@thepointsflygirl

Points Ecosystem ➡ / ⬇ Transfer Partner	American Express Membership Rewards	Capital One Miles	Chase Ultimate Rewards Points	Citi Thank You Points	Bilt Rewards	Wells Fargo
Aer Lingus	1:1		1:1		1:1	1:1
Aeromexico	1,000 : 1,600	1:1				
Air Canada	1:1	1:1	1:1		1:1	
Air France/ KLM	1:1	1:1	1:1	1:1	1:1	1:1
American Airlines				1:1		
ANA	1:1					
ATMOS (Alaska & Hawaiian)					1:1	
Avianca	1:1	1:1		1:1	1:1	1:1
British Airways	1:1	1:1	1:1		1:1	1:1
Cathay Pacific	1,000 : 800	1:1		1:1	1:1	
Delta	1:1					
Emirates	1,000 : 800	1,000 : 750		1,000 : 800	1:1	
Etihad		1:1		1:1	1:1	
EVA Air		1,000 : 750		1:1		
Finnair		1:1				
Iberia	1:1		1:1		1:1	1:1
Japan Airlines		1,000 : 750		1:1	1:1	
JetBlue	2,500 : 2,000	1,000 : 600	1:1	1:1		1:1
Qantas	1:1	1:1		1:1		
Qatar Airways	1:1	1:1		1:1	1:1	
Singapore Airlines	1:1	1:1	1:1	1:1		
Southwest			1:1		1:1	
Spirit Airlines					1:1	
TAP Air Portugal		1:1			1:1	
Thai				1:1		
Turkish		1:1		1:1	1:1	
United Airlines			1:1		1:1	
Virgin Atlantic	1:1	* Via Virgin Red	1:1	1:1	*Via Virgin Red	1:1
- HOTELS -						
Choice	1:1	1:1		1 : 1.5		1:2
Hyatt			1:1 (with CSP)** 1,000 : 750 (with CSR)		1:1***	
Hilton	1:2				1:1	
IHG			1:1		1:1	
Marriott	1:1		1:1		1:1	
ALL- Accor Live Limitless		2:1		2:1	3:2	
Virgin Red		1:1			1:1	1:1
Wyndham		1:1	1:1	1:1	1:1	
Leading Hotels of the World	1,000 : 250			1,000 : 200		
Preferred Hotels		1:2		1:2	1:2	

SkyTeam Airline Alliance
Star Alliance Airlines
Oneworld Member Airlines

*Capital One and Bilt transfer to Virgin Red. You can create a Virgin Red Account, link it to your Virgin Atlantic Flying Club account and move your points from both over to each other

** Transfers from the Chase Sapphire Prefferd card to Hyatt transfer at a ratio of 4:3 (so, 1,000 points converts to 750). Transfers from the Chase Sapphire Reserve card to Hyatt will transfer at a ratio of 1:1

*** Starting January 1, 2027, this will reduce to 1,000 : 750