



ZEPHYRHILLS SPORTS

November 5, 2020

Defense sparks host Bulldogs to 26-0 shutout of Hawthorne



The Zephyrhills football team charges out onto Tom Fisher Field at Bulldog Stadium for the game against Hawthorne.

STEVE LEE

Zephyrhills heads into the 9-Mile War against arch-rival Pasco with five consecutive victories

By STEVE LEE
Sports Reporter

Week after week, Zephyrhills keeps proving that it is a much better football team than the one that got off to a dubious 0-2 start. The host Bulldogs made it five wins in a row last Friday night with a 26-0 shutout of Hawthorne from Alachua County.

For the Bulldogs, it marked their third shutout of the season as they improved to 5-2. Zephyrhills next plays in Dade City in the 9-Mile War game against arch-rival Pasco this Friday.

"There's no better feeling than to have a goose egg up there," coach Nick Carroll said, alluding to the scoreboard with a 0 on the visitors side. "That was important, us getting that fifth win to go to

Dade City."

Zephyrhills led 6-0 midway through the third quarter, before extending that by adding 20 points the rest of the way. The Bulldogs kept the Hornets off the scoreboard with a tough defense that forced four turnovers and came up with three key stops on fourth-down plays.

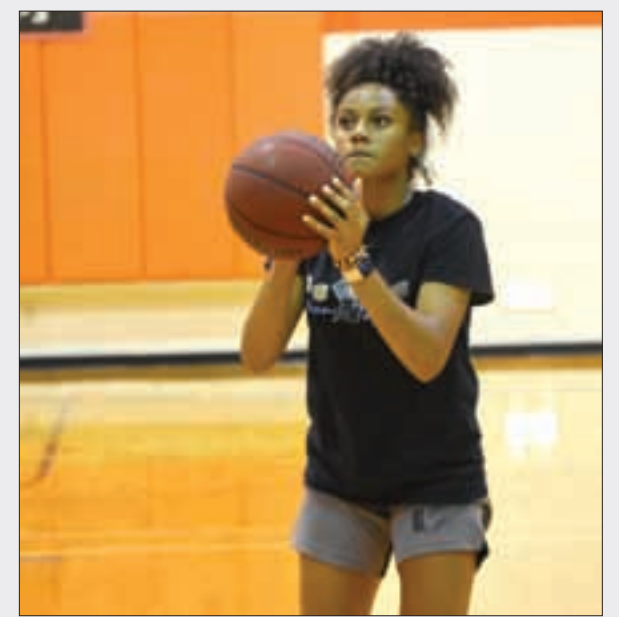
"In playoff football, we're not going to score every time," said defensive coordinator Matt Jackson, a 2007 Pasco graduate. "We've got to learn to stop people on fourth down, and to bend but not break."

"There were some hard hits tonight," Carroll added.

The hard-hitting Zephyrhills defense forced four turnovers with Larence Graham and Tre Gallimore each intercepting passes from Hawthorne quarterback Chaz Mackey. Nick Sheldon and Theotis Smith added fumble recoveries.

Graham returned his interception 73 yards, which came on Hawthorne's opening possession and stopped a long eight-play drive. That set up Zyre Roundtree's 13-yard touchdown run for the only score of the first half.

➤ ZHS FOOTBALL: See Pages 4B & 5B



Maya Llanes, one of the Bulldogs' key returners, lines up a free throw during a recent practice.

STEVE LEE

Playoffs or bust for Bulldogs

Zephyrhills girls basketball team raises bar with goal of winning a district championship at home this season

By STEVE LEE
Sports Reporter

The Zephyrhills girls basketball team came so close to making the playoffs last year. This season, the bar has been set a bit higher with the ultimate goal of winning a district championship and making a deep playoff run.

"Absolutely, as well it should be," Zephyrhills coach Chris Smith said of the players' mindset. "There's no reason we can't win 20 games this year. When I took this over I felt we should win the district in three years and that's what we're going to do this year. I can tell from the intensity at practice that the bar has been raised."

Smith, who enters his third season, coached the Bulldogs to a 10-10 record in the 2018-19 season. That marked the first .500 season for Zephyrhills, which posted losing records for more than a decade before that.

Last season was even better with Zephyrhills going 18-8. Bolstered by a seven-game winning streak at the end of the regular season, the team's lofty expectations were dashed with a first-round loss to River Ridge in the Class 5A, District 6 tournament. The Bulldogs were the No. 1 seed in that tourney, which was eventually won by the Royal Knights.

➤ BASKETBALL: See Page 8B

Zephyrhills, Cypress Creek advance runners to regionals

Both east Pasco squads had big days at the Sand Hill Scout Reservation in Brooksville

By ANDY WARRENER
Sports Reporter

Two programs coming out of non-existence and obscurity made their respective marks last Thursday in Brooksville. Four years ago, the Cypress Creek Cross Country Team and the school, for that matter, didn't even exist. About that same time ago, the Zephyrhills Cross Country Team was almost as non-existent, being a tiny team that endeavored merely to not come in last in a meet.

Times have changed. Cypress Creek under the tutelage of coach John Hoffman and Zephyrhills under recently-departed James Kretschmar and current coach Vinny Baez have surged out of obscurity and into the spotlight.

Last season was Zephyrhills' peak as a team when they qualified the whole boys team and some individual female runners to regionals. The Bulldogs don't have the depth they had last season but they have a pair of up and coming runners, who also happen to be siblings, that have put and will keep the Bulldogs on the map.

Junior Madison Poe and freshman William Poe have the Bulldogs looking positively at the present and future. Both runners punched through the district meet in Brooksville at the Sand Hill Scout Reservation and will compete at regionals on the same course this Friday morning, with a chance to make

➤ CROSS COUNTRY: See Page 10B



With starting pistol smoke still in the air, the pace bike leads the boys race off the starting line.

ANDY WARRENER



INJURED?

