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## The Zephyrhills News

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# The Zephyrhills News

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Thursday, May 18, 2023 111th Year - No. 36

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## Weather

Partly Cloudy skies with a slight chance of showers will bring humidity up and raise daytime temperatures into the 90s. Nighttime temperatures will range from the high 60s to low 70s.

➤ 3

## Community News

Five lucky Spring coloring contest winners are announced after they received a prize.

Bahr's Propane Gas & A.C. announces the winner of the oldest air conditioning contest with an air conditioner over 40 years old.

➤ 2

Family medicine expert Zayah Rasheed explains eight ways to spring into good health with a primary care provider.

➤ 10

## Park News

Volunteers at Shady Oaks Mobile Home Park cook a spaghetti and meatball dinner for mothers on Mother's Day.

Mothers at Terrace Park Estates get together for a tea luncheon for Mother's Day.

Mothers are treated to a dinner at Florida Lake Estates with over 150 meals served in the clubhouse.

Glen Haven residents enjoy a luncheon for Mother's Day and May Birthdays with gifts for two lucky winners

➤ 8 & 9

## Correction

Kimberly Friedmeyer is an RN for AdventHealth Zephyrhills and Dade City. A story in the previous week's newspaper on nurse of the year and Daisy Award winners incorrectly listed her title.

## Email Address

If you would like to email *The Zephyrhills News* story ideas, press releases, club news, park news, special events or letters to the editor, email them to [thezephyrhillsnews@gmail.com](mailto:thezephyrhillsnews@gmail.com).

# Stamp out Hunger helps local families



Frank Xu along with other volunteers unload food from mail trucks during the Stamp out Hunger annual food drive.

STEVE LEE

*Letter carriers along with volunteers help collect food for local food pantries*

By SUSAN SLATER  
News Reporter

On Saturday, May 13, letter carriers collected food donations for the National Association of Letter Carriers 31st annual food drive, which benefitted the Neighborhood Care Center in Zephyrhills and the Lutheran Church in Wesley Chapel.

"This is my favorite day of the year," said Al Friedman, president of the NALC, who has been doing this for 25 years. "Zephyrhills was expected to receive 40-50,000 pounds of food.

Letter carriers provided 34,000 bags that were donated by St Luke's Eye Clinic in Wesley Chapel into the local mailboxes. The residents filled bags with non-perishable foods and left them by their mailboxes. The letter carriers took care of the rest. Volunteers from the local food pantries unloaded and loaded all of the bags into trailers and delivered them to the food pantries.

Pastor McKinney of the First Baptist Church in Zephyrhills, with the help of the JROTC of

➤ **STAMP OUT HUNGER:** See Page 4

# Spring football is in the air

*Bulldogs preparing for the upcoming season with a game against River Ridge scheduled on May 25*

By STEVE LEE  
Sports Reporter

Spring is in the air with flowers blooming, the weather warming and the Florida beaches beckoning. Perhaps, but for some what spring really means is the return of high school football. For Zephyrhills as well as for teams statewide.

Sure, the regular season does not get under way until late August, but the month of May is when coaches get their first official look at the nucleus of players — excluding incoming middle schoolers — who will suit up for the upcoming season. Starting jobs, not to mention spots on the depth chart, are up for grabs and this month is the time to make the most of those opportunities.

For the current group of Bulldogs, education seems to spill over from the classroom to the gridiron as spring practices have begun.

"We're learning, we're learning, we're learning," said coach Nick Carroll, alluding to the teaching done by himself and his assistants as returning players and newcomers learn the basics along with a few plays and formations on offense, defense and special teams. "We've just got to continue to work on continuity."

Aside from practices after school, there are other significant events this month. A traditional Orange-Black in-house scrimmage will precede a May 25 spring game against Sunshine Athletic Conference rival Wiregrass Ranch. The Bulls, much like the Bulldogs, are a perennial playoff team. That game kicks off on May 25 at 7 p.m. at Bulldog Stadium.

➤ **ZHS FOOTBALL:** See Page 11

# Saint Leo University celebrates more than 1,300 graduates in two ceremonies

*Tampa Restaurateur Richard Gonzmart, MLB Analyst Xavier Scruggs address grads*

More than 1,300 students participated in Saint Leo University's commencement ceremonies on May 13 at the Florida State Fairgrounds. Students from the university's main campus, its Florida locations, and those who study online throughout the world came together to celebrate their achievements and receive their doctoral, master's, bachelor's, and associate degrees.

During the morning ceremony, university campus undergraduate students received their bachelor's and associate degrees while graduate students in the College of Education and social services received their doctoral degrees in criminal justice and education and master's degrees in criminal justice, education, emergency and disaster management, human services administration, instructional design, and social work.

Morning commencement speaker, Richard Gonzmart, fourth-generation "caretaker" of the 1905 Family of Restaurants based in Tampa, which includes the world-famous Columbia Restaurant, shared insight with the graduates. He was introduced by former Florida legislator Ed Narain, a Saint Leo alumnus and secretary of the university's board of trustees.



Saint Leo University graduates await their diplomas during commencement at the Florida State Fairgrounds.

PHOTO BY SAINT LEO UNIVERSITY

➤ **SAINT LEO UNIVERSITY:** See Page 12

| INDEX            |    | Comics         | 7  | Crossword Puzzle | 6  | Park News  | 8 & 9 |
|------------------|----|----------------|----|------------------|----|------------|-------|
| Church Directory | 5  | Community News | 2  | Legals           | 14 | T.V. Guide | 15    |
| Coloring Contest | 13 | Crime Reports  | 14 | Obituaries       | 5  | Weather    | 3     |







## The Zephyrhills News



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## Spring Coloring Contest Winners



BRAELYN  
BLACK



BRODY  
MINE



MYAH  
ABOUELSOUD



ELIZABETH  
BOGGS



NATE  
CORRELA

## A winner in Bahr's oldest air conditioner contest is announced



Left:  
Magdalen  
Capanyola  
with her new  
AC unit.

Bahr's Propane Gas & AC is thrilled to announce the winner of its "Out with the Old, In with the New" free air conditioner contest is Magdalen Capanyola, of Zephyrhills.

On Jan. 1 Bahr's announced that they were on the lookout to find the oldest working air conditioner in the area and when it was found they would celebrate by installing a free energy efficient air conditioner.

During a two-month period many applications were received, and the search began with the technicians going out to verify the age of the units. Capanyola, of Zephyrhills, had the oldest unit which was just shy of 41 years old.

"We were surprised and thrilled to see so many older units still out there and in use, this is a testament to keeping your AC serviced correctly," said Kevin Bahr, owner.

The technicians saw AC units ranging from 25 years to over 40 years old. The final two units were only a few months difference in age, and Bahr's had to call the manufacturers to get the exact date of production.

"We were happy to have a local homeowner and senior resident win the contest and hope that Ms. Capanyola will get many years of use out of this new unit," added Bahr.

Bahr's Propane Gas & AC is commitment to delivering the latest products and service to their customers. The Bahr family has been committed to this community for more than 55 years and enjoys building up and strengthening the communities they live in and serve.

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THURSDAY

91|67

Showers

SUNRISE: 6:37am MOONRISE: 5:47am  
SUNSET: 8:13pm MOONSET: 7:31pm



FRIDAY

90|67

Partly Cloudy

SUNRISE: 6:36am MOONRISE: 6:24am  
SUNSET: 8:14pm MOONSET: 8:34pm



SATURDAY

91|68

Sunny

SUNRISE: 6:36am MOONRISE: 7:06am  
SUNSET: 8:14pm MOONSET: 9:35pm



SUNDAY

92|68

Partly Cloudy

SUNRISE: 6:35am MOONRISE: 7:53am  
SUNSET: 8:15pm MOONSET: 10:33pm



MONDAY

89|71

Partly Cloudy

SUNRISE: 6:35am MOONRISE: 8:45am  
SUNSET: 8:15pm MOONSET: 11:27pm



TUESDAY

87|70

Sunny

SUNRISE: 6:34am MOONRISE: 9:40am  
SUNSET: 8:16pm MOONSET: NONE



WEDNESDAY

84|69

Showers

SUNRISE: 6:34am MOONRISE: 10:36am  
SUNSET: 8:16pm MOONSET: 12:14am



# weather forecast

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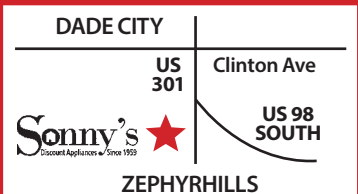
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Above: Annia Morales, letter carrier, loves being involved. "It is very good to do this. It makes me very emotional."



