



ZEPHYRHILLS SPORTS

March 14, 2019

SPORTS SCHEDULES MARCH 14-20

MARCH 14

- Zephyrhills baseball at Bishop McLaughlin Catholic, 7 p.m.
- Wiregrass Ranch baseball hosts Carrollwood Day, 7 p.m.
- Cypress Creek softball at Hernando, 7:30 p.m.
- Wiregrass Ranch softball hosts Hudson, 7:30 p.m.
- Zephyrhills boys tennis hosts Pasco, 3 p.m.
- Wiregrass Ranch boys tennis at Fivay, 3 p.m.
- Pasco girls tennis hosts Zephyrhills, 3 p.m.
- Wiregrass Ranch girls tennis hosts Fivay, 3 p.m.
- Cypress Creek girls lacrosse at Lakewood Ranch, 6:30 p.m.
- Wiregrass Ranch girls lacrosse at Lake Wales, 7 p.m.
- Wesley Chapel boys lacrosse at Carrollwood Day, 7 p.m.
- Wesley Chapel boys and girls track and field at Mitchell, 3 p.m.

MARCH 15

- Cypress Creek baseball hosts Hernando, 7 p.m.
- Wiregrass Ranch baseball at IMG Academy, 7 p.m.
- Zephyrhills junior varsity baseball at Wesley Chapel, 6 p.m.
- Zephyrhills softball at Pasco, 7 p.m.
- Wesley Chapel softball hosts Anclote, 7 p.m.
- Wiregrass Ranch softball hosts Hudson, 7:30 p.m.
- Wiregrass Ranch boys lacrosse hosts Lakeland, 7 p.m.

MARCH 18

- Zephyrhills baseball at Nature Coast, 7 p.m.
- Cypress Creek baseball at Lecanto, 7 p.m.

Zephyrhills tri-athlete Cartrell Strong makes commitment

Cartrell Strong, a Zephyrhills High senior who plays football, basketball and track and field, plans to continue his football career at the next level. The 5-foot-10 multi-purpose football player has made a verbal commitment to Morehouse College, a Division II school in Atlanta. Strong was selected to the Class 5A All-State First Team as a senior and also has earned Sunshine Athletic Conference postseason honors. A versatile player on the gridiron, Strong has lined up at running back and receiver on offense, in the secondary on defense, and excelled on special teams as a kick and punt returner. As a senior for the Bulldogs, he combined for 1,709 all-purpose yards and 21 touchdowns. Defensively, Strong had 98 tackles, forced three fumbles and had a pair of interceptions.

Class 6A, District 7 rivals square off on the diamond



Zach Schneidmiller crosses the plate after a Ricky Dunn single for Zephyrhills' first run of the game.

STEVE LEE

Wesley Chapel defeats Zephyrhills 5-3 in the first of two meetings this season

By STEVE LEE
Sports Reporter

Wesley Chapel got the upper hand against Zephyrhills in the first of two regular-season meetings between the Class 6A, District 7 rivals. The Wildcats won 5-3 last Friday with the rematch scheduled April 5 at John F. Clements Field in Zephyrhills. The Wildcats moved a game above .500 with a 2-1 overall record and evened their district mark at 1-1. The Bulldogs, who had won two straight, fell to 2-4 overall and 0-1 in the district. "If they continue this way I think we're going to surprise people," Wesley Chapel coach Gary Moyer said. Zephyrhills, which opened the season with three consecutive losses, defeated Lakeland and

Anclote before taking on Wesley Chapel. "Right now we just have to find a way," Zephyrhills coach Rusty Guynn said. "We're going to get better. We'll be fine." Zephyrhills' Ricky Dunn and Wesley Chapel's Yo Gomez each had clutch run-scoring hits for their teams, the difference being that Gomez' two-run single in the bottom of the third inning had more of an impact on the outcome. That base hit, a ground ball up the middle over a drawn-in infield, plated A.J. Pabon and Austin Coultas to give the Wildcats a 3-1 lead. It followed Coultas' RBI double that scored Zack Showalter. Before that inning, Wesley Chapel had not managed a hit off of Zephyrhills starter Dunn, a hard-throwing right-hander who struck out the first four batters he faced and took the loss after allowing nine hits and three runs. "In the beginning he threw the ball well. He had his breaking ball working," Guynn said of Dunn, a senior. "We've been trying to teach the kids a two-strike approach; don't give away any at-bats," Moyer said. "I challenged them. We got some guys on (base) and it fired them up."