—Call—

Hudgins Law Firm

813-788-5534

HudginsLawFirm.net





Wealth of Health



AdventHealth brings more convenient care options to Hillsborough and Pasco Counties

The health care system is adding two new Express Care at Walgreens locations for quick, accessible care for consumers

AdventHealth opened two new AdventHealth Express Care at Walgreens locations at 9202 N. 56th St., Temple Terrace and 28115 Wesley Chapel Blvd., Wesley Chapel, on Nov. 1. With these additional facilities, the retail health clinic and pharmacy collaboration now delivers coordinated care and provides greater access to patients at 15 locations across the Tampa Bay area. All AdventHealth Express Care at Walgreens locations also provide rapid COVID-19 testing.

"We are excited to continue our collaboration with Walgreens, one of the nation's largest drugstore chains, and create more health care solutions that make it easy for our community to get the right kind of care when they need it," said Mike Schultz, president and CEO, AdventHealth West Florida Division. "We look forward to adding more locations in the future as part of our commitment to building a connected network of care in the areas we serve."

Clinical services at AdventHealth Express Care at Walgreens locations are managed by clinicians from AdventHealth Medical Group. AdventHealth Express Care at Walgreens operate seven days a week, including evenings, giving patients the option to access a variety of health care services without an appointment. Patients can walk in or schedule appointments online at AHExpressCare.com.



AdventHealth Dade City and Zephyrhills host virtual health talks

Tune into AdventHealth Dade City and Zephyrhills' Facebook pages each week to watch a variety free health talks

AdventHealth Dade City and Zephyrhills have transitioned their Healthy Happenings health talks to an online platform. The free health talks will be broadcast on AdventHealth Dade City and Zephyrhills' Facebook pages.

Physicians will speak on a variety of topics, including urinary incontinence, foot pain and joint replacement. Registration is recommended. People who register for a virtual

health talk will receive an exclusive coupon to the AdventHealth Wellness Center Zephyrhills.

November health talks are: Secrets to Complete Control: Urinary Incontinence, with guest speaker, John Ferlita, MD, board-certified in obstetrics and gynecology specializing in urogynecology, Nov. 10, 12 p.m.

Treatment Options for Foot and Ankle Pain, with guest speaker, Sean Lannon, MD, board-certified orthopedic surgeon, Nov. 17, 12 p.m.

New Technologies in Joint Replacement with guest speaker, Gerald "Trey" Alexander, III, MD, board-certified orthopedic surgeon, Nov. 24, 12 p.m.

For registration, call (877) 534-3108 or visit AHZephyrhills.com.

**Family Medicine • Women's Health
Pediatrics • Behavioral Health • Dental**

NOW OFFERING TELEHEALTH

PREMIER Community HealthCare
YOUR HEALTH. OUR MISSION.

10 Locations in Hernando & Pasco Counties
Most Private Insurance Accepted
Discount Fees | Medicaid | Medicare | Florida KidCare

352-518-2000 | www.PremierHC.org

FREEDOM SCOOTER & SUPPLY

Keep Your Freedom!

We Support Your Independence with Quality Mobility Equipment!

Now Accepting VA Referrals!

24-Hour Emergency Service
We make house calls!

FREE LOCAL DELIVER & SET UP WITH PURCHASE OF \$500 OR MORE!

MONDAY - FRIDAY 9AM-5PM

BRUNO
HARMA
Pride

NOW OFFERING SALES & SERVICE ON ALL NEW & USED

- Electric Scooters & Car Lifts
- Lift Chairs / Wheelchairs
- Portable & Stationary Aluminum Ramps
- Residential Elevators & Stair Lifts
- 3 & 4 Wheeled Walkers & Rollators
- Batteries, Tires and more!

WE'VE RELOCATED!
Check out our new, expanded showroom at
37722 GEIGER RD. • ZEPHYRHILLS
(Previously Simple Solutions Salon and Day Spa)

(813) 355-4813

Get in QuickER.
Fast, safe emergency care.

When an emergency happens, you want to get care fast. We've made it easy for you to schedule an emergency room visit online and wait safely from the comfort of your home. Arrive at a pre-set time convenient for you and our ER experts will be ready to care for you.

Schedule online at **GetInQuickER.com** and wait in the comfort of your home.

In case of a life-threatening medical emergency, call 911.

AdventHealth Zephyrhills

DON'T LET THE FLU GIVE YOU A MELTDOWN

Walk-in's Welcome!

Stay Home, Stay Safe. Telemedicine Appointments Available!

COVID-19 FDA Approved Blood Antibody & Nasal Swab Testing

SERVICES

- Urgent Care**
 - In-office labs/testing
 - Cold/Flu
 - Strep
 - Rash
 - Sutures
 - UTI
 - EKG
- Adolescent Health Care**
 - School Physical/ College Physical
 - Pediatric Exams (2yr+)
- Specialty Exams**
 - Sports Physical
 - Car Accident
 - Worker's Compensation
 - Certified DOT Physicals
- Therapeutic Procedures**
 - Homeopathic Injections
- Dermatologic Procedures**
- Wellness Exams**
- Disease Management**
- Female Health Exams**
- Men's Health Exams**

Discover the Lifetime Difference!

Lifetime Urgent Care Zephyrhills

HEATHER WATFORD, MSN, APRN, FNP-C Nurse Practitioner

ZEPHYRHILLS
6755 Gall Blvd.
Zephyrhills, FL 33542
(2 Buildings South of Golden Corral)
(813) 395-0244

HOURS: Tues.-Fri. 8:30am-5:00pm
Sat. 8:30am-3pm

www.LifeTimeUrgentCare.com

Alternative Therapies Traumeel



Local kids collect goodies at Moose Lodge and First Baptist Church truck and treats



Pasco County Weekly Curbside Recycling

(Some restrictions apply)



DO YOUR PART! RECYCLE!

PLEASE RECYCLE:

- Aluminum cans
- Metal food cans
- Plastic bottles, jugs and small containers coded 1, 2, 3, 4, 5 & 7
- Paper and Cardboard



For more details call your trash hauler or call Recycling at (727) 856-4539
 Or go to: PascoCountyUtilities.com and search for recycling

NOW ACCEPTING BLUE CROSS, BLUE SHIELD!