Right: Zephyrhills JROTC volunteers help with loading and unloading thousands of pounds of food for the Neighborhood Care Center.



Above: Volunteers for the Lutheran Church Food Pantry in Wesley Chapel along with Boy Scouts Troop 2 and Paul Weil, board of directors help unload the food.

**► STAMP OUT HUNGER:** *From Page 1*

Zephyrhills, collected food for the Neighborhood Care Center on 6th Street in Zephyrhills. They will only be open on Mondays for clothing and Wednesdays for food due to having less staff in the summer months. They are looking for committed volunteers to help them stay open more to meet the needs of the community and sort the bags of food donated. They will be closed in July and August also due to lack of staff.

"I like to give back to the community," said JROTC's Demetrius Oates. "I want to give to the people who need help."

Paul Weil, board of directors for the Lutheran Church in Wesley Chapel's Food Pantry, with the help of Boy Scouts Troop 2 and Scout Master Leigh Smith collected for their food pantry.

All the volunteers worked swiftly making sure all food was weighed and accounted for.

"This is my first year volunteering," said Kimberly Greene as she unloads the mail trucks. "I can give back to the less fortunate."

"I do this because it gives back to the community, we help stock food for the pantry and the scouts learn to give back to those in need," said Smith.

The letter carriers drove into the docking area. The volunteers unloaded bags into the bins to be weighed. When filled to the top, each bin weighed 1600 pounds. Once weighed, the food was loaded and delivered to the Neighborhood Care Center and the Lutheran Church.

The volunteers worked from noon until 5 p.m. when the last of the letter carriers came in. By 3:30 p.m., the volunteers had unloaded 30,000 pounds of food.

"We will probably receive three months worth of food, which helps," said Pastor McKinney. "We will not have to rely on cash donations because we have less residents in Zephyrhills in the summer."

The timing of this food drive is important for both donation centers because children will be out of school. Mothers will be working less hours during the summer months to be home with their children. Less hours means less income. Hunger does not take a holiday. When school lunches stop, the pantries are stocked by this food drive to help the local families through the summer.

"Working families are living paycheck to paycheck and with inflation, they need more help putting food on the tables for their families," said Friedman.

"The Neighborhood Care Center is closed for next week so that they can sort the food," said Leann Bickford, director. "We need to get it out as soon as possible to the community."

"We feed over 1900 people a week with 40 volunteers to give out food," said Weil of the Lutheran Church in Wesley Chapel. "The post office and letter carriers were fantastic for doing this. It is such a community involved effort. If it were not for them and the NALC (National Association of Letter Carriers) doing this, we could not do it. We give credit to the letter carriers. This year's food drive showed a complete recovery from Covid years."



Left: An assembly line of the volunteers take the food off the trucks to the bins in a very organized manner.

Right: Bins containing 1600 pounds of food are loaded onto the truck and delivered to the Lutheran Church in Wesley Chapel.







## OBITUARIES



**William R. "Bill" Kustes**

KUSTES, William R., 95, passed away peacefully on May 5, 2023 with family by his side. He was born on Oct. 26, 1927, in Fulton, IL. In his younger years he was a boy scout, ran track in high school and college and played the snare drum in the band. At 16, he and 19 other boys went to work for the Milwaukee Railroad known as the "Gandy Dancers." He served in the Army/82nd Airborne Division. After earning his wings, he returned to Fort Bragg and joined the 82nd Airborne Band as the Band Master. After the military, he attended John Carroll University in Ohio, and continued his education at St. Bernard Seminary in Alabama to study Theology and was ordained in 1958. Life took a very different turn when he met the love of his life and married Gloria Davison Dunnigan. They started their journey with her three daughters moving to Zephyrhills in 1961, within a couple of years two sons were added to the family. Bill began teaching at Zephyrhills High School where he also started the golf program. In the summer months he taught tennis at the city courts and volunteered as a lifeguard and swimming instructor at the city pool. He loved to read and wanted to share what he learned to anyone who would listen. This was evident in all facets of his life, but never as much when the course of life changed again leading him to a change in profession to follow his true passion for golf. He accepted a position as the manager of the Zephyrhills Municipal Golf Course and with the help of wife Gloria as the quality of the golf course improved, so did the membership. In 1979 he had the opportunity to buy 100 acres of vacant land on Wire Road and construct-

ed an 18-hole golf club named Valle Oaks Golf Course. Bill and Gloria owned and operated the golf course until they sold in 1989 to retire. He was a member of St Joseph's Catholic Church, Zephyrhills Historical Association and a lifetime member of the American Legion Post 118. He attended book clubs and coordinated social events in the Wedgewood Community. He was a passionate man who believed in the good and kindness of people, always willing to help. He has given to Zephyrhills many contributions as an educator, sportsman/innovator, historian, patriot and was a friend to so many in the community. He shared his expertise as a woodworker, golf instructor, organizer, musician and was a great storyteller. He is survived by his children, Thea Dunnigan Johnson and husband, Dan Johnson, Janette Dunnigan, Judi Dunnigan, Dennis Kustes and wife Irish and Robbie Kustes and wife, Stacie Jackson Kustes; grandchildren, Laura Chauncey, Jay Chauncey, Jennifer Bracknell, Bryan Kustes, Derek Kustes; and eight great-grandchildren. He is predeceased by his wife, Gloria; his parents, Frank and Katherine Kustes; four brothers; and two sisters. Bill will be laid to rest in the Florida National Cemetery in Bushnell. In lieu of flowers donations can be made to Gulfside Hospice, St. Joseph Catholic Church.

### Joe Francis Keating

KEATING, Joe Francis, 82, passed away peacefully on April 30, 2023 after a long battle with Parkinson's disease. He was born in 1940 to Doris and Arthur in Tampa, and graduated from Plant High School in 1958 to study business at the University of Tampa. He served with the National Guard where he retired as a Captain and worked most of his life as a cell phone tower engineer. As an active man, Joe spent his later years working with his wife and their livestock, as an associate at Publix, supporting his brothers at Zephyr Lodge 198, and volunteering at St. Elizabeth's Episcopal Church. He was predeceased by numerous loved ones. He is survived by his wife, Cheryl Craig; brother, Fred; children, Debbie Barnett

(Jeff), Edith Kavouklis (Nick) and Jason Keating (Jennifer); grandchildren, M. Chase M., Brady B. and Jenson K.; and great-granddaughter, Caroline M. Memorial services will be June 10, 10 a.m.-2 p.m. at the Masons, Zephyr Lodge 198, 5950 12th St., Zephyrhills, FL



### Frederick A. Custer, Jr.

CUSTER, JR., Frederick A., 83, passed away peacefully on May 14, 2023, in Zephyrhills. He is survived by his wife, Juanita; son, Robert of Daleville, Ala.; daughter, Robin (Paul) Riccio of Clarksville, Tenn.; grandchildren, Timothy and Stephen Winburn, Brittany Neal, Matthew and Gabriella Riccio; and several great-grandchildren. He is preceded in death by his parents, Frederick Custer and Dorothea Kelly; first wife, Jane Anderson; brother, Leonard; and sister, Judith. He attended Portsmouth New Hampshire High School and Troy State University, Troy, Ala. He enlisted in the United States Marine Corps on his 17th birthday spending 10 years as a Sgt. in Artillery in Hawaii, the Mediterranean and the Far East. Fred then enlisted in the United States Army for the Warrant Officer Flight Program serving in Vietnam and Hawaii. He was flying United States Army helicopters for 28 years with a total of over 13,000 hours of flight time. In 1980, Fred established Custer's Last Stop, Sales and Body Shop in Daleville, Ala. and retired in 1995 moving to Zephyrhills, while also maintaining a cottage on White's Pond in Ossipee, N.H. and enjoyed traveling the country in a motor home in his later years. No funeral or memorial service is immediately planned.