► **BASEBALL:** See Page 10B



Sherry Reinhart, Terry Rouse and Pierre Caouette were among the tennis players at Zephyr Courts last week.

STEVE LEE

Tennis and pickleball are rituals for snowbirds

Courts at Zephyr Park are filled with winter residents on weekday mornings

By STEVE LEE
Sports Reporter

Snowbirds often get involved in numerous activities while residing part-time in Zephyrhills and the surrounding area. Tennis at the Zephyr Park courts, adjacent to the Alice Hall Community Center, has long been a weekday morning ritual for many, but now you can add pickleball to that. There are five tennis courts with three of those surfaces also lined for pickleball. Three tennis groups play on weekday mornings — men's, women's and the Happy Hackers, which consists of a mix of players from either gender who simply are out to enjoy themselves and get some exercise. "We can't move like we used to, but we encourage everybody to play," said Larry Martin, who hails from Michigan, winters at Betmar Acres and has played at the local tennis courts for the past 16 years. "The people are great and funny."

► **TENNIS:** See Page 6B

36th Annual Spotlight on Talent showcases some of Pasco's finest



The Seven Springs Middle School Steel Drum Band added some tropical flavor to the evening's entertainment hosted by the Heritage Arts Center Association.

ANDY WARRENER

The annual talent showcase featured dancers, singers and musicians from Pasco County and the Central Florida region

By ANDY WARRENER
Sports Reporter

The Heritage Arts Center Association produces the annual talent showcase and it is no small undertaking. There were 230 student performers in 103 acts, representing 41 different schools schedule in for the preliminary rounds with hopes of making the finals. Two different panels of five judges, one for the prelims and one for the finals, are drafted from the

community; many of whom have extensive resumes in the entertainment industry. The event costs \$17,000 to put on and spends \$4,000 of the budget on cash awards, scholarships, trophies, ribbons and other awards. HACA was established in 1983 and is a volunteer group with a 15-member board of directors. It is their partnership with community sponsors and Wesley Chapel High School, where the performance venue is located, that makes the event possible. Ben Alexander of Tampa Bay Solar, who also served as emcee for the evening as well as Mike and Teena Avadikhan of Merrill Lynch, Chancel Church of 1st United Methodist Church of Dade City, Dade City Kiwanis Club, Dr. William Joseph and Eva Hill, Tampa Electric Company and Jim and Judy Wilson were Diamond Sponsors for the event. Arts in Motion, a Dade City non-profit that accommodates children from kindergarten to 12th grade and puts on two musicals per year at Pasco

Middle School, setup outside the Heritage Arts Center selling drinks and snacks. The preliminary rounds were held on Feb. 9 and a judging panel consisting of Mary-Ann Aguis, Dana Dalton Judge, Victoria Keller, Robert Loy and Ruthie Nelson evaluated performers based on a 30-point system. Twenty five points can be scored based on, "how much raw talent the performer has for their age and how well they have developed their talent for that age," according to the HACA website. An additional three points can be awarded for stage presence and two points for appearance. The highest scoring acts are invited to the finals event that was held March 9. Thirty acts made the finals for the matinee show and 27 acts made the evening show. The matinee show awarded acts in the younger age groups. In Category 1 - children aged 6 to 10 years: Rio Ricardo won the category with Evangeline Dolan in second, Eden Kirkland in third and Salvador Hernandez in fourth.

► **SPOTLIGHT ON TALENT:** See Page 5B





Wealth of Health



The effects of stress on your body

Stress affects people of all ages from all walks of life. Though work is a primary source of stress for many people, a recent survey from the American Psychological Association found that stress is more than just work-related. In its 2017 "Stress in America" survey, the APA found that the future of the nation, money and violence and crime were significant sources of stress for more than half of survey participants. That's a dangerous notion, as the Mayo Clinic notes that the effects of the stress on the human body are considerable. Though

everyone experiences and responds to stress differently, these are some of the more common effects of stress, courtesy of the Mayo Clinic.