If you can't afford your Medicine, CALL TODAY! WE HAVE OPTIONS!

Your Hometown Pharmacy with World Class Service

ZEPHYRHILLS COMMUNITY PHARMACY
 YOUR TRUSTED PHARMACIST **SAM**
 OPEN 7 DAYS FREE DELIVERY!
 Monday-Friday 8am-8pm; Saturday 9am-4pm; Sunday 10am-3pm
 6242 GALL BLVD., ZEPHYRHILLS

CALL 813-395-6161 TO START SAVING TODAY!
www.zephyrhillspharmacy.com

MOST INSURANCES ACCEPTED!



Friday Night

PHOTOS BY STEVE LEE

Bingo! at the **Zephyrhills Moose Lodge**

OPEN TO THE PUBLIC Following Pasco County COVID-19 Guidelines

Every Thursday
Doors open at 5pm • Early bird at 6:30
\$50 payout guarantee for regular games \$150 & \$250 Jackpots

3211 GALL BLVD. (HIGHWAY 301 S.), ZEPHYRHILLS (813) 782-1771

**Welcome Back! We have all the details...
...Everything to pull your room together with Style & Finesse!**

Captiva Bedroom FREE DELIVERY!
Collage Rocker Recliner FREE DELIVERY!
Factory Direct Adjustable Beds FREE DELIVERY!

Dining Sets FREE DELIVERY!

\$279.95 WITH COUPON #734

Visit our showroom for a huge selection of quality furniture. 100's of styles and fabrics to choose from!

Lamplighter FURNITURE COMPANY, INC. FREE LOCAL DELIVERY

38515 5TH AVE., DOWNTOWN ZEPHYRHILLS
788-3680
www.LamplighterFurniture.com

HOURS: M-F 9AM-4PM; SAT. 9AM-1PM

\$20 OFF Any In-Stock Purchase of \$300 or More!



Above: Zephyrhills running back Zyre Roundtree breaks free for a big gain down the left sideline.



Right: The Zephyrhills offensive line gets set to run a play.



Left: Maguire Neal and other Zephyrhills defensive linemen charge forward at the snap.



Above: The Zephyrhills JROTC Color Guard stands at attention for the national anthem.

ZHS FOOTBALL: From Page 1B

Gallimore's pick in the left corner of the end zone thwarted the Hornets' deepest drive of the game — to the Zephyrhills 10-yard line — and came on the final play of the first half.

Hawthorne converted one of two fourth-down plays in the first half. On a fourth-and-2 at the Zephyrhills 47-yard line, Mackey was stuffed for a loss by Brian Ashmore and Maguire Neal. The Hornets made on a fourth-and-12 play with Mackey completing a 35-yard pass to Johnquavis Jones, but when that pair tried to hook up again in the end zone, Gallimore came up with his interception.

The Bulldogs thwarted two more fourth-down attempts by the Hornets in the second half. Needing just one yard from the Zephyrhills 11-yard line, fullback Dre Lawrence, who rushed for a game-high 106 yards, was gang-tackled for a loss. Then, with Hawthorne needing less than a yard on fourth down from the Zephyrhills 28-yard line, Sheldon tackled Brian James at the line of scrimmage for no gain.

"That's a huge focus for us, not only to take the ball away, but to score," Jackson said.

While they did not score on a turnover like last week when Smith returned an interception for a touchdown in a win over River Ridge, two stops on fourth downs and Smith's interception of Mackey set up three late Zephyrhills touchdowns.

Leading 6-0, the Bulldogs got two long scoring runs from Gallimore and another from Jaylin Thomas late in the game. Gallimore, who

had just three carries for a team-leading 88 yards, scored on runs of 53 and 39 yards. The first came on a burst through the middle of Hawthorne's defense and the second score was a run down the left sideline.

Following Smith's fumble recovery, set up by Dajuan McCullough's hard tackle on Mackey, Thomas took a pitchout and ran down the left sideline for his touchdown.

Zephyrhills entered the game against Hawthorne with 14 takeaways for the season and increased that number to 18.



Left: The Zephyrhills band members play their instruments from the stands.

You were made to *move.*

Trust the Orthopedic Experts

Now more than ever, it's important to be active. So when I hurt my knee, I didn't delay. The orthopedic specialists at AdventHealth got me back to where I belong: on my bike, on the run, on top of the world again. They were there every step of the way — from making me feel safe through my surgery to guiding me through my recovery. Now I'm back to doing what I love.

Have Questions? Speak to Our Orthopedic Nurse Navigator Today.

813-783-6190

AdventHealth

BACK PROBLEMS? PAIN IN YOUR BODY? FEELING UNHEALTHY?

Relax. We'll keep you on your feet.

ZEPHYRHILLS CHIROPRACTIC CLINIC
COVID-19 CDC Regulations are followed in treatment of all patients

Dr. George A. Forster, DC AP
"37 Years of Clinical Experience"

(813) 782-9564 • 788-3232
www.zephyrhillschiropractic.com

Chiropractic Services: Headaches, Carpal Tunnel, Work Injuries, Sport Injuries, Joint Disorders, Arm & Leg Pain, Back & Neck Pain

Physical Therapy: Needleless Acupuncture, On Site X-Ray, Bioenergetics Homeopathy, Acupuncture Physician, Auto Injuries (Whiplash), Work Injuries • Sport Injuries

Group Insurance, Medicare and PIP accepted. Walk-ins welcome! Auto Insurance Claims Filed. We meet the 14-day rule for auto accident coverage.

37310 STATE ROAD 54 WEST, ZEPHYRHILLS, FL 33542

"The path to better health."