## CHURCH NEWS

**Our Savior Lutheran Church**, 5626 20th St., invites you to Sunday service at 10 a.m. with communion on the second and fourth Sundays. There is a Saturday evening service is at 5:30 p.m.

For more information, call the church at (813) 782-1369.

**St. Elizabeth Episcopal Church**, 5855 16th St. invites you to Lent for Stations of the Cross Fridays at 12 p.m. There are four weekly services, Wednesdays, 5 p.m. followed by a potluck supper and bible study; Saturdays, 4 p.m. and Sundays, 8 and 10 a.m.

For more information you can call the church office at (813) 782-1202.

**First Baptist Church of Zephyrhills**, 38231 5th Ave., invites you to Sunday services with Pastor Rob McKinney.

The teen TRUTH ministries, is on Wednesdays at 6 p.m., with youth leaders, Carla Berger and Paul Warner. Bus transportation is available.

The children ministry, TeamKid, is on Wednesdays at 6 p.m. with director, Lorraine McKinney, and teachers, Carol Arnold and Sarah Lutz.

The Sunday services are: Sundays church for all ages, 9:30 a.m.; worship service, 10:45 a.m.; and evening service at 6 p.m. Wednesday

mid-week service, 6 p.m. and choir practice is at 5 p.m. For more information, call the church at (813) 782-5574.

**East Pasco Seventh-day Adventist Church**, 7333 Dairy Rd. invites you to Saturday services with Lead Pastor Ray Pichette and Associate Pastor, Leonardo Olivera. Bible study is at 10-11 a.m. and worship services are at 8:45 and 11:15 a.m. Wednesday mid-week services are at 7 p.m.

Al-Anon (Noon Solutions) is Monday, 12 p.m., Al-Anon (Serenity), Wednesday, 7 p.m., Narcotics Anonymous is Sunday, Wednesday and Thursday 7 p.m., Alcoholics Anonymous is Friday at 10 a.m. and Overeaters Anonymous is Monday, 5:30 p.m. and Friday, 11:30 a.m.

The Adventist Health Food Store is open at the church Wednesdays, 1-4 p.m.

For more information, call (813) 782-2000.

**First United Methodist Church of Zephyrhills**, 38635 5th Ave. and Senior Pastor Steve Ezra invites the community to worship services every Sunday, with contemporary service at 9:30 a.m. and traditional service at 11 a.m. Coffee and fellowship in Cooper Hall behind the sanctuary, every Sunday from 9-10:45 a.m.

For more information, call (813) 782-5645 or visit [www.fumczhills.org](http://www.fumczhills.org).



East Pasco Seventh-day Adventist Church located at 7333 Dairy Road has Sunday worship services at 8:45 and 11:15 a.m. and a mid-week service Wednesday at 7 p.m.

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Traditional.....11 a.m.  
Youth Group.....4 p.m.  
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[www.fumczhills.org](http://www.fumczhills.org)

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Deacon  
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Sunday  
Communion Service.....8 a.m. and 10 a.m.  
Wednesday  
Communion Service.....5 p.m.  
Bible Study.....6 p.m.  
[www.stelizabethsepiscopealswfl.org](http://www.stelizabethsepiscopealswfl.org)

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Sunday Service.....10 a.m.  
[www.bibletruthfortoday.com](http://www.bibletruthfortoday.com)

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5434 7th St.  
(813) 783-2727  
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School.....9:45 a.m.  
Coffee and Donut  
Fellowship.....10:30 a.m.  
Morning Worship.....11 a.m.  
Evening Worship.....6 p.m.  
Wednesday  
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Sunday  
Sunday School.....9:30 a.m.  
Worship.....10:45 a.m. and 6 p.m.  
Wednesday  
Service.....6 p.m.  
Choir Practice.....6 p.m.  
Children's Activities.....6 p.m.  
TRUTH teen ministries..6:15 p.m.

### BIBLE MISSIONARY CHURCH

5521 23rd St.  
(813) 782-8772  
Reverend Duane Miller  
Sunday School.....9:45 a.m.  
Morning Worship.....10:45 a.m.  
Evening Service.....6 p.m.  
Wednesday Service.....6 p.m.

### ST. JOSEPH CATHOLIC CHURCH

38710 5th Ave.  
(813) 782-2813  
Reverend Allan Tupa  
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Sunday  
Mass.....7, 9, 11 a.m.  
Weekday Masses  
Monday.....8 a.m.  
Tuesday.....8 a.m.  
Wednesday.....8 a.m.  
Thursday.....8 a.m.  
Friday.....8 a.m.  
Saturday  
Adoration/Confessions..8-9 a.m.

### EAST PASCO SEVENTH-DAY ADVENTIST CHURCH

7333 Dairy Rd.  
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Ray Pichette, Lead Pastor  
Leonardo Olivera, Associate  
Pastor  
Saturday  
Bible Study.....10:15 a.m.  
Worship Service.....8:45 a.m. and 11:15 a.m.  
Al-non  
Monday.....12 p.m.  
Wednesday.....7 p.m.  
Alcohol Anonymous  
Friday.....10 a.m.  
Overeaters Anonymous  
Monday.....5:30 p.m.  
Friday.....11:30 a.m.  
Narcotics Anonymous  
Sunday.....7 p.m.  
Wednesday.....7 p.m.  
Thursday.....7 p.m.  
[www.eastpascoadventist.com](http://www.eastpascoadventist.com)

### COMMUNITY OF CHRIST ZEPHYRHILLS

7334 16th St.  
(813) 469-1265  
Pastor Dawn McDowell  
Sunday  
Sunday School.....9:30 a.m.  
Sunday Service.....10:45 a.m.  
Potluck every third Sunday  
FB Zephyrhills Community of  
Christ shown.....1 p.m.

### ZEPHYRHILLS CHURCH OF CHRIST

5444 4th St.  
(205) 405-7700  
Evangelist Kevin Heaton  
Sunday  
Bible Study.....9:30 a.m.  
Worship.....10:30 a.m. and 6 p.m.  
Wednesday  
Bible Study.....7 p.m.  
[www.zephyrhillschurch.com](http://www.zephyrhillschurch.com)

### GRACE CHURCH OF THE ASSEMBLY OF GOD

7060 Berry Rd.  
(352) 567-6208  
Pastor Jon Clanton  
Sunday  
Fellowship.....10 a.m.  
Worship.....11 a.m.  
[gczh.org](http://gczh.org)











STRANGE BUT TRUE

By Lucie Winborne

\* According to Cunningham’s Law, the best way to get the right answer on the internet is not to ask a question, but to pose the wrong answer.

\* Jazz trumpeter Louis Armstrong once asked President Richard Nixon to carry his bags through customs for him because Armstrong was “an old man.” We feel pretty sure Nixon wasn’t aware the bags contained marijuana.

\* In 2015, the 1,000-year-old corpse of a Buddhist monk was discovered inside an ancient statue of Buddha.

\* Never mind Freddy Krueger’s mutilated face and clawed

glove -- Wes Craven designed his red-and-green-striped sweater after he read in Scientific American that the human eye has difficulty recognizing those particular shades. Therefore, just looking at his pullover is subliminally unsettling!

\* The first item sold on eBay, for \$14.83, was a broken laser pointer, to someone who kept a collection of broken laser pointers.

\* Costa Rica has the world’s only sloth orphanage.

\* During the Apollo 12 mission, a 2 1/2-ton piece of the lunar module was experimentally crashed onto the surface of the moon, with a quite unexpected result: The moon “rang like a bell” for nearly an hour.

\* Dockers recently increased the size of their coin pockets to accommodate the growing size of smartphones.

\* In 1999, 15-year-old Jonathan Lebed was making up to \$74,000 a day in the stock market by using internet message boards to manipulate prices. The government eventually caught up with him, but he was still able to keep half a million dollars of his gains.

\* Vending machines kill more people per year than sharks.