Mental side effects

Stress can have an adverse effect on mood and has even been linked to depression, which the World Health Organization reports is the leading cause of disability across the globe. People suffering from stress also may experience anxiety, restlessness and feelings of being overwhelmed. In addition, stress can

compromise a person's ability to focus, adversely affecting a person's ability to complete their work-related tasks. That's not insignificant, as 61 percent of respondents in the 2017 "Stress in America" survey reported that work was a significant source of their stress.

additional potential side effects of stress on the body.

Coping strategies can be highly effective at alleviating stress and its negative side effects. Learn more about such strategies at www.stress.org.

Physical side effects

Stress affects more than the mind, manifesting itself physically in various ways. The Mayo Clinic reports that common physical side effects of stress include headache, muscle tension or pain, including chest pain, fatigue, and a change in sex drive. Upset stomach also may be a byproduct of stress. People dealing with stress may even have trouble sleeping.

Behavioral side effects

Behavior also can be affected by stress, which may cause some people to abuse drugs or alcohol. Some may even turn to tobacco, either becoming a smoker or smoking more if they're already smokers. Smoking has been linked to a host of negative physical side effects, including an increased risk of developing cancer. Angry outbursts, social withdrawal and overeating or undereating are some



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Fun at Grand Horizons



Above: Skip Swackhamer and Mel Heman play for the residents at Grand Horizons.

Left: Andy Castonguay keeps track of the money.

Below: Grand Horizons' residents, Anmarie Shackewyc, Carol Wilcox and Nadine Guetti have a good time on the dance floor.



By HELENE RUBENSTEIN

The Grand Horizons' monthly potluck was Feb. 24. This was the first potluck that was hosted by Ilene Nutting and she did a great job. Nancy Huey previously put on the potluck and she had for quite a while and now she turned over the reins. It was just this month that Nutting started to host it. She had some help and all did a fine job. Her main helpers were Donna Quinn and Gary Douglas but, according to what Nutting said, there were so many helpers to organize things and clean up that she was overwhelmed by it. They knew what had to be done and went about it.

When speaking with her, I mentioned that the potluck was a success and she promptly put in, "That is because of the many cooks and the variety of dishes."

Jim Leitzke said grace before the meal started while we bowed our heads in silence. There were approximately 75 people who enjoyed a nice Italian meal. There was an eggplant parmesan dish, stuffed shells, chicken parmesan, green bean casserole, Watergate salad and so much more. As for desserts, there was a variety, Italian cookies, chocolate chip cookies, pies, cakes, and candies. If you wanted more, you

could go back. Nutting also mentioned that if we knew of any shut in, we could make a plate of the main dishes and one for desserts for them. I thought that was a nice touch.

After the luncheon and the clean-up, a trivia game competition was featured by "The Trivia Wizards" with Dick and Connie Kingsbury and booked by Gary Wilcox. From what I understand, the trivia game was lots of fun and it featured a variety of questions.

A community sale was held on March 2. It featured at the community center and at individual houses. As it has been in the past, a variety of things were for sale. Some things we have looked high and low for were found at this sale. There was also a bake sale and a book sale. There was a food sale where you can grab a hot dog, fries and a soda for a quick lunch. That way you wouldn't miss anything.

It definitely was a delightful day and at night, at the community center, we saw a show that was put on by Skip Swackhamer and Mel Heman. This show was presented by Wilcox. There were approximately 55 residents and visitors attending. It was a fun way to end the day as country, rock and roll, blues and requests were played. Many a couple came on the floor and danced to the music.

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Olivia Hiscock



Lilly Grinnell



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Above: The Showstoppers group from Graham Music Studio won their category with a musical theatre piece called, "Up the Ladder to the Roof."



Above: The Showbiz group of fifth to seventh graders performed a musical theatre piece called, "When You're a Wimp" from "A Christmas Story."



Left: A perfectly struck aerial from Pasco High's and Blackwood Studios' Julianna Mazza during her contemporary dance number called, "Will You."



Above: Hannah Goserud's crystalline voice gave an ethereal take on U2's "Song for Someone."



Left: The top five contestants from Category 3 (from left to right) Amanda Cloversettle, Gracie Scaglione, Julianna Mazza, Roman Ricardo and Zachary D'Onofrio.

Below: Another Blackwood Studios dancer performing her own choreography, Gracie Scaglione would wind up fourth in Category 3.



Left: Roman Ricardo's "Newsies" piece called, "Santa Fe" got him second in Category 3.