Sights

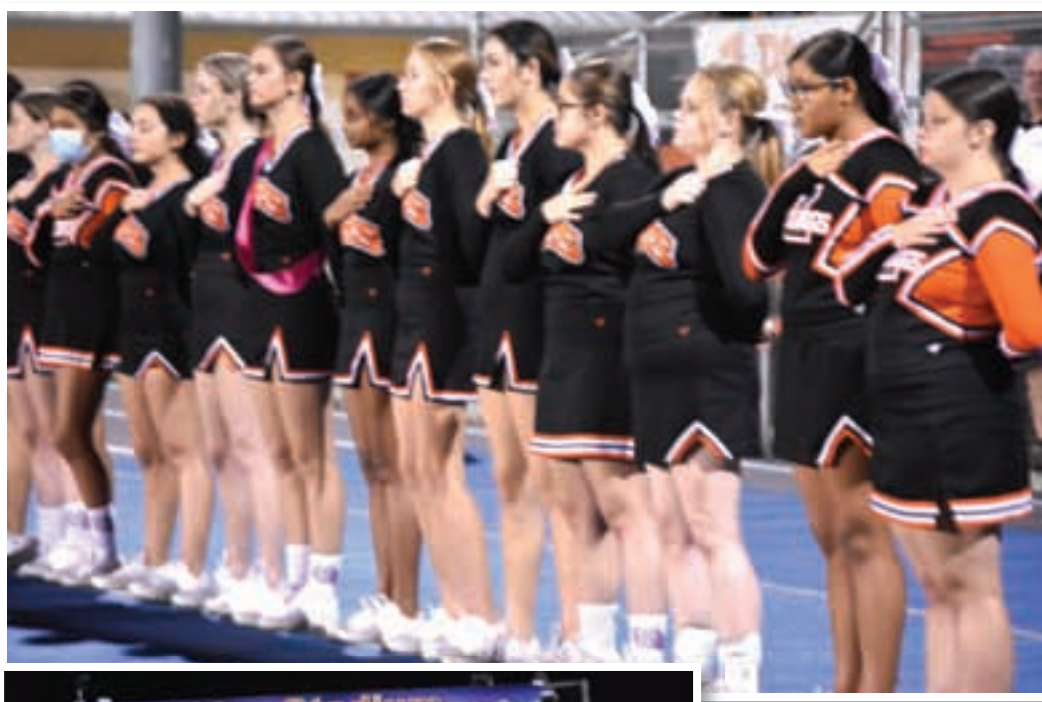
Below: Running back Zyre Roundtree is tackled from behind by two Hawthorne defensive players following a short gain in Zephyrhills' win last Friday at Bulldog Stadium.



Right: Zephyrhills quarterback Jaxson Rivera is sacked behind the line of scrimmage. Rivera started his third game for the Bulldogs, who defeated Hawthorne for their fifth straight win.



Above: Key defenders Theotis Smith (10) and Brian Ashmore (56) listen intently to coach Nick Carroll in Zephyrhills' postgame huddle.



Above: Zephyrhills cheerleaders stand at attention with hands on their hearts on the home team's sideline during the national anthem.



Above: As has been the case throughout the season, there was sparse attendance at Bulldog Stadium for last Friday's home game against Hawthorne.

MAKE YOUR DOG GREAT AGAIN
 All Breeds Welcome!
Sittin Pretty
 Pet Parlor
 ZEPHYRHILLS PREMIER GROOMING SALON
 OPEN: Mon.-Sat. 8:30am-5:00pm
 4915 Allen Road, Zephyrhills (Hillvest Shopping Center across from Big Lots)
 (813) 395-6992

Pro-Tech SERVICE CENTER
WE'LL MATCH OR BEAT ANY ESTIMATE!
 LABOR JUST \$65 PER HOUR - WE BILL ACTUAL TIME SPENT, NOT INDUSTRY ESTIMATES
 4 Bays | Clean and Spacious | Family Owned for 50 Years | All mechanics ASE certified with 10+ years experience

FREE Vehicle Inspection and Diagnosis	HOME of the \$9.95 Oil Change INCLUDES 5 QTS OF 5W20 OR 5W30 AND FILTER <small>*EXCLUDES HYUNDAI'S</small>
BRAKE FLUID FLUSH \$65.00 <small>Shop fees & taxes not included. Not valid with other coupons. Expires 11/30/20. ZHN</small>	BATTERIES As Low As \$45.00 <small>Labor, Shop fees & taxes not included. Not valid with other coupons. Expires 11/30/20. ZHN</small>
TIRE ROTATION & BALANCE \$39.95 <small>Shop fees & taxes not included. Not valid with other coupons. Expires 11/30/20. ZHN</small>	COOLANT FLUSH \$65.00 <small>Shop fees & taxes not included. Not valid with other coupons. Expires 11/30/20. ZHN</small>
SERPENTINE BELT REPLACEMENT \$65.00 <small>Shop fees & taxes not included. Not valid with other coupons. Expires 11/30/20. ZHN</small>	

4542 GALL BOULEVARD | ZEPHYRHILLS | 813-780-1132
 www.thomasandsoninc.com M-F 9AM-4PM *All work performed is subject to a \$5.00 service fee and tax.

ACCEPTING NEW PATIENTS

Anetha Moorthal, MD
 American Board of Internal Medicine

NOW ACCEPTING

- HUMANA GOLD PLUS
- WELLMED
- MEDICARE
- FLORIDA BLUE

most insurances accepted, scan QR code or visit:
 www.floridamedicalclinic.com/doctors/anetha-moorthal-md

Florida Medical Clinic
 Your life. Our specialty.

Internal Medicine
 813.778.0425

Request your appointment online:
 www.FloridaMedicalClinic.com

Franklin

BAHR'S PROPANE GAS AND A/C INC.
 Lic. CAC043948
 SALES • SERVICE • INSTALLATION
Franklin Rinnai
 LENNY BAHR & KEVIN BAHR
 Proud to be Your Community Propane Gas and Air Conditioning Company Since 1988
 www.bahrspropanegasandac.com

SENIOR DISCOUNTS, MILITARY DISCOUNTS ON NEW A/C INSTALLS!