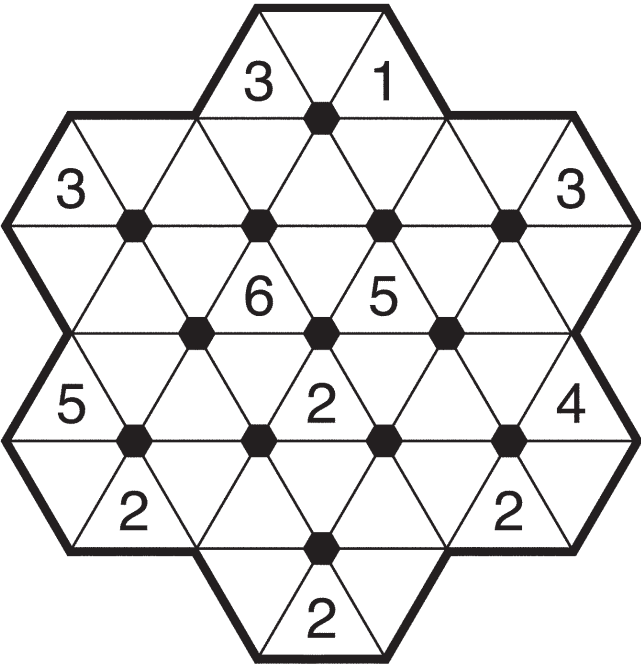
\* Pork was once used in Spain during the Inquisition to show that one wasn’t Jewish or Muslim.

Thought for the Day: “Love doesn’t make the world go round. Love is what makes the ride worthwhile.” -- Franklin P. Jones

SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ♦♦♦

♦ Easy ♦♦ Medium ♦♦♦ Difficult

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CryptoQuote

AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample, **A** is used for the three L's, **X** for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

ZGV ZULKHMV OEGZ MEYV EB  
ZGV YDFZ MDBV EF ZGDZ SLK  
WVZ ZL ZGV LZGVU VBN EB  
DB DOYKM GKUUS.  
— RLGB RVBFVB

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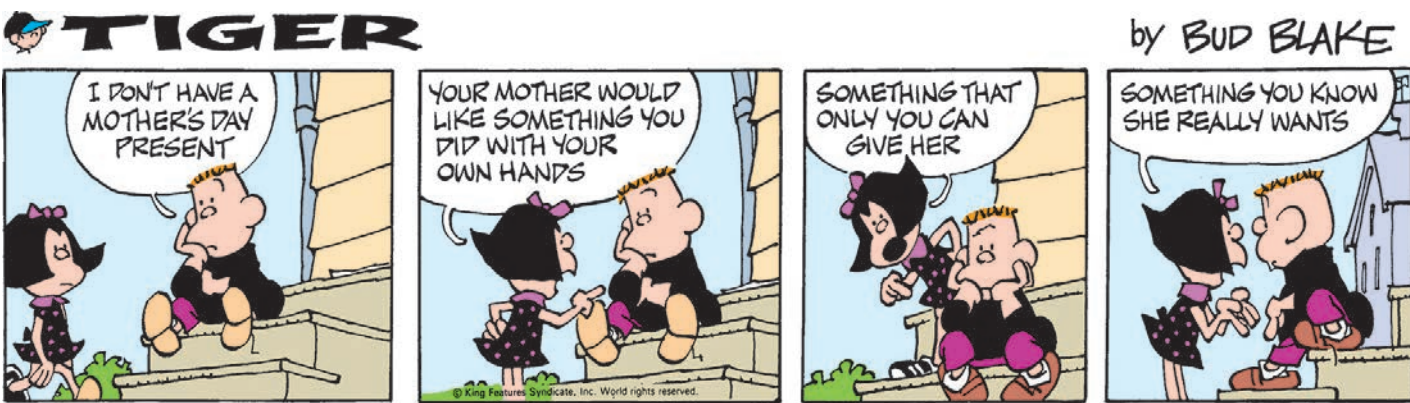
CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: H equals T

YH LFFPLXD LD HCATBC HCYD  
DHLBPZ DLHYXP CLD LMXPLZR  
GAUUPIGPZ. Y BTPDD Y’U MLHP  
HA HCP FLXAZR.

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PARK NEWS

Mothers are treated to dinner for Mother’s Day at Forest Lake Estates

Left: Over 150 people filled the Forest Lake Estates Clubhouse to celebrate Mother’s Day.

Below: Donna Jackson greets guests and hands out carnations to the mothers.

Above left: The Forest Lake Estates Social Committee Kitchen Crew served over 150 meals to the mothers and their guests.

Left: The kitchen crew serves the mothers at Forest Lake Estates a wonderful meal.

Right: Mike Black, left, HOA President wished all their resident mothers a very Happy Mother’s Day.

SUSAN SLATER

Glen Haven residents celebrate Mother’s Day and May Birthdays

Left: The men sit back and the mothers get their food first during the luncheon at Glen Haven RV Resort.

Above: Sharon Bergeron won the Mother’s Day prize.

Below: Kensley Williams, 5, and Gracelynn Williams, 3, assist Sheila Wallace, summer activities director, with giving out raffle tickets for prizes.

Below: Kathy Warner found a winning ticket under her seat. She won a Chili’s gift certificate.

Above: Diane Brogden won the May Birthday prize.

SUSAN SLATER



PARK NEWS

# Shady Oaks residents serve a spaghetti and meatball dinner for Mother's Day



Left: Residents pack the clubhouse at Shady Oaks for dinner to celebrate Mother's Day.

SUSAN SLATER

Right: Volunteers, Myra Oyerly, Deb Brown and Deb Martin help prepared spaghetti and meatballs.

Below: Brenda Carey, activities director, thanks her volunteers with tulips.



Below: Queen Susie is checks out the homemade desserts.



Left: Darnell Artus, Marsha Luchay, Nancy Sauers and Caren Wagner volunteer to serve the salad and bread.

# Mothers at Terrace Park Estates enjoy a tea lucheon for Mother's Day



Left: Betty McConkey, hostess, with her two granddaughters, Jennifer and Heather Patten.

Below: Jean Roberts greets the mothers as they enter for the tea lucheon.

SUSAN SLATER



Above: Jane Roberts and Betty McConkey serve little frosted cakes and cream puffs for dessert to mothers at Terrace Park Estates.

Below: Norma Stephan, in her Mother's Day best, closes her eyes to pick her Mother's Day Gift.



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# Eight ways to spring into good health with primary care

Spring is here, a time of newness and re-vival. When you're ready to start fresh and give your home a thorough spring cleaning, consider doing the same for yourself.

One of the best things you can do to "spring clean" your health — for your body, mind and spirit — is to keep up with your primary care provider (PCP).

Family medicine expert, Zaynab Rasheed, MD has eight ways to spring into good health by partnering with primary care in Dade City this season.

1. Feel your best all season with a wellness exam  
As your go-to physician, your PCP knows you better than any other provider. They're familiar with your baseline health measures and can quickly determine when something isn't right. If you need treatment, they can give you prescriptions and referrals.

Dr. Rasheed explains, "Because we're able to get to know you, we also know your personal health goals, medical history and preferences so we can tailor your treatment to the unique individual that you are — inside and out."

If you don't have a PCP that you visit regularly, you aren't getting the regular health screenings you need to avoid potentially serious illnesses like high blood pressure, diabetes, heart problems and cancer. Your PCP is your personal source for preventive medical care. You can rest assured you'll receive the consistent, coordinated care you deserve. And in most cases, your out-of-pocket cost to visit their office is much lower than a trip to an ER or urgent care clinic.

2. Get moving  
Springtime is a great time to get outside and

get moving. You can walk, jog, run, swim or casually practice your favorite sport like basketball or kicking around a soccer ball. Whatever you do for your activity, make it a quick enough pace that you can't quite hold a conversation. Ideally, do it every day for 30 minutes.

According to Dr. Rasheed, getting started is simple. She says, "You can walk in one direction for 15 minutes, and then walk back. You won't believe how much better you'll feel by adding movement to each day and getting fresh air as much as you can while spring is in the air."

3. Eat a healthy diet  
Your primary care provider can also help guide your nutrition choices based on your needs. Dietary recommendations vary widely based on each individual's health, disease, allergies and preferences. Get your primary care provider's recommendations after your physical. If you need to lose weight, prepare healthy meals in advance so that you're not tempted to eat out or grab quick, processed food.