Above: Rhett Ricardo presented a musical theatre number called, "Waving through a Window" as a finalist in Category 1.

Left: Zachary D'Onofrio (left) and Flavio Eduardo Carreno-Olivo were category winners at the 2019 Heritage Arts Center Association's Spotlight on Talent.

SPOTLIGHT ON TALENT: From Page 1B

In Category 2 - ages 11 to 12: Vincent Pham was awarded first place, Samuel Wu second, Dino Antonio third and Kasey Lang fourth.

In Category 3 - ages 13 to 14: Lauren Scotch took first, Isabel Ramos second, Jasmine Kurz third and Jasmine Crew fourth.

In the Younger Groups Category: First place went to the Showtime group, second went to the Songbirds and third to the Gotta Dance Diamondz.

In the evening event, the high school-aged performers took the spotlight and had moments from sublime to spectacular. The Category 1 finalists in the ninth grade opened the evening show. Michaela Mezei led off with a contemporary dance entitled, "Ways." Sailor Wade performed a pointe dance entitled, "Amen." Hannah Goserud gave a soul-stirring performance of U2's "Song for Someone" on guitar. Jayden Parsons performed a contemporary dance called, "The Young and Beautiful." Vanessa Gomez gave a lyrical dance to "How to Build a Home." Rhett Ricardo performed a musical theatre piece, "Waving through a Window." Finally, Faith Phaller performed a contemporary dance piece to the tune of, "Gravity" by John Mayer.

"I liked the bluesy vibe of the song and it has a really cool message," Phaller said. "It was something I could relate to and a way for me to show my passion for dancing."

Phaller's passion shone through and the bluesy edge of the Mayer song helped set her apart from the other incredible performances. Phaller, who is a Pasco High School track and cross country runner as well as Star Company member of Blackwood Studios, was awarded first place in Category 1 with Goserud second, Wade third and Parsons fourth.

In Category 2, Agnes Hernandez started it off with a Frederick Chopin piano piece. She was followed by Katie Knight with a lyrical dance to a Lady Gaga tune, "Till it Happens to You." Alli Spenceley gave an ethereal rendition of Creedence Clearwater Revival's "Who'll Stop the Rain" on guitar. Jane Barlow performed a contemporary dance entitled, "Somewhere Only We Know." Julianna Cova performed a musical theatre number, "Colors in the Wind" from "Pocahontas" and Flavio Eduardo Carreno-Olivo performed an eye-poppingly complex Chopin piece called, "Revolutionary Etude." Carreno-Olivo would be awarded first place in the group. The Carrollwood Day School sophomore, studies under A. Kenji Suganuma at the Academy of Musical Arts. Choosing the piece was a bit of fate. Knight was awarded second place and Hernandez third.

"We were in the studio looking at different song to choose for this event and that song (Revolutionary Etude) just started playing randomly on (Suganuma's) phone," Carreno-Olivo said. "I really liked the song and it took a year to learn in, practicing one or two hours every day."

The piece has some heavy piano work, especially with the left hand and undulates through ups and downs while never relenting in its furious pace.

"In the middle of the piece, my forearm starts to hurt but I try to keep my cool," Carreno-Olivo said. "I just try to feel the music with my feelings and try to convey it the best I can."

In Category 3, the largest category with 10 finalists, consisting of high school juniors



and seniors, Catherin Beard started it off with a powerfully-emotional musical theatre piece called, "With You" from the musical, "Ghost." Gracie Scaglione followed with an original-choreographed contemporary dance piece. Shelby Surratt followed with a musical theatre piece, "Dying Ain't So Bad" from "Bonnie & Clyde." Victoria Conn performed a contemporary dance number called, "Nature Boy." Amanda Cloversettle gave a vocal performance of "They Just Keep Moving the Line" from "Smash." Nora Urbuteit performed a lyrical dance entitled, "Faithfully." Georgia Piersall sang a musical theatre piece from, "Bonnie & Clyde." Julianna Mazza showed great strength and body control in her performance of "Will You." Roman Ricardo sang a piece called "Santa Fe" from the musical, "Newsies." Capping the solo performances was former American Idol contestant and Wiregrass Ranch senior Zachary D'Onofrio. D'Onofrio stepped out in a pair of wingtips and very much captured the silky smooth persona of Frank Sinatra. D'Onofrio gained local fame performing Sinatra's "The Way You Look Tonight" last year. For 2019, D'Onofrio chose to sing Sinatra's "New York, New York."