- \$1.00 OFF 20 or 30 LB. Cylinder**
Present Coupon. Expires 11/30/20
- \$5.00 OFF 29-Point A/C Maintenance Check**
Present Coupon. Expires 11/30/20
- \$10.00 OFF A Service Call**
Present Coupon. Expires 11/30/20
- \$100 OFF On Any Central A/C Installed**
Residential Households ONLY. Present Coupon. One Location. Expires 11/30/20

FREE Extended Labor Warranties Available on Qualified High Efficiency New A/C Units!
*Total discounts not to exceed \$200

813-782-5013 4441 ALLEN RD. | ZEPHYRHILLS M-F 8-5 • SAT. 8-NOON
 352-567-7678 15229 U.S. HWY. 301 | DADE CITY M-F 8-5 • SAT. 8-NOON
 813-782-5013 3708 COPELAND DR. | ZEPHYRHILLS M-F 8-5 • NOV.-MARCH

CRIME REPORTS

Active warrants

A 44-year-old Zephyrhills woman was arrested Oct. 29 at her home after a check allegedly revealed two warrants out of Pasco County for violation of probation on a driving under the influence charge and failure to appear on a larceny charge.

Arrested was Martha D Dunn of 37942 8th Ave.

Dunn was processed by the Zephyrhills Police Department and transported to the Pasco County Jail.

Active warrant

A 27-year-old Kentucky man was arrested Oct. 30 at 6816 Gall Blvd. after a check allegedly revealed a warrant out of Pasco County for failure to appear on a petit theft charge.

Arrested was Jamey Dewayne Hickey; no address listed.

Hickey was processed by the Zephyrhills Police Department and transported to the Pasco County Jail.

Domestic battery

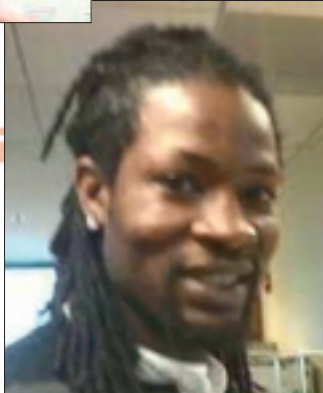
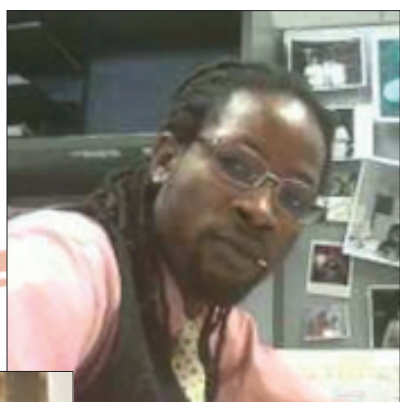
A 65-year-old Zephyrhills woman was arrested Oct. 31 at 5926 11th St. after she allegedly poked her sister in the mouth.

Arrested was Judith Quensenbery of 5825 19th St.

Quensenbery was processed by the Zephyrhills Police Department and transported to the Pasco County Jail.



homicide



On Feb. 19, 2019, Pasco County deputies and detectives responded to the discovery of a deceased man located in Zephyrhills. The deceased subject was discovered in a pond directly behind the Home Depot on Eiland Boulevard and State Road 54. Investigators eventually learned in the coming days, the decedent was 38-year-old Carlos Saint Louis. Louis had been reported missing in Tampa by his family on Feb. 5, 2019 after learning he had not shown up to work.

He was last seen by his father the evening of Feb. 1. On Sunday, Louis' brother received an early morning text message from him indicating he should be home within the next couple hours; however, he was never heard from or seen again. Louis' vehicle, a grey 2015 Chevrolet Sonic LT, has since been located and recovered and the Pasco Sheriff's Office continues to investigate leads from the evidence collected during the investigation.

From what is known, Louis led a personal and private life but he was loved by his friends and family. He was known to volunteer his time and worked with the Broward Outreach Center, feeding the homeless and providing education to people living with HIV/AIDS. He expressed what a great experience it was to have the opportunity to give back to the community and speak with different people, all with different backgrounds. He said, "A lot in return was given back to me."

After learning about Louis' death, his brother, who knew something was wrong when he didn't show up for work, said he is "definitely going to miss him" and his plea- "Bring justice to the family because this person needs to be off the streets."

One friend said, "I miss him so much. We laughed, joked, and talked for hours, made ways to be there for one another. Everybody he came in contact with thought very highly of him."

Louis was also a hard worker. One of his employers said, "He left such an impression on his coworkers and myself. He was kind, thoughtful, joyful and a pleasure to work with."

Crime Stoppers of Tampa Bay is offering a reward of up to \$3,000 for information that leads to the identification and arrest of the unknown suspect(s) involved in the homicide of Louis.

Anyone with any information regarding the identity of the suspect(s) and who wants to be eligible for a cash reward is asked to call Crime Stoppers at (800) 873-TIPS (8477), report anonymously online at www.crimestoppers.tb.com, or send a mobile tip using the P3 Tips Mobile application. Crime Stoppers must be contacted first in order to be eligible for a cash reward.

The Pasco Sheriff's Office along with Louis' family, continues to seek help from the public. It has been 365 days since he was initially reported missing; 12 months... 8,760 hours... 525,600 minutes... 31,536,000 seconds. Every moment of this last year, his family has carried the burden of not knowing...not knowing what happened to their loving son, dear brother and more importantly, who would do this to Louis.

If you had any contact with Louis or saw him between Feb. 2 and Feb. 19, 2019, contact the Pasco Sheriff's Office.

New classes.
New tech.
New smart.

Special discounts for college students and teachers on Unlimited.



Student discount.
Your first step to success.

College students can save up to \$25/mo.

With best lines on Unlimited. Plus taxes & fees. On America's most reliable network.

Now teachers get our best price.

Teachers can get Start Unlimited for \$30/line.

With 4 lines for your personal wireless plan. Plus taxes & fees. With Auto Pay.

Present this advertisement to any participating Cellular Sales location and receive 10% off any smartphone accessory!