"Try adding fruits and vegetables to your recipes that are in season in the spring. Make sure you're getting five servings of fruits and vegetables a day for optimal health," encourages Dr. Rasheed.

Here are some tasty and nutritious options: avocados; artichokes; arugula; asparagus; berries; cabbage; carrots; fennel; mangoes; peas; and spinach.

4. Stay hydrated  
Good hydration is key to preserving health and wellness for a number of reasons. It helps you digest food and burn fat by making sure your kidneys and liver are functioning optimally. Sometimes dehydration can even feel like hunger. Staying hydrated helps keep you from overindulging.

Dr. Rasheed advises that water should make up the majority of what you drink. "Drink lots of it, especially as the weather heats up the deeper we get into spring and start to approach summer. Challenge yourself to drink 64 ounces of water a day for a week. Then, check in with how you feel," she says.

5. Get the best rest  
Even with our busy schedules, it's important to remember that rest isn't a luxury. It's a need, and without it, it's hard to function and stay well. Rest includes getting enough sleep — seven to eight hours per night — but it also means taking some time to quiet down during the day. Most people focus on rest for the body, but it's really important to rest your mind and spirit too.

Some restful ideas from Dr. Rasheed include, "taking a mini-mental breaks to meditate, pray or do something that relaxes you, like listening to music or doing a crossword puzzle. 15-minute naps can do a world of good as well."

If you're having trouble sleeping, or you sleep but still wake up tired, be sure to let your primary care provider know. Together, you can get to the bottom of what's keeping you from getting the rest you need.

6. Nurture your mental and emotional health  
If you want to improve your health, take some time to tend to your emotional and mental health. Developing healthy habits is key to not only better physical health, but mental health too. All the tips mentioned above are also just as good for your mental health. If you're showing signs of anxiety or depression, your primary care provider will likely recommend physical activity, a balanced diet, drinking enough water and getting proper rest.

Spring brings a renewed sense of hope with warmer weather, increased daylight and the joy that nature brings. "Getting out in nature is also good for your mental health. Find a green space at a local park, let the sun warm your skin, and just breathe," Dr. Rasheed said.

7. Practice spring sun safety  
According to the Centers for Disease Control and Prevention (CDC), spending time outside is a great way to get physical activity, reduce stress and get vitamin D. You can work and play outside without raising your skin cancer risk by protecting your skin from the sun.

Most skin cancers are caused by too much exposure to ultraviolet (UV) light. UV rays are an invisible kind of radiation that comes from the sun, tanning beds and sunlamps. They can damage skin cells.

Dr. Rasheed explains, "Protection from UV rays is important all year, not just during the spring and summer. They can reach you on cloudy and cool days, and they reflect off of surfaces like water, cement, sand and snow. In the United States, UV rays are typically strongest between 10 a.m. and 4 p.m."

The providers agree you can protect yourself from the sun while still enjoying the outdoors by taking advantage of shade, beach cover-ups, hats, sunglasses and sunscreen with an SPF of 15 or higher.

8. Follow these spring allergy tips  
With spring being such a beautiful time of year, it seems unfair that allergy sufferers are often feeling at their worst with their condition when everything is in bloom. Here are a few tips so that you can better enjoy the spring season.

Avoid being outdoors on windy days, especially mid-morning to mid-afternoon, when pollen counts are often highest.

Have non-allergic family members or others do the cleaning. Try to be out of the house during all cleaning, especially during carpet cleaning.

Keep car and home windows and doors closed.

Shower, wash your hair and change your clothing after coming in from outside.

Use over-the-counter antihistamines as needed.

When cleaning, use caution with household cleaning products. Make sure the area to be cleaned is well ventilated.

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Left: Offensive and defensive players take turns lining up in a blocking drill during a recent practice.

Below: A pass goes too far while a receiver runs a pass pattern and a defensive back stays close in coverage.



Above: Wide receivers took on defensive backs in a passing drill.

Right: Zephyrhills football players take a water break.



Left: Running backs take their turns running through tackling dummies with assistant coach Raleigh Allen lining up as a defender.

SUSAN SLATER

► ZHS FOOTBALL: From Page 1

Zephyrhills is coming off its best season in school history, having advanced to the region finals for the first time ever. The Bulldogs wound up losing that game to Lake Wales but could take solace in making the playoffs for the eighth time in nine seasons.

"I'm very proud of it," Carroll said of that impressive postseason run. "It comes back to hard work. I think our brand is establishing that being a Zephyrhills Bulldog is something unique. It's hard-working, blue collar."

While the team lost its share of seniors there are plenty of key players returning for what is likely to be yet another playoff run.

Quarterback Brendyn Colella, who will be a senior, led the team in his first year after transferring from Wiregrass Ranch. He passed for a Pasco County-record eight touchdowns in a region quarterfinal win over Gulf.

Other key players are receiver/defensive back D.J. Pickett, who is being recruited from some Division I schools, Jakobe Campbell, Fred Maxiner, Rodney Smith and J.J. McGovern.

For those players and the entire group to

lead Zephyrhills to another stellar season, progress during the spring session is imperative.

"We've got to be the best coaches," Carroll said of the coaching staff, adding, "We've got to see significant change."

Meanwhile, there is a cultural shift under way at neighboring Pasco. The Pirates, Zephyrhills' longtime rivals in the 9-Mile War, not long ago had eight consecutive playoff appearances, an impressive run that included two region finals and one state semifinal under former coach Tom McHugh, who now is a Zephyrhills assistant.

In recent years, however, the Pirates have fallen on hard times with several losing seasons. That downtrodden period seems to be over with Pasco's resurgence leading to a playoff berth last year under new coach Alphonso Freeney.

"It's awesome to have your rival to where those games mean more," said Carroll, who has either played or coached in a dozen 9-Mile War games.

This year, Pasco coaches, players and fans alike are banking on a continuation of that turnaround and building a stronger program for the future.



Above: Players take a break during a heated practice at Bulldog Stadium.



Right: The offensive unit comes out of a huddle to run a play at the line of scrimmage.



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813-395-0244  
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every other Saturday 8:30am-3pm







Left: ESPN/MLB Baseball Network analyst Xavier Scruggs encourages the graduates to use their new talents and help others.



Right: Morning commencement speaker, Richard Gonzmart, fourth-generation “caretaker” of the 1905 Family of Restaurants based in Tampa, shared insight with the graduates.

PHOTOS BY SAINT LEO UNIVERSITY



Right: Courtney Irby had a little help as she walked across the stage at the Florida State Fairgrounds to receive her Master of Education degree in educational leadership thanks to her daughter, 16-month-old Maclani Rae Collins. They are shown with Saint Leo University President Ed Dadez.



Right: The afternoon commencement ceremony included adult learners from Saint Leo's education centers and online as well as graduate students from the College of Business, College of Arts & Sciences, and School of Computing, Artificial Intelligence, Robotics, and Data Science.

► **SAINT LEO UNIVERSITY:** *From Page 1*

Gonzmart shared his struggles in school as he reordered letters, making reading difficult. As a running back for his high school football team, "I transposed my numbers," he said. "I didn't know whether to go this way or that way."

He was diagnosed with dyslexia and attention deficit disorder at 43, which gave him an understanding of how the thinks.

"I have a gift. I think differently. If someone says something can't be done, I say, 'watch me,'" Gonzmart said to cheers from the crowd.

When his father died, Gonzmart said that he was not prepared to take over the family business and found that the company owed \$278,000 sales tax. He worked with vendors and

others as he paid the debt. "I give you my word and my handshake," he said.

Through his hard work and diligence, the company grew to 2,000 employees. When the COVID-19 pandemic hit, "We served 9,000 meals to our staff and their families," Gonzmart said. "Take care of your employees. Who am I without them?"

Gonzmart said that every morning to keep himself focused, he reads a favorite quote written by George Bernard Shaw: "Life is no brief candle to me. It's a sort of splendid torch I have hold for the moment; I want to burn as brightly before handing it off to future generations."

"Congratulations, graduates — Be proud and wear your faith on your sleeve," Gonzmart said. "And as I say daily: 'Here's to life and embracing each day with gratitude, passion, compassion, empathy, integrity, love, kindness,

faith, and purpose!"

