

Grey Matters North Texas Brain Tumor Support Group is pleased to provide the following list of recommended reading resources. The majority of items that appear on this list have been graciously submitted by Reni Parker, LPC, NCC, My Guiding Light Counseling (www.myguidinglightcounseling.com).

BOOKS FOR ADULTS

- "A Book About Living" by Dr. Ira Byock
- "A New Normal, Learning to Live With Grief and Loss" by Darlene F. Cross
- "The Dying Time, Practical Wisdom Dying and Their Caregivers" by Furman & McNabb
- "Dying Well: The Prospect of Growth at the End of Life" by Dr. Ira Byock
- "Facing Death and Finding Hope" by Christine Longaker
- "The Fall of Freddie the Leaf, A Story of Life for All Ages" by Dr. Leo Buscaglia
- "The Four Things That Matter Most" by Dr. Ira Byock
- "The Giving Tree" by Shel Silverstein
- "Good Grief, Healing Through the Shadow of Loss" by Deborah Morris Coryell
- "Grieving Forward" by Susan Duke
- "Healing the Adult Sibling's Grieving Heart, 100 Practical Ideas After Your Brother or Sister Dies" by Dr. Alan D. Wolfelt
- "The Journey Through Grief" by Dr. Alan D. Wolfelt
- "The Last Lecture" by Randy Pausch
- "Learning to Live, Laugh, and Love Again After the Death of An Adult Child" by Jan Jaworski
- "Letting Go, Morrie's Reflections on Living While Dying" by Morrie Schwartz
- "Living When a Loved One Has Died" by Earl A. Grollman
- "The Measure of Our Days" by Dr. Jerome Groopman
- "The Mourning Handbook" by Helen Fitzgerald
- "My Journey with Farrah" by Alana Stewart
- "Palliative and End-of-Life Pearls" by Dr. Ira Byock
- "Speaking Human, A Journey in Palliative Medicine" by Craig Durie
- "Strong at the Broken Places" by Richard Cohen
- "Tuesdays with Morrie" by Mitch Albom
- "Who Moved My Cheese?" by Dr. Spencer Johnson

BOOKS FOR TEENS

- "Celebrate Through Heartsongs" by Mattie J. T. Stepanek
- "Coping with Cancer" by Holly Cefrey
- "The Fall of Freddie the Leaf, A Story of Life for All Ages" by Dr. Leo Buscaglia
- "The Giving Tree" by Shel Silverstein
- "The Grieving Teen" by Helen Fitzgerald
- "Journey Through Heartsongs" by Mattie J. T. Stepanek
- "Who Moved My Cheese? for Teens" by Dr. Spencer Johnson

BOOKS FOR CHILDREN

- "Chicken Sunday" by Patricia Polacco

- "Gentle Willows" by Dr. Joyce Mills
- "Goodbye Mousie" by Robert Harris
- "I Love You Like..." by Scott Sutton and Alec Traub
- "I Miss You: A First Look at Death" by Pat Thomas
- "Love You Forever" by Robert Munsch
- "My Family is Living with Cancer" by Sandra Hayouri and Miriam McLaughlin
- "Nana Upstairs and Nana Downstairs" by Tomie dePaola
- "Someone Special Died" by Joan Singleton Prestine
- "What's Heaven?" by Maria Shriver
- "When Dinosaurs Die" by Laurie Brown and Marc Brown
- "When Someone You Love Has Cancer: A Guide To Help Kids Cope" by Alanic Lewis
- "Who Moved My Cheese? for Kids" by Dr. Spencer Johnson