

## CLASS DESCRIPTIONS & CURRICULUM

Just Be Beautiful, Inc. Girls Mentoring Organization

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## Just Be Beautiful, Inc. Girls Mentoring Organization Classes & Services

Just Be Beautiful, Inc. offers several classes and services through leadership and life skills mentoring. We believe in teaching and mentoring the whole person. Therefore, the classes and services offered are designed to impact the emotional, physical, and spiritual well-being of that person.

**Class Titles**: Class times (duration) vary based on the intensity of content and activities. However, all classes are allotted at least 1.5 to 2-hours. Additionally, the only class offered in the order in which it is listed is, "**Beauty Is...**" **Orientation** class. Upon membership enrollment, a class schedule will be distributed to the participants.

Beauty Is...: Orientation Class for all new enrollees

Just Be Prosperous: Entrepreneurship lessons & Learning how to save, earn, spend and give

Just Be Compassionate: Community Service orientation classes and activities

Could You Be the Most Beautiful Girl in the World? Learning how to love yourself & accentuate your natural beauty; Hair, skin, nails and body type

Just Be Smart and Intelligent: Tutoring and Homework Assistance

Just Be Loving and Kind: Anti-bullying classes and activities

Just Be Fit and Healthy: Inner beauty workshops, overall hygiene/puberty, health, fitness & nutrition lessons

**Beloved, You are Accepted:** Healing from Rejection; Healthy relationships with family, friends and boys

Just Be Gorgeous: Dressing appropriately for every occasion; fashion forward lessons & activities

**Just Be Organized:** Setting goals for your future; Academic Leadership tips; What do you want to become?