Earning top honors for the undergraduate Class of 2023 are valedictorian Angelica Molina Arboleda and salutatorian Maria Nakata. Molina Arboleda, a native of Colombia, was an Honors Program student, and graduated summa cum laude with a Bachelor of Arts in international studies and a minor in world politics. She now will attend the Syracuse University Maxwell School of Citizenship and Public Affairs to pursue a dual master's degree in public administration and international relations.

Nakata graduated summa cum laude with a Bachelor of Arts in criminal justice: criminalistics. In the fall, she will continue her education at the University of Florida, pursuing a Master of Science in pharmacy with a major in pharmaceutical sciences and a concentration in forensic science.

Courtney Irby had a little help as she walked across the stage at the Florida State Fairgrounds to receive her Master of Education degree in educational leadership, thanks to her daughter, 16-month-old Maelani Rae Collins, who accompanied her.

"I wanted to teach my daughter that no matter what, when life gets tough, to push through, and do the best you can," Irby said. "Life is not a straight path; there are setbacks and failures, but if you can fall on your back and look up, then you can get up."

Irby, the first in her family to earn bachelor's and master's degrees, said she and her sister were in the foster care system and later adopted, but did not have great childhoods. Having a biological child wasn't in her plans, but she met her fiancé, Cornelius, a single dad to a toddler daughter, Jizelle. "I loved her, and she loved me; she made me a mom first," Irby said.

Soon she found out she was pregnant. "My first thought was to drop out of school," Irby said. It took a toll on me being a full-time stu-

dent, a full-time teacher, a mom, and commuting two hours to day cares for both kids and back home every day, all while breastfeeding and managing my emotions." But she didn't quit, even when her fiancé had to go to New York for work.

Irby was surrounded by love and help from family and those at Solid Rock Community School in Tarpon Springs, where she teaches high school math. "With my new degree, I hope to work alongside the principal, Mickey Maioriana, at Solid Rock," Irby said.

She also gave praise to Dr. Renee Sedlack, assistant professor of educational leadership: "She has been my biggest cheerleader and has always had my best interests at heart."

During the afternoon commencement ceremony, receiving their degrees were Saint Leo WorldWide online and Florida education center students; College of Arts and Sciences graduate students — master's degrees in creative writing, psychology, and theology; Tapia College of Business graduate students — doctoral degrees in business administration and master's degrees in accounting and business administration; and, School of Computing, Artificial Intelligence, Robotics, and Data Science graduate students — master's degrees in computer science and cybersecurity.

Former Major League Baseball player and current ESPN/MLB Network analyst Xavier Scruggs gave the commencement address. Scruggs was drafted by the St. Louis Cardinals in 2008 and made his MLB debut with the team in 2014. Following his time with the Cardinals, Scruggs played for the Miami Marlins (FL) and in the Korean Baseball Organization, where he hit 61 home runs and had 208 RBIs.

Now, Scruggs serves as one of ESPN's top MLB game analysts, regularly contributing to Baseball Tonight, Monday Night Baseball, Wednesday Night Baseball, and more. He is

passionate about empowering athletes and creators as they transition to life after sports.

Scruggs acknowledged that most at the afternoon ceremony already are working in the professional world, but now the must "utilize your new talents."

"There is no true fulfillment without using your own God-given gifts and talents to help others," Scruggs said. "That is a priority for all of us."

Scruggs quoted the baseball great Jackie Robinson, "A life is not important except in the impact it has on other lives."

"To me that sounds like a privilege and a responsibility for all of us," he said.

And, of course, the baseball analyst summed it up for the graduates with a baseball reference: "Swing for the fences," Scruggs said. "Don't be afraid to take chances and risks for new opportunities."

Dr. Edward Dadez, university president, challenged the newly graduated to do more and be more. "Every graduate of the Class of 2023 is expected to follow the lead of over 100,000 Saint Leo alumni worldwide who preceded you by not only doing well, but also by doing good, as well as remaining faithful to the enduring values you learned here," he said, listing the university's core values of personal development, respect, integrity, community, excellence, and responsible stewardship.

"You truly appreciate the value of what you learned, the degree that you earned, and the university from which you graduate today," Dadez continued. "My sincere congratulations to our graduates to their families and friends and faculty and staff for helping to make this celebration possible. We salute you for your accomplishment."

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# COLORING CONTEST

## WINNERS WILL RECEIVE A SURPRISE

- 1. Contest open to children ages 4-12, except for immediate family of employees of this newspaper.
- 2. Crayons, markers, or pencils may be used. An adult or older child may assist the child in filling out the entry form, but not in coloring the entry. Only one entry per child.
- 3. Entries must be received by 5 p.m. on Monday, July 10, 2023.
- 4. Entries become property of this newspaper and may be used for any purpose, including (but not limited to) publishing any or all of them in a future issue.

YOUR NAME

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CITY

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Mail entry to:  
Zephyrhills News  
38333 5th Ave.  
Zephyrhills, FL 33542



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**PRE-ONLINE REGISTRATION REQUIRED:**  
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[www.ci.zephyrhills.fl.us/225/Summer-Recreation-Information](http://www.ci.zephyrhills.fl.us/225/Summer-Recreation-Information)

#### ELIGIBILITY FOR SWIMMING-RELATED ACTIVITIES:

An East Pasco Family YMCA Swimming Release Form must be completed. The form can be downloaded, filled out and uploaded on the City's online Summer Rec Registration system.

**For more information and questions, please e-mail [pio@ci.zephyrhills.fl.us](mailto:pio@ci.zephyrhills.fl.us)**

\*There is limited space for designated art and tennis activities. The City of Zephyrhills reserves the right to limit participants as deemed necessary.



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\*\*IRA CD must be opened in person and cannot be opened online.





## CRIME REPORTS

### Tampering with evidence

A 57-year-old Zephyrhills woman was arrested April 4 at Skydive City Zephyrhills, 4241 Sky Dive Lane after she allegedly directed staff to alter and remove an injured parachutist's parachute rig, canopy, and possibly other items, which impaired and delayed an investigation.

Arrested was Laura Lee Clark of 4241 Sky Dive Lane. Clark was processed by Zephyrhills Police Department.

### Tampering with evidence

A 58-year-old Springfield, MA. man was arrested April 4 at Skydive City Zephyrhills, 4241 Sky Dive Lane after he allegedly altered and removed a Go Pro and possibly other items of an injured parachutist, which impaired and delayed an investigation.

Arrested was Keith Alan Thivie of 4241 Sky Dive Lane. Thivie was processed by Zephyrhills Police Department.

### Retail theft

A 36-year-old Orange City woman was arrested April 8 at Walmart, 7631 Gall Blvd., after she allegedly took five items valued at \$186.14.

Arrested was Robin Marie Hansen of 1581 16th St. Hansen was processed by Zephyrhills Police Department and given a notice to appear.

### Aggravated assault

A 61-year-old Zephyrhills woman was arrested April 10 at her home after she allegedly enter a vehicle and struck a woman

in the face multiple times. She grabbed a firearm from her husband's waistband, pointed it at the woman and threatened to shoot her.

Arrested was Lisa Antonelli Carey of 39551 Clamanda Ave. Carey was processed by Zephyrhills Police Department and transported to the Pasco County Jail.

### Retail theft

A 44-year-old Lakeland man was arrested April 11 at Walmart, 7631 Gall Blvd. after he allegedly failing to scan seven items valued at \$875.44.

Arrested was Lekenta Kenyon Porter of 540 W 8th St. Porter was processed by the Zephyrhills Police Department and transported to the Pasco County Jail.

### Criminal mischief

A 42-year-old Zephyrhills man was arrested April 12 at 15th Avenue and 9th Street after he allegedly shattered the window of Marion Smith Florist, 5904 7th St. causing \$500 in damage.

Arrested was Aaron Mitchell Ballard of 38245 15th Ave. Ballard was processed by Zephyrhills Police Department and transported to the Pasco County Jail.

### Domestic Battery

A 39-year-old Zephyrhills man was arrested April 12 at his home after he allegedly threw a metal cup at his wife's head.

Arrested was Jose Luiz Muniz of 5912 12th St. Muniz was processed by Zephyrhills Police Department and transported to the Pasco County Jail.