Cellular Sales is a Verizon Authorized Retailer.

Cellular Sales of Zephyrhills

6011 Gall Blvd
Zephyrhills, FL 33542
813-782-6200

cellularsales.com



Limited time offer. See wireless expert for more details. © 2020 Cellular Sales.



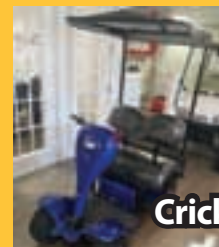
JIM CRANDELL
Golf Cart Sales

TO ALL MY DOGSHOW FAMILY AND FRIENDS,
"Take Your Cricket With You..."

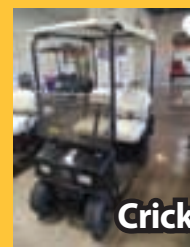


... offering the perfect blend of form and function.

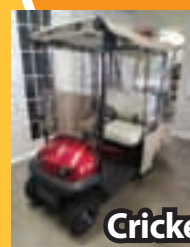
go!GREEN in Style with the World's Perfect Portable Personal Transportation Solutions.



Cricket ESV



Cricket SX-3



Cricket RX-5

PERFECTLY PORTABLE!

You can take your CRICKET with you in practically any SUV, pickup, motorhome, van or crossover. And, with the optional carriers and towing accessories, getting your CRICKET where you want to go is a breeze!

- > Weighs only 303 pounds!
- > Folds down to 28" high!
- > And it's only 32" wide!

CHECK OUT OUR SELECTION OF SCOOTERS!



WE WILL BEAT ANY COMPETITOR PRICING!!

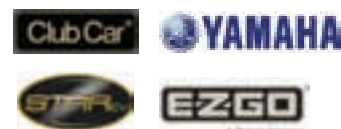
Indoor Storage!



Specializing in Custom & Remanufactured Carts

- Electric Carts
- EFI Gas Carts
- Scooters
- Accessories

Free Pickup & Delivery!



HOURS: Monday - Friday - 8:30am-5:00pm

10634 NORTH U.S. HWY. 301 • DADE CITY, FL 33525
(ACROSS FROM SONNY'S APPLIANCES)

813-779-3333 or 813-629-3333

JimCrandellGolfCartSales.com

Lic. # CAC1815498

813-779-7508

Servicing All Your Needs...
Air Conditioning & Heating • Appliances
Duct Cleaning • Maintenance

\$3,995
10-Year Parts & 10-Year Labor Warranty

3-Ton with heater pack unit. Installed to existing ductwork pad. 240 volt, 24 volt and Thermostat Permit extra.



RESIDENTIAL/COMMERCIAL

SALES • SERVICE • WARRANTY
On All Major Brands

Senior / Military / 1st Responder Discount

37643 SR 54 WEST • ZEPHYRHILLS, FL 33542

\$89.95
MINI SPLIT HEAD UNIT CLEANING

Present coupon. Exp. 11/30/20. Not valid with other offers or purchases. Zillis News

\$39.95
HEAT STRIP CLEANING

Present coupon. Exp. 11/30/20. Not valid with other offers or purchases. Zillis News

FREE SERVICE CALL
With Repair

Present coupon. Exp. 11/30/20. Not valid with other offers or purchases. Zillis News

VENT DUCT CLEANING
\$39.95 PER VENT

Present coupon. Exp. 11/30/20. Not valid with other offers or purchases. Zillis News

FREE UV LIGHT
with Unit Purchase

Present coupon. Exp. 11/30/20. Not valid with other offers or purchases. Zillis News

\$250 OFF
Purchase of NEW HIGH EFFICIENCY UNIT

Present coupon. Exp. 11/30/20. Not valid with other offers or purchases. Zillis News



FEAST YOUR EYES ON FARM FRESH SIDES FROM
Shannon's
 FARM FRESH PRODUCE

"Offering the Largest Selection of Vegetables, Fruits and Seasonal Produce in East Pasco!"

NEW CROP PECANS HAVE ARRIVED!
 A Popular Holiday Treat and Southern Specialty!

COLORFUL FALL PLANTS ARRIVING WEEKLY

FRESH BREAD AVAILABLE ON FRIDAY & SATURDAYS
 • Bagels • Pita
 • Ciabatta • Cuban

REDUCED ITEMS ON SALE DAILY!
Special Orders Accepted!

- Sweet Corn
- Fresh Herbs
- Florida Okra
- Hard Squash
- New Crop MacIntosh Apples
- Maple Syrup
- Assorted Dry Fruit
- Full Line of Amish Products (Cheeses, Meats, Butters)
- Homemade Breads
- Homemade Jellies, Jams, Local Honey, Pickled Items & Dressings

OPEN 6 DAYS!
Mon.-Sat. 8am to 6pm; Closed on Sunday

DEAN DAIRY & EILAND BLVD., ZEPHYRHILLS (S.R. 54 WEST BYPASS) 813-782-9455

Right: Zephyrhills girls basketball players battle for a rebound under the basket.



Left: New assistant coach Mycol Shumpot and a handful of players watch a series of drills.



Left: Maya Llanes, a senior guard, gets set to make a pass.



BASKETBALL: From Page 1B

For his part, Smith took that defeat on his shoulders, acknowledging that he changed the team's style somewhat from its typical up-tempo attack.

"I wanted to make sure they knew that was on me," he reasoned.

As for the late-season winning streak that lifted the Bulldogs from a team hovering around the .500 mark to the top seed for the tourney, Smith said, "I think everybody just bought in to what we were trying to do and they became more of a team. We played pretty good against teams we thought we'd struggle against."

The Bulldogs boast a solid core of returners to go along with senior Ashauna Jones, a forward-guard who transferred from Zephyrhills Christian Academy. The other starters are: Taija McCullough, the team's leading scorer last season who is a senior point guard; guards Makena Campbell and Maya Llanes; as well as McKayla Cintron, a 5-foot-10 center-forward.

"Taija is the leader on and off the court," Smith said. "Everybody follows her lead and her temperament."