"My family and I went to New York City for winter break and that song was playing on the plane," D'Onofrio said. "It spoke to me and it's one of his (Sinatra's) classics."

D'Onofrio captures Sinatra's silky voice without imitating him. It was enough to prompt emcee Ben Alexander to say, "That cat is as smooth as cream cheese," after the performance. While D'Onofrio is an unapologetic fan of Sinatra, he doesn't want to be a carbon copy of him.

"I have to keep going with what has proven to be successful but I try to give my own take on it - do it, "My Way," D'Onofrio said.

Naturally, it was D'Onofrio who won both his category and the Pasco Heritage Scholarship. A points system combined the performers' preliminary and finals scores to determine the category winners and scholarship recipient. Finals judge Sherry Fagan Martin detailed the challenges of judging across different genres.

"Some of it is technique, stage presence, is the performer engaging regardless of genre," Fagan Martin said. "If I get lost in a performance, if the performer engages me, if they are expressing the emotion and helping me follow the story - that's what I'm looking for."

Spotlight on Talent Alumni have been making headlines, too. Last year's scholarship recipient Victoria Neukom went on to make the top 30 on the hit TV show "So You Think You Can Dance" and past winner Shalyah Fearing was accepted to the prestigious Berklee School of Music and appeared on "The Voice" with Adam Levine. D'Onofrio plans to take his new Sinatra piece to the 2019 American Idol auditions and is looking at attending USF after he graduates this spring.



Left: Alli Spenceley performed a beautiful rendition of Creedence Clearwater Revival's "Who'll Stop the Rain."



ANDY WARRENER

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Right: Terry Rouse (in foreground) gets set to serve the tennis ball during a doubles match last Friday morning.



Right: Larry Martin serves the ball.



Above: Two players team up in a doubles match.



Above: The courts at Zephyr Park are filled with tennis players and, sometimes judges at the net, on weekday mornings.

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Left: Betty Zalokar teams up with Ron Elliott during a pickleball doubles match on a court adjacent to the tennis courts.

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► **TENNIS:** From Page 1B

Bill Reinhart said he has played tennis at those courts for 10 years, in part, due to "the weather, what did you expect? Even if I hit the lottery I'd come back here because of the tennis group." Added Reinhart's wife Sherry, "We're just kind of like family. Everybody supports each other."

Terry Rouse, another snowbird from Michigan who has played tennis regularly at the local park, echoed those sentiments: "It's the weather and good courts."

Reinhart and others at the court recently noted how the number of players and faces who show up change from year to year. Nonetheless, the groups go on and the game continues.

"Over the years it's attrition; people come, people go," said Reinhart, adding players for the most part "don't argue. Some of us get a little too serious at times, but we all know we're not going to make our living at (tennis). We have fun."

Added Rouse, "We have a good time. Some of the players are more competitive too."

The numbers, however, have dwindled in recent years. Martin recalled how as many as 40 people used to show up on a regular basis to play tennis on weekday mornings. Now, he noted, that number is relatively half of the former turnout.

"There's just not a lot of interest for the 30-50-year-olds to come up in the game," Martin said, alluding to that age group of tennis players that somewhat serve as a feeder classification for retirees who want to continue hitting the courts.

Among the tennis players who showed up one day last week were Norm and Tammy Froeschke, who were down from Michigan for a week to visit Tammy's mother.

"It's beautiful. This is a super nice park," Tammy said. Another couple showing up for the first time to play tennis at Zephyr Park one day last week were the Gohls, Margie and Alan who also are from Michigan.

"We just came down (to the park) looking to play tennis," Margie said.

Meanwhile, among the tennis enthusiasts on a recent weekday morning were pickleball players Julie Klupacs, Ron Elliott, Marcel Boulet and Betty Zalokar — all from Hunter's Run with Klupacs being the only year-round resident.

There are no pickleball courts in Hunter's Run, unlike at Betmar and Southern Charm.

"We need real courts," said Klupacs, noting that a group from the 55-and-old community is working toward that goal with an estimate of \$6,000 for the concrete for two courts already proposed.

"They're not official size, but it's fun and we've got a place to play," Boulet said of the public courts.

