFULLCIRCLE.COM

FULL CIRCLE RETREATS



- 60 MINUTES
 - CHAIR SEATED OR STANDING WITH GUIDE
 - ENERGY ASSESSED
 - INTERPRETATION & INSIGHTS GIVEN
- \$88**
3 FOR \$199



- 90 MINUTES
 - SIT OR LAY ON A MASSAGE TABLE
 - GROUNDING, BREATHWORK, VISUALIZATIONS
 - MEDIUMSHIP, SHADOW WORK, & ENERGETIC RELEASE ARE POSSIBLE
 - PERSONALIZED INTEGRATION
 - 30 MINUTES IN THE HIMALAYAN SALT CAVE
- \$188**
3FOR \$499



- 120 MINUTES
 - SAME AS HERD EXPERIENCE PLUS:
 - SUPPLIED JOURNAL
 - ADDITIONAL TIME INSIDE THE Paddock
 - ONE 45 MINUTE FOLLOW UP INTEGRATION PHONE OR ZOOM CALL*
- \$288**
3 FOR \$599



- 45 MINUTES VIA PHONE OR ZOOM
 - REVIEW OF SESSION
 - GUIDANCE FOR CONTINUED HEALING PRACTICES
- \$66**

* MUST BE WITHIN 1-2 WEEKS OF ENERGY SESSION

PRICES SUBJECT TO CHANGE UNLESS UNDER CONTRACT

Lodging Options



When I created Full Circle, I wanted it to feel special and thoughtfully cared for, but **never so fancy that you're afraid to get comfortable.** This is the kind of place where you can **kick off your shoes**, curl up on the couch under a blanket with a good book, and truly **make yourself at home.**

The little comforts matter to us: every bed is made with **organic bamboo sheets**, our **bath towels are 100% cotton**, and each bedroom inside the main house has its own **individual AC unit, white noise machine, earplugs, and sleep masks** so guests can create the environment that helps them rest best.

We provide **shampoo, conditioner, body wash, and lotion**, and extra pillows and blankets are always available upon request. Our goal isn't hotel-perfect—it's warm, comfortable, intentional, and welcoming enough that you can exhale, **settle in, and feel at home** while you're here.



BAMBOO ENSUITE Sleeps 3

2nd floor, **3 Twin beds OR 1 King and 1 twin**. Large walk-in closet and attached bathroom with tub. The Bamboo Ensuite can be used as a private room or as a shared space. It is beautifully appointed with animal and nature themed decor, making it a perfect spot to unwind & reflect after a day of workshops and deep learning. The extra-large windows allow for expansive views of the pool, mini farm & forest.



BOHO ENSUITE Sleeps 6

Our largest and most spacious guest room- **with two twin beds** and two sets of bunk beds—one full-over-full and one twin-over-full. Portable privacy screens and room dividers create separation between the sleeping areas.

The ensuite includes a private attached bathroom with tub, a separate vanity area, and a cozy seating and reading nook. Large windows provide beautiful views of the front yard, pool, mini farm, and surrounding forest, while the room's generous size gives guests plenty of space to settle in, stretch out, and unwind between retreat activities.



BUTTERFLY ENSUITE Sleeps 3



2nd floor, 1 Bunk bed with full size bed on the bottom and a twin on the top. One additional twin bed. This room can also be used as a private or shared space. It has a gentle feel with muted tones and a vaulted ceiling. Large walk-in closet and attached bathroom with tub. The Butterfly Ensuite has huge windows overlooking the pool, mini farm, forest, and horse stables.



PRIMARY ENSUITE Sleeps 5

Ground floor. 1 King bed, 1 Full sized sleeper sofa with memory foam mattress, plus an adjacent room (spa room) with 1 queen sized sleeper sofa. The master bath has a large jacuzzi tub, separate **wheelchair accessible shower**, and a private lavatory with a grab bar. The master bedroom overlooks the front and backyard with French doors that open onto the back porch with views of the horses, pool and mini farm.



The Sleep Sheds - Sleeps 2

Each space has AC & heat, 100 yards from the main house, 50 feet from the shared outside bathroom & shower.

Forest Green - Twin Bed - Inspired by the lush tones of the adjacent Withlacoochee State Forest, this space invites you to unwind in a sanctuary of calm. This space is perfect for restoring your energy after a day of connection and nature.

Ocean Blue - Twin Bed - Inspired by the calming spirit of celestite, the Ocean Blue Room evokes the gentle rhythm of waves and the serenity of open sky. It's a soft, restful space designed to quiet the mind & cradle you into deep, renewing sleep.



ELEVATED ALL-WEATHER "BOUGIE" YURT - Sleeps 2

1 Queen bed, AC & heat. Situated about 100 yards (a football field) from the main house and about 100 steps from the shared outside bathroom & shower. Faces the mini farm, stables, and deer feeder.