Senior Mercedes Krueger, who can play forward and guard, is the first player off the bench. Smith considers Krueger and Jones as the team's quiet leaders.

Part of the reason for the team's turnaround in recent seasons stems from Smith's involvement beyond the high school team. He also has organized the Zephyr Elite, boys and girls teams

that play an Amateur Athletic Union schedule in the offseason. This past spring and summer, however, that program was shut down due to the coronavirus pandemic.

Smith also attends the Stewart Middle games to check out the local players coming up through the system.

"I go to as many of the middle school games as I can," Smith said, adding, "We've got to keep this going."

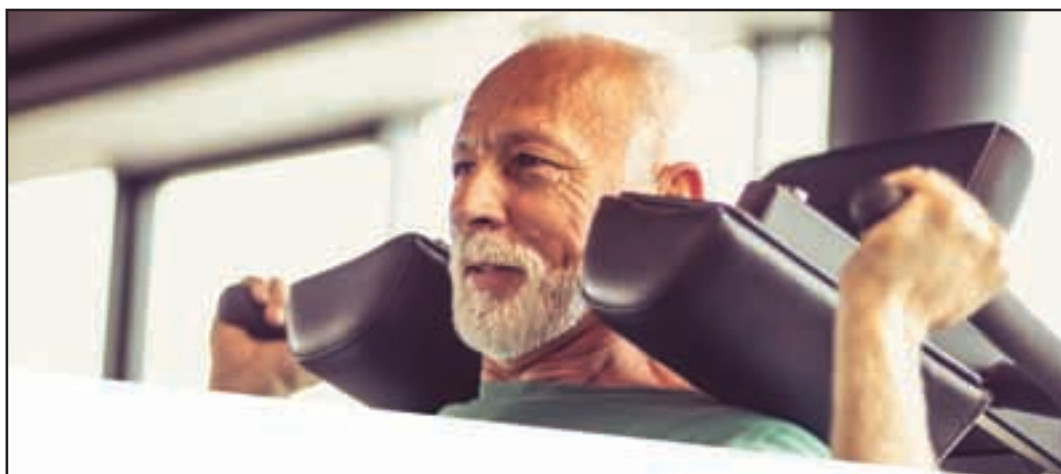
While the younger players are realizing that Smith cares enough to show up for their games, his high school athletes are well aware of that as well. Smith shows up as often as he can to watch his basketball players when they participate in other varsity and junior varsity sports.

"I'm here for the girls," he said. "I take pride in that."

Zephyrhills opens the regular season on Nov. 16 with a home game against Mulberry. Before that, however, the Bulldogs will take part in a pre-season classic hosted by Wesley Chapel. In the first pre-season game of that tourney, they go up against perennial powerhouse Lakeland Santa Fe Catholic, which has three standout players.

"I want to see us compete against them," Smith said.

Aside from the aforementioned players, the roster includes: Ahmeisha Hicks, Madison Driggers, Bryanna O'Malley and Alexis Martin. Assistants are Kimberly Miller and newcomer Mycol Shumpot.



Burn. Earn. Get Rewarded!

More Perks for Every AdventHealth Wellness Center Zephyrhills Member

Loyalty Points is a rewards program provided FREE to all AdventHealth Wellness Center Zephyrhills members who opt-in to participate.

How It Works

Join Today Workout Earn Points Get Prizes

For more information and the full list of rewards visit AHZWellnessCenter.com



Left: Coach Chris Smith and assistant Mycol Shumpot break the huddle with several players.

Coastal MEETS Fall

Create a gathering place with functional seating and coastal-inspired accents.

15% OFF MUST HAVE ACCENTS!

Hudson Square Coastal Furniture & Mattress
 Family Owned & Operated

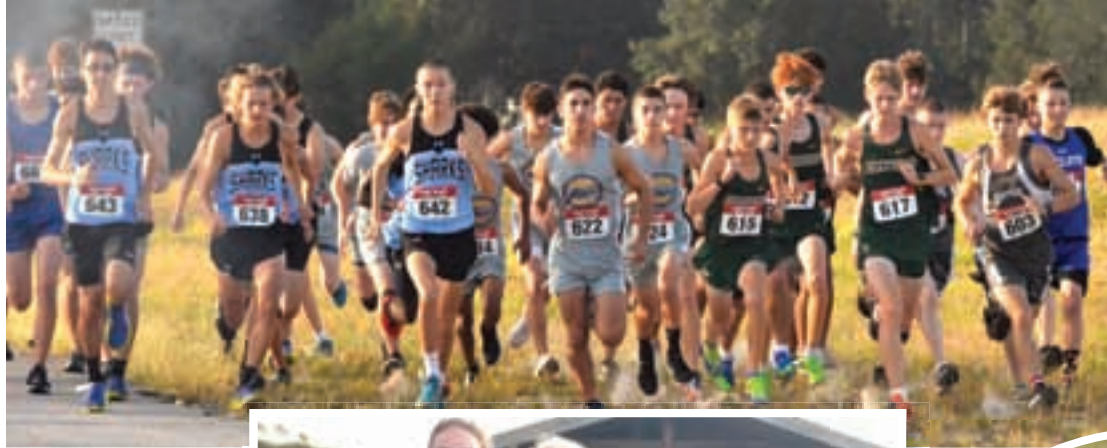
813-395-5920
 4904 ALLEN RD. ZEPHYRHILLS (NEXT TO BIG LOTS, OFF S.R. 54 WEST)

Living • Dining • Bedroom
 Mattresses • Lanai
 Area Rugs
 Wall Décor • Lighting

HOURS: Mon.-Sat. 9am-6pm

ACCEPTED HERE PROMOTIONAL FINANCING AVAILABLE*
NO INTEREST FOR 12-MOS.*





Above: The Cypress Creek runners push off the starting line.



