

Cognitive

Lots of DT skills – working with small hand tools, tying knots

Environmental science & woodland management – looking after our planet

How and why we do things – problem solving – making items – coppicing

Peer to peer learning

Small achievable tasks – builds confidence and resilience

Sessions can bring classroom work to life – all subject areas

Understanding and following FS rules

Emotional

Nature and wellbeing – empathy for natural world and living things, even those we are not so keen on

Stimulation of the senses within FS site – smells, sounds and sights

Empathy for others – safety around others and the safety of others

Risk management for self and others

Perseverance to complete small tasks

Resilience – we might not get it right first time or it might not be perfect

The Child

Physical

Movement to and from FS site

Movement around the FS site – uneven surfaces – improve balance

Forest school games and tree climbing

Fine motor skills developed through using hand tools – also hand eye coordination

Strength – through den building and moving larger objects

Contributes to PE fundamentals -ABC's

Social

Working with peers

Communication to problem solve

Awareness of surroundings and others to ensure safety of all

Group discussions – waiting our turn – listening to others

Sharing ideas and views

Forest School Curriculum Strand Links