



Bay Colony Children's House Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	<p><u>BREAKFAST</u> Cereal, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Ravioli Casserole, Green Beans, Fresh fruit & Milk</p> <p><u>SNACK</u> Club crackers & 100% Fruit Juice</p>	<p><u>BREAKFAST</u> Waffles, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Cheesy Enchiladas, Mexican Rice, Sweet Corn, Fresh Fruit & Milk</p> <p><u>SNACK</u> Crunchy Pretzels, Sweet Raisins & Water</p>	<p><u>BREAKFAST</u> Crescent Rolls, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Yummy Chicken Nuggets, Mashed Potatoes & Gravy, Bread, Fresh Fruit & Milk</p> <p><u>SNACK</u> Tangy Oranges, saltine crackers, water</p>	<p><u>BREAKFAST</u> Buttered Whole Wheat Toast, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Whole Wheat Grilled Cheese Triangles, Warm Tomato Soup, Fresh Fruit & Milk</p> <p><u>SNACK</u> Wheat thins & 100% Fruit Juice</p>	<p><u>BREAKFAST</u> Buttermilk Pancakes, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Homemade Mac & Cheese, Baby Carrots, Fresh Fruit & Milk</p> <p><u>SNACK</u> Trail mix & 100 % Fruit Juice</p>
WEEK TWO	<p><u>BREAKFAST</u> Cereal, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Chunky Chicken Pasta, Sweet Peas, Fresh Fruit & Milk</p> <p><u>SNACK</u> Cheese Crackers & water</p>	<p><u>BREAKFAST</u> Oatmeal, Blueberries & Milk</p> <p><u>LUNCH</u> Bean & Cheese Burritos, Sweet Corn, Fresh Fruit & Milk</p> <p><u>SNACK</u> Belvita (WG) & Mixed Fruit Cups</p>	<p><u>BREAKFAST</u> French Toast, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Pinto Beans w/Hot Dog bites, Dinner Rolls, Fresh Fruit & Milk</p> <p><u>SNACK</u> Fresh Baked Strawberry Muffins, & 100% Fruit Juice</p>	<p><u>BREAKFAST</u> Pig in a Blanket, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Spaghetti & Meat Sauce, Green Beans, Fresh Fruit & Milk</p> <p><u>SNACK</u> Crunchy Gold Fish, & 100% Fruit Juice</p>	<p><u>BREAKFAST</u> Buttermilk Pancakes, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Whole Wheat Turkey Squares, Sweet Carrots, Fresh Fruit & Milk</p> <p><u>SNACK</u> Trail mix & 100 % Fruit Juice</p>
WEEK THREE	<p><u>BREAKFAST</u> Cereal, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Delicious Cheese Quesadillas, Fresh Green Salad, Fresh Fruit & Milk</p> <p><u>SNACK</u> Graham Crackers & 100% Fruit Juice</p>	<p><u>BREAKFAST</u> Warm Cinnamon Rolls, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Hot Dogs in a Bun, Green Beans, Fresh Fruit & Milk</p> <p><u>SNACK</u> Goldfish, Sweet Raisins, & Water</p>	<p><u>BREAKFAST</u> Warm Biscuits, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Crunchy Fish Sticks, Ranch Beans, Bread, Fresh Fruit</p> <p><u>SNACK</u> Oven Baked Funfetti Muffins & 100% Fruit Juice</p>	<p><u>BREAKFAST</u> Cream Cheese Bagels, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Beef Soft Taco, Mexican Rice, Sweet Corn, Fresh Fruit & Milk</p> <p><u>SNACK</u> Wheat Thins & 100% Fruit Juice</p>	<p><u>BREAKFAST</u> Buttermilk Pancakes, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Whole Wheat Ham & Cheese Squares, Baby Carrots, Fresh Fruit & Milk</p> <p><u>SNACK</u> Trail Mix & 100 % Fruit Juice</p>
WEEK FOUR	<p><u>BREAKFAST</u> Cereal, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Bean & Cheese Burritos, Sweet Corn, Fresh Fruit & Milk</p> <p><u>SNACK</u> Fresh Baked Strawberry Muffins & 100% Fruit Juice</p>	<p><u>BREAKFAST</u> Scrambled Eggs with Potatoes, Toast, Fresh Fruit & Milk</p> <p><u>LUNCH</u> BBQ Chicken Minis, Carrot Sticks, Fresh Fruit & Milk</p> <p><u>SNACK</u> Belvita (WG) & Mixed Fruit Cups</p>	<p><u>BREAKFAST</u> Cheese toast