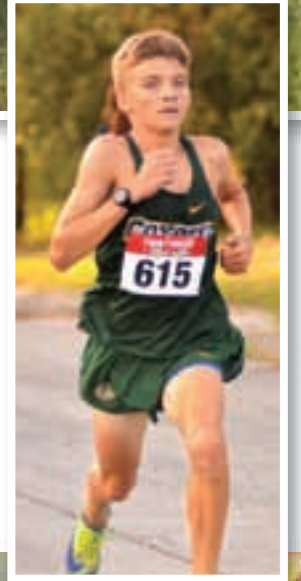
Above: The combined boys and girls Zephyrhills cross country team.

Right: The Cypress Creek girls were district runners up for the first time in the program's history.



Left: Zephyrhills lead runner, William Poe turns in fourth-place performance at the district cross country meet in Brooksville.

Right: Cypress Creek's Zack Poekert placed second overall at the district meet.



Left: Zachariah Arnold of Zephyrhills jockeys for position at the start of the Class 2A District 9 race.

Right: The Poe siblings have become the vanguard of the Zephyrhills cross country team.



Left: Cypress Creek's Zack Poekert leads his team to the podium after claiming a district team title.

ANDY WARRENER

CROSS COUNTRY: From Page 1B

the state meet at Apalachee Regional Park in Tallahassee.

Madison, battling through ankle pain most of the season, finally got to the bottom of the problem, identifying a tendon/ligament issue that she found stretches for. The specialized stretching alleviated the problem to an extent and it has taken the spur out of her shoe, so to speak. Madison Poe turned in a third-place performance at the district meet in 23:45.

That time may seem slogging but nothing could more aptly describe the course at Sand Hill than, "slogging." Runners tackled a series of hills but even more dragging were stretches of sand; in some cases, the powdery sugar sand that sucks at feet, slowed down runners. The top female runner Mia DeRonda of Nature Coast only ran a 22:08.

"The ankle was good all the way until the end on that final hill," Madison Poe said. "Then it, my hip, my whole leg started hurting. I was still determined to get in that top four to make regionals. I knew the Nature Coast girl (DeRonda) was going to be first, so I tried to just stay with her. She left me by about the third mile but I tried to keep her in my view."

William Poe, in his first ever district cross country meet, turned in a fourth-place finish in 18:40. Again, a relatively slow time, Poe's times have been in the 17's most of the season but the slow course needs to be taken into context.

Race winner John Carbone of Central ran a 17:15. Runner up Zack Poekert of Cypress Creek ran an 18:01. Poe's finish qualifies him for the regional meet, also his first. The siblings will have the finish to this season and the full 2021 season to make their marks on Zephyrhills cross country...together.

"My goal, the whole time, was just to keep that third-place Cypress Creek guy (John Rowsell) in my sight," William Poe said. "I would just try to see where he was and if I needed to speed up."

The boys team placed fourth at the meet

out of six teams. The girls behind Poe, got a regional qualifying bid from senior Emily Franklin. Those three will race at regionals.

Cypress Creek made their mark on Saturday with the boys team winning the district title and the girls team taking the district runner-up hardware.

"I'm excited, this is not bad for my first year to start as a coach," girls coach Elsie Rehberg said. "Everyone decided to show up today with an intent to win."

Rehberg, in just her first year as coach, takes over the program as former boys coach John Hoffman, who built the program, took a position with Florida Virtual School and now is a volunteer coach for the Coyotes.

There's promise for the Coyotes, as well. Top male runner Zack Poekert is just a sophomore. He managed to place second at the district meet in 18:01.

"I was in front at the beginning but the sand and those hills got to me," Poekert said. "Everyone on the team stepped up today. They knew what they had to do."

Behind Poekert came senior John Rowsell in third. Rowsell along with Adam Rahman, Justin Ludwig and Lathen Falk would be the five scorers for the Coyotes. Their runs helped the Coyotes edge the Nature Coast Sharks by just three points to claim the Class 2A District 9 title.

"This is so gratifying," Hoffman said. "It was super close, every kid on the team had an impact on the results today. Our three to nine runners have been in different places throughout the year. They use each other to compete and it pushes everyone."

The Coyote girls got fourth and sixth-place finishes from Carlie Ortiz and Virginia Webb, respectively.

"I was so nervous for this meet," the freshman Ortiz said. "Our team members are all so nice and friendly, it calmed me down."

Jenna Stahlgren, Sienna Silvest and Christyn Trappey rounded out the scoring for the Coyotes and the whole team will compete Friday morning at regionals.



Above: Zephyrhills' William Poe works to get in front of the pack.

SONNY'S BBQ

NEW

CREATE YOUR OWN

BBQ BUNDLES

TO GO

GET SOMETHIN' THE WHOLE FAMILY CAN AGREE ON.

Starting at \$39.99

Whatever you're celebratin' this season, bring our traditions home to yours with our new Create Your Own BBQ Bundles To Go. Get a table full of favorites with somethin' for everyone by building a bundle for up to 10 people. Smoked slow and ready to go for curbside pickup or drive-thru.

All bundles come with your choice of:

- Pulled or Sliced Pork, Sweet & Smokey or House Dry-Rubbed Ribs, Chicken, or Hot Links
- Sidekicks
- Garlic Bread or Corn Bread

PICK 2 MEATS.

Feed up to 6 with your choice of 2 meats, 3 pint sidekicks and bread.

Also makes for the perfect bundle for 2 with plenty leftover.

PICK 3 MEATS.

Feed your crew of 6-8 with your choice of 3 meats, 4 pint sidekicks and bread.

PICK 4 MEATS.

Getting the family together? Get something everyone can agree on with your choice of 4 meats, 5 pint sidekicks and bread.

PUT SOME SMOKE IN THEIR STOCKING.

It's not too early to start thinkin' about checkin' off that list. Got a BBQ lover in your life? We know just the thing. Swing by your local Sonny's to pick up a gift card, order one online, or have an e-gift card sent right to their inbox.

6606 GALL BLVD. ZEPHYRHILLS
813.782.4272
WWW.SONNYSBBQ.COM

SONNY'S

BBQ

LOCAL PITMASTERS SINCE 1968