For some, like Elliott who has a cast on his left wrist, playing means dealing with injuries.

"I just love to play," he said. "I fell and broke my wrist and I'm still playing."

"I love it. It keeps me active," Zalokar said. Added Klupacs, "It's addictive."

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Pasco Sheriff's Office Newsletter



Our agency recently lost one of our members who took her own life. While the reasons why she did this may only be known to her, this act affected everyone from her family, to her friends, and coworkers. Probably everyone has been touched in some way by the tragedy of suicide. No profession is immune and high-stress jobs are especially vulnerable, including law enforcement, doctors, lawyers, and other prominent career fields. But no profession, no culture, and no socio-economic group is exempt from suicide.

contemplating taking their life. We all know that the stresses from life, our work, and our family can be overwhelming at times. But these stresses can be dealt with, with the assistance of professionals and support from people who care.

We can help our friends or loved ones who may be contemplating suicide. Many individuals who are thinking about it may give signs to those close to them, even verbalizing suicidal thoughts. Always take such comments seriously and try to get the person to open up about what they mean.

Unfortunately, some people believe that showing signs of pressure or the difficulty of dealing with the stresses of their lives is a weakness. Nothing could be farther from the truth. People naturally seek out medical care if they are seriously injured. It should be the same with mental or emotional health issues. It takes a lot of courage to seek help for pain or trauma that is not visible on the outside but can be just as damaging.

Some signs of people who may be thinking of harming themselves include the following: depression, anxiety, alcohol

abuse, drug abuse, aggression, isolation or withdrawal from family and friends, talk of hopelessness and talk of suicide.

People who think that they may be suffering from depression or other mental health issues can call the National Alliance on Mental Illness, which has a Helpline at (800) 950-6264, or text NAMI to 741-741. The local Pasco County chapter can be reached at (727) 992-9653.

Anyone who is having thoughts of harming themselves should immediately call the National Suicide Prevention Lifeline at (800) 273-8255. The Lifeline Center calls are free and confidential and are manned 24 hours a day, seven days a week by trained crisis workers. This person will listen to you, understand how your problem is affecting you, provide support, and get you the help you need. These counselors are trained to help youth, disaster survivors, veterans, loss survivors, LGBTQ+, and basically any individual in crisis.

I urge anyone, or the loved ones and friends of anyone, who may be showing signs of harming themselves to reach out and find support. It may not be easy, but there are many who have been in the same situation as you who have learned to find a way to survive their trauma, often with the support of friends and family. You are worth it, and I know that others in your life will tell you the same. Help is available.

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SOAP UPDATE



Camryn Grimes stars as "Mariah" on "The Young and the Restless"

THE BOLD AND THE BEAUTIFUL

Sally made a comment to Wyatt about both Hope and Flo giving birth during the same time period, but neither going home with a baby. Zoe flipped out when she learned about Flo and Wyatt's past connection. Wyatt assured Sally about his love for her and his commitment to reviving Spectra Fashions. Steffy made a stunning revelation to Liam and Hope about her plans for the future. Donna and Justin went about matchmaking for Bill and Katie. Taylor urged Steffy to fight for Liam. Bill and Katie realized they'd been set up for lunch. The Spencers and Logans reunited when Thomas returned home with his son, Douglas. Wait to see: Sally apologizes to Thomas for their split.

DAYS OF OUR LIVES

John was horrified when he discovered that Marlena was unconscious. Sonny and Will celebrated a new change in events. Brady warned Rex that Eric had a history of breaking up couples. Stefan and Chloe bonded over their similar upbringing. Diana went to the hospital to comfort John. JJ urged Haley to let him help her. Tripp questioned Claire on how authorities knew where Haley was hiding. Leo surprised Brady with the news that they were brothers. John was stunned when a nurse claimed that Kristen was the one who tried to kill Marlena. Sarah impulsively kissed Eric. Leo offered to make a deal with Stefan. Wait to see: Marlena's condition begins to decline.