TWO SOLAR POWERED ECO YURTS - Sleeps 4

The Yin Yang Yurt has a King bed, and the BOHO Yurt has 2 twin beds. They are both situated about 200 yards (2 football fields) from the main house and 200 steps from the shared outside bathrooms & showers. Both yurts also come with a whisper quiet **lithium-ion generator that will power lights, fans, & small electronics**. This is the most economical & secluded space.

NO HEAT OR AIR CONDITIONING.



Yin Yang Yurt



Boho Yurt

VENUE FEATURES



Great Room



Dining for 16



Chef's Kitchen



“Bond”-Firepit



Forest Yoga Platform



Himalayan Salt Cave



Outhouse with
InstaHot Water



Direct Access to
Hiking Trails



Arts & Crafts



Meditation Labyrinth



Multiple Gathering Spaces Inside & Out

HOST TESTIMONIALS

JENNY ROBERTS

OWNER, BLISSASANA YOGA & BLISSFIT YOGA



I just hosted a Weekend Women's Wellness Retreat here & it was incredible! **Full Circle Retreats** had everything we needed for our ZENHike Retreat and then some! The owners Kim & Christina are warm, friendly and SO EASY to be around. Communication via email and phone before the retreat was quick & consistent. The owners were open to ideas and suggestions, just very chill, welcoming collaborative vibes. When the retreat came we felt the special energy of their sanctuary as it became a vortex for healing and peace for our retreat attendees.

TERRI LYNN CHAPLIN

INT'L BEST-SELLING AUTHOR,
CERTIFIED GRIEF COMPANION



I recently had the incredible opportunity to host my retreat at **Full Circle Retreat**, and I truly can't say enough good things about this beautiful space and the amazing women behind it. From the very first planning meeting to the moment we wrapped up, Christina and Kim were fully present and deeply committed to helping me bring my vision to life. They didn't just support me, they partnered with me every step of the way, consulting on every single detail and ensuring nothing was overlooked.

LAURA GOTLIN

REIKI MASTER, VETERAN RETREAT HOST



I hosted a women's wellness retreat at **Full Circle Retreats** in January of this year (2025). From the moment I arrived, I felt welcomed and supported. Christina and Kim have truly created a space that is both grounding and expansive. Every detail of the space has been clearly crafted with care and intention.

They also have a gift for holding space in a way that feels deeply authentic and inclusive. It's a retreat space that invites you to come home to yourself.

I wholeheartedly recommend Full Circle Retreats to anyone looking for a meaningful, heart-centered experience. I'm already looking forward to the next one I've scheduled for January 2026!

JILL BRIANSKY

VETERAN RETREAT HOST



I just returned from an incredible weekend at **Full Circle Retreats** and wow, what an experience! The land itself is pure magic, but it's the owners who truly make it special. Their love and care for the land, animals, and everyone who visits is evident in every detail. From the moment you walk through the door, you're greeted with a sense of belonging, as if you're wrapped in a warm, welcoming hug. If you are looking for a space to be in the present moment and truly relax, this is definitely it!!

DR. SALLY NAZARI
LICENSED PSYCHOLOGIST, 500 RYT

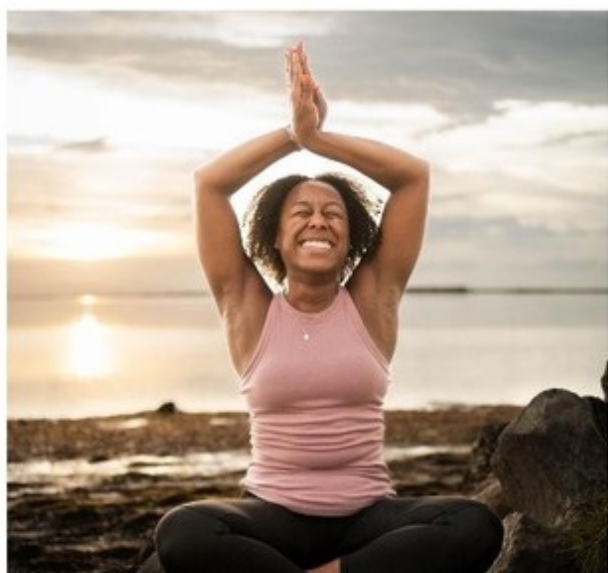


From the moment we arrived at **Full Circle Retreats**, it was clear we had stepped into somewhere truly special.

Every inch of the property radiated peace - from the serene forest surroundings to the thoughtful, heart-centered spaces they've created for reflection, healing, and connection.

Christina and Kim went above and beyond in every possible way - not just providing a beautiful venue, but welcoming us with such warmth, care, and genuine love for what they do. Every detail, from the immaculate spaces to the nurturing touches (and the wonderful energy of the land itself), made it easy for our retreat participants to relax, open up, and experience deep transformation.

KENDRA YATES
OWNER - YOGA WITH KENDRA



We've had the absolute best time here—relaxing deeply, eating nourishing meals, connecting to nature, playing with sweet animals, and taking moments to truly fill our cups. From salt cave sessions soothing our skin and nervous systems, to laughter and heart-opening conversations with our incredible community, every moment has been pure magic.