### Active warrants

A 48-year-old Zephyrhills woman was arrested April 13 at 38225 12th Ave. after a suspicious vehicle call allegedly revealed warrants out of Pasco County for violation of probation on a petit theft charge and violation of probation on a burglary charge.

Arrested was Kimberly Denise Dotson of 38044 6th Ave. Dotson was processed by Zephyrhills Police Department and transported to the Pasco County Jail.

### Active warrant

A 51-year-old Zephyrhills man was arrested April 13 at Wawa, 6450 Gall Blvd. after a vehicle accident allegedly revealed a warrant out of Pasco County for a failure to appear on an animal running at large charge.

Arrested was Cepeda Jose Enrique Del Orbe of 39248 Redhill Dr.

Del Orbe was processed by Zephyrhills Police Department and transported to the Pasco County Jail.

### Fraudulent use of a credit card

A 26-year-old Dade City woman was arrested April 14 at the Zephyrhills Police Dept., 6118 8th St. after she allegedly used a credit card belonging to Lightning Steel, Inc., 40125 Chancey Rd. from November 2022 to April 2023, without permission to pay personal bills and purchase items valued at \$18,884.48.

Arrested was Emily Rose

Vandeberg of 37414 Carter Ave.

Vandeberg was processed by Zephyrhills Police Department and transported to the Pasco County Jail.

### Active warrant

A 59-year-old Zephyrhills man was arrested April 14 at Planet Fitness, 7910 Gall Blvd. after a trespass incident allegedly revealed a warrant out of Pasco County for a violation of probation on a petit theft charge.

Arrested was David Wayne Lowrey of 6436 12th St. Lowrey was processed by Zephyrhills Police Department and transported to the Pasco County Jail.

### Aggravated assault

A 49-year-old Zephyrhills woman was arrested April 15 at her home after she allegedly pointed a firearm at her boyfriend. Arrested was Rhonda Jean Hood of 4755 20th St. Hood was processed by Zephyrhills Police Department and transported to the Pasco County Jail.

### Domestic battery

A 23-year-old Zephyrhills man was arrested April 17 at his home after he allegedly slapped a man in the face and threatened to kill him.

Arrested was Preston Alexander Ferree of 37810 15th Ave. Ferree was processed by Zephyrhills Police Department and transported to the Pasco County Jail.

### Retail theft

A 40-year-old Sarasota man was arrested April 17 at Walmart, 7631 Gall Blvd. after he allegedly took 14 items valued at \$301.40. A check allegedly revealed a prior conviction for theft on May 23, 2005.

Arrested was Nicholas Ryan Negron; no address listed. Negron was processed by Zephyrhills Police Department and transported to the Pasco County Jail.

### Trafficking methamphetamine

A 51-year-old Zephyrhills man was arrested April 18 at Court Street and Wisteria Drive after a traffic stop, for a speed violation, allegedly revealed 116.5 grams of methamphetamine. Arrested was Steven Eugene Griffis of 5423 8th St. Griffis was processed by Zephyrhills Police Department, taken to AdventHealth Zephyrhills for medical clearance and transported to the Pasco County Jail.

### Possession of methamphetamine

A 46-year-old Zephyrhills man was arrested April 18 at Court Street and Wisteria Drive after a traffic stop, for a speed violation, allegedly revealed 2.2 grams of methamphetamine and a hydromorphone hydrochloride pill.

Arrested was Ronald Gene Rademacher of 35036 Sateen Dr. Rademacher was processed by Zephyrhills Police Department and transported to the Pasco County Jail.

### Grand theft auto

A 29-year-old Zephyrhills man was arrested April 21 at his home after he allegedly took a vehicle without permission. Arrested was Samuel Avery Cook of 38643 Rose Lane. Cook was processed by Zephyrhills Police Department and transported to the Pasco County Jail.

### Domestic battery

A 46-year-old Zephyrhills man was arrested April 21 at his home after he allegedly grabbed a woman's arm and placed it behind her back, as if he was going to break it.

Arrested was Pablo Andres Granados-Botia of 7768 1Broad Point Dr. Granados-Botia was processed by Zephyrhills Police Department.

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## LEGALS

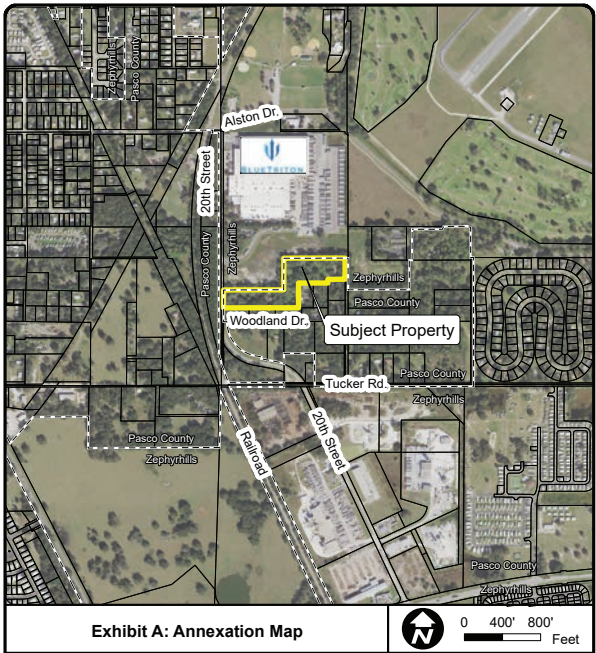
### NOTICE

THE CITY COUNCIL OF THE CITY OF ZEPHYRHILLS, FLORIDA WILL CONDUCT A PUBLIC HEARING ON THE FOLLOWING:

#### ORDINANCE NO. 1458-23

AN ORDINANCE OF THE CITY OF ZEPHYRHILLS, FLORIDA ANNEXING ADDITIONAL TERRITORY TO BE INCLUDED WITHIN THE BOUNDARIES OF SAID CITY DESCRIBED AS PARCEL NUMBER 13-26-21-0110-00000-0010 LOCATED AT 4211 AND 4210 BREEZEWOOD DRIVE; 4210 AND 4211 CAMPHORWOOD LANE; 39101 AND 39119 WOODLAND DRIVE, ZEPHYRHILLS FLORIDA 33542 IN ACCORDANCE WITH SECTION 171.044, FLORIDA STATUTES, AS AMENDED.

The public hearing will be held on May 8, 2023 at 6:00 p.m. in Robert H. Johnson Council Chambers, City Hall, 5335 8th Street, Zephyrhills, Florida. The full text of the ordinance is posted in City Hall and may be inspected by the public from 8:00 a.m. to 5:00 p.m. weekdays. All interested parties may appear at the meeting and may be heard with respect to the proposed ordinance or may submit written comments to City Council, 5335 8th Street, Zephyrhills, FL 33542.



**\* PLEASE NOTE:** This is a Public Meeting. Should any interested party seek to appeal any decision made by the Council with respect to any matter considered at such meeting or hearing, he or she will need a record of the proceedings, and that, for such purpose, he or she may need to ensure that a verbatim record of the proceeding is made, which record includes the testimony and evidence upon which the appeal is to be based. F.S. 286.0105. If you are a person with a disability which requires reasonable accommodation in order to participate in this meeting, please contact the City Clerk at 813/780-0000 at least 48 hours prior to the public hearing. A.D.A. and F.S. 286.26. 286.0105

Published May 18, 2023

### NOTICE

THE CITY COUNCIL OF THE CITY OF ZEPHYRHILLS, FLORIDA WILL CONDUCT A PUBLIC HEARING ON THE FOLLOWING:

#### ORDINANCE NO. 1459-23

AN ORDINANCE OF THE CITY OF ZEPHYRHILLS, FLORIDA PROPOSING AN AMENDMENT TO THE CITY'S COMPREHENSIVE PLAN, PROVIDING FOR A SMALL-SCALE COMPREHENSIVE PLAN AMENDMENT TO THE FUTURE LAND USE MAP CHANGING FROM COUNTY RES-3 (THREE RESIDENTIAL DWELLING UNITS PER ACRE) TO CITY I (INDUSTRIAL) AND THE ZONING DESIGNATION FROM COUNTY R-1 TO CITY LI (LIGHT INDUSTRIAL) FOR APPROXIMATELY 7.640 ACRES OF REAL PROPERTY HAVING PARCEL NUMBER 13-26-21-0110-00000-0010; PROVIDING FOR CODIFICATION, SEVERABILITY AND AN EFFECTIVE DATE.