GENERAL HOSPITAL

Joss took the blame for someone else. Sonny's good deed paid off. Sasha had a warning for Valentin. Obrecht denied any wrongdoing. Brad and Willow argued. Jason and Drew connected the dots. Ava was a mess and got confrontational. Franco offered his support. Cameron was apologetic. Laura tried her best to understand. Kim wasn't interested in Shiloh's help. Molly was greatly concerned. Michael got pulled into an argument. Jason reassured Molly. Alexis needed more time. Valentin refused to share. Anna received a surprise visitor. Sonny was willing to die for those he loved. Wait to see: Michael takes Mike out for barbecue.

THE YOUNG AND THE RESTLESS

Ana pressured Devon into listening to her new songs immediately because she needed to make money. A worried Devon investigated Ana's finances, and was shocked to find she had been lying about being in debt. They argued and then apologized, but Devon's distrust lingered. Jack and Billy moved forward with their plan to seize power from Phyllis, especially now that they knew they had Kerry as their double agent. Phyllis fell right into a trap by confiding in Kerry. Mariah and Tessa's worst fears were realized when Tessa was arrested for her blackmail confession. A furious Mariah confronted Nick over Tessa's arrest. Victoria, Nikki and Sharon waited anxiously for news of their sentencing, but were comforted by visits from their ex-husbands. Wait to see: Christine questions Rey's motives.

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DAYTIME TV schedule table with columns for time slots and channels.

THURSDAY MARCH 14, 2019 TV schedule table.

FRIDAY MARCH 15, 2019 TV schedule table.

SATURDAY MARCH 16, 2019 TV schedule table.

SUNDAY MARCH 17, 2019 TV schedule table.

MONDAY MARCH 18, 2019 TV schedule table.

TUESDAY MARCH 19, 2019 TV schedule table.

WEDNESDAY MARCH 20, 2019 TV schedule table.

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Left: Jaydon Bishop waits on-deck while Zephyrhills teammate Chase Compton takes his turn at the plate during last Friday's baseball game against district rival Wesley Chapel.



Right: Wesley Chapel catcher Sean Esquinaldo walks out to the mound to settle down starting pitcher Ethan Jones during last week's game against Zephyrhills. Jones, a left-hander, earned the win and tossed 107 pitches in six innings.

STEVE LEE



Above: Taking some practice swings before the start of last week's game against the Wildcats were Bulldog teammates Jaydon Bishop and Dylan Woods.

Below: Coaches meet with Zephyrhills players during a postgame address.



Left: Zach Schneidmiller takes a lead while first baseman Josh Wellerman gets set to field.



► **BASEBALL:** From Page 1B

Zephyrhills, which had just two hits in seven innings, took a 1-0 lead in the first on Dunn's clutch two-out single. Zach Schneidmiller, who played shortstop, was hit by a pitch with one out, advanced to second on a walk to Joe Mortella and scored on Dunn's single.

Wesley Chapel added two its two-run lead with single runs in the fourth and fifth innings. Jesse Rhodes led of the fourth with a single and two outs later raced home on another clutch two-out hit, Showalter's RBI single.

In the fifth, the Wildcats built their lead to 5-1. Coultas, Josh Wellerman and Rhodes had base hits in that frame with Gomez, who reached on a fielder's choice, racing home on Rhodes' two-out base hit. Coultas and Rhodes each finished the game with two hits.

Zephyrhills mounted a late rally with a pair of unearned runs in the sixth. Schneidmiller reached on an infield error before the Bulldogs loaded the bases on a walk to Dylan Woods and Mortella's single. Schneidmiller

scored on an errant throw back into the infield from Showalter, the left fielder. Woods came in on Zack Driggers' infield groundout.

That was as close as the Bulldogs came however as right-handed reliever Austin Green came on in the seventh for a scoreless inning. Wesley Chapel starter Ethan Jones went six innings to earn the win. The left-hander scattered two hits with 10 strikeouts and five walks.

"That kids' pretty tough," Guynn said of Jones, whose breaking ball baffled some of the Zephyrhills hitters.

Jones finished the game with 107 pitches. According to Florida High School Athletic Association rules a pitcher that throws more than 105 pitches in a game must not be allowed to take the mound for one week. That stipulation, however, did not factor into the coach's decision to leave his starter in the game even as his pitch-count mounted.

"He's going to have a lot of rest over the next two weeks," said Moye, alluding to a light schedule coming up. "We were going to ride him like Zorro."



Left: Coaches and team captains meet at home plate to go over some ground rules with the umpires before last Friday night's pivotal district baseball game between the Bulldogs and Wildcats.