The public hearing will be held on May 8, 2023 at 6:00 p.m. in Robert H. Johnson Council Chambers, City Hall, 5335 8th Street, Zephyrhills, Florida. The full text of the ordinance is posted in City Hall and may be inspected by the public from 8:00 a.m. to 5:00 p.m. weekdays. All interested parties may appear at the meeting and may be heard with respect to the proposed ordinance or may submit written comments to City Council, 5335 8th Street, Zephyrhills, FL 33542.

**\* PLEASE NOTE:** This is a Public Meeting. Should any interested party seek to appeal any decision made by the Council with respect to any matter considered at such meeting or hearing, he or she will need a record of the proceedings, and that, for such purpose, he or she may need to ensure that a verbatim record of the proceeding is made, which record includes the testimony and evidence upon which the appeal is to be based. F.S. 286.0105. If you are a person with a disability which requires reasonable accommodation in order to participate in this meeting, please contact the City Clerk at 813/780-0000 at least 48 hours prior to the public hearing. A.D.A. and F.S. 286.26. 286.0105

Published May 18, 2023

## LEGALS

#### NOTICE OF PUBLIC SALE

BUDDY FOSTER COLLISION & TOWING CENTER INC. gives notice that on June 5, 2023 at 8:00 AM the following vehicle(s) may be sold by public sale at 4850 SEABERG RD. ZEPHYRHILLS, FL 33541 to satisfy the lien for the amount owed on each vehicle for any recovery, towing, or storage services charges and administrative fees allowed pursuant to Florida statute 713.78. 1FDRE141.23HA77487 2003 FORD This notification is published in Zephyrhills News on May 18, 2023.

#### NOTICE OF PUBLIC SALE

BUDDY FOSTER COLLISION & TOWING CENTER INC. gives notice that on June 28, 2023 at 8:00 AM the following vehicle(s) may be sold by public sale at 4850 SEABERG RD. ZEPHYRHILLS, FL 33541 to satisfy the lien for the amount owed on each vehicle for any recovery, towing, or storage services charges and administrative fees allowed pursuant to Florida statute 713.78. 1FMCU0BZZMU0A00394 2001 FORD This notification is published in Zephyrhills News on May 18, 2023.

#### NOTICE OF PUBLIC SALE

BUDDY FOSTER COLLISION & TOWING CENTER INC. gives notice that on June 13, 2023 at 8:00 AM the following vehicle(s) may be sold by public sale at 4850 SEABERG RD. ZEPHYRHILLS, FL 33541 to satisfy the lien for the amount owed on each vehicle for any recovery, towing, or storage services charges and administrative fees allowed pursuant to Florida statute 713.78. ZACNJBAB2LPL22939 2020 JEEP This notification is published in Zephyrhills News on May 18, 2023.

#### NOTICE OF PUBLIC SALE

BUDDY FOSTER COL-

#### LISION & TOWING

INC. gives notice that on June 5, 2023 at 8:00 AM the following vehicle(s) may be sold by public sale at 4850 SEABERG RD. ZEPHYRHILLS, FL 33541 to satisfy the lien for the amount owed on each vehicle for any recovery, towing, or storage services charges and administrative fees allowed pursuant to Florida statute 713.78. 3HGCK5H41LM711903 2020 HOND This notification is published in Zephyrhills News on May 18, 2023.

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BUDDY FOSTER COLLISION & TOWING CENTER INC. gives notice that on June 28, 2023 at 8:00 AM the following vehicle(s) may be sold by public sale at 4850 SEABERG RD. ZEPHYRHILLS, FL 33541 to satisfy the lien for the amount owed on each vehicle for any recovery, towing, or storage services charges and administrative fees allowed pursuant to Florida statute 713.78. 1FMCU0BZZMU0A00394 2001 FORD This notification is published in Zephyrhills News on May 18, 2023.

#### NOTICE OF PUBLIC SALE

BUDDY FOSTER COLLISION & TOWING CENTER INC. gives notice that on June 13, 2023 at 8:00 AM the following vehicle(s) may be sold by public sale at 4850 SEABERG RD. ZEPHYRHILLS, FL 33541 to satisfy the lien for the amount owed on each vehicle for any recovery, towing, or storage services charges and administrative fees allowed pursuant to Florida statute 713.78. 1GCRCPC7E2318436 2014 CHEV This notification is published in Zephyrhills News on May 18, 2023.

#### NOTICE OF PUBLIC SALE

BUDDY FOSTER COLLISION & TOWING CENTER INC. gives notice that on June 14,

2023 at 8:00 AM the following vehicle(s) may be sold by public sale at 4850 SEABERG RD. ZEPHYRHILLS, FL 33541 to satisfy the lien for the amount owed on each vehicle for any recovery, towing, or storage services charges and administrative fees allowed pursuant to Florida statute 713.78. 3HGCK5H41LM711903 2020 HOND This notification is published in Zephyrhills News on May 18, 2023.

#### NOTICE UNDER FICTITIOUS NAME LAW PURSUANT TO SECTION 865.09, FLORIDA STATUTES

NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage in business under the fictitious name of MYURGENTCARE located at 8763 River Crossing Blvd in the County of Pasco in the City of New Port Richey, Florida 34655 intends to register the said name with the Division of Corporations of the Florida Department of State, Tallahassee, Florida. Dated at New Port Richey, Florida, this 11th day of May, 2023. ALL AMERICAN URGENT CARE, LLC Published: May 18, 2023

#### NOTICE UNDER FICTITIOUS NAME LAW PURSUANT TO SECTION 865.09, FLORIDA STATUTES

NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage in business under the fictitious name of WIZEST WIZARD WRITING AND REVISIONS : located at 2646 Players Cir Apt 2 in the County of Pasco in the City of Lutz, Florida 33559-8533 intends to register the said name with the Division of Corporations of the Florida Department of State, Tallahassee, Florida. Dated at Lutz, Florida, this 11th day of May, 2023. PRINCIPATO ALESSANDRO L Published: May 18, 2023

#### NOTICE UNDER FICTITIOUS NAME LAW PURSUANT TO SECTION 865.09, FLORIDA STATUTES

NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage in business under the fictitious name of FLECK FINDERS : located at 11825 Orange Ct in the County of Pasco in the City of Dade City, Florida 33525-8447 intends to register the said name with the Division of Corporations of the Florida Department of State, Tallahassee, Florida. Dated at Dade City, Florida, this 11th day of May, 2023. FLECK DANA LOUISE Published: May 18, 2023

FLORIDA STATUTES NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage in business under the fictitious name of ADREAN BEAUTY : located at 8001 Augusta Blvd in the County of Pasco in the City of Hudson, Florida 34667-4026 intends to register the said name with the Division of Corporations of the Florida Department of State, Tallahassee, Florida. Dated at Hudson, Florida, this 11th day of May, 2023. CARRILLO ADRENA BRIANNA Published: May 18, 2023

#### NOTICE UNDER FICTITIOUS NAME LAW PURSUANT TO SECTION 865.09, FLORIDA STATUTES

NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage in business under the fictitious name of HUDSON BAR AND GRILL : located at 9821 Denton Ave in the County of Pasco in the City of Hudson, Florida 34667 intends to register the said name with the Division of Corporations of the Florida Department of State, Tallahassee, Florida. Dated at Hudson, Florida, this 11th day of May, 2023. ROMI RIPA LLC Published: May 18, 2023

#### NOTICE UNDER FICTITIOUS NAME LAW PURSUANT TO SECTION 865.09, FLORIDA STATUTES

NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage in business under the fictitious name of FLECK FINDERS : located at 11825 Orange Ct in the County of Pasco in the City of Dade City, Florida 33525-8447 intends to register the said name with the Division of Corporations of the Florida Department of State, Tallahassee, Florida. Dated at Dade City, Florida, this 11th day of May, 2023. FLECK DANA LOUISE Published: May 18, 2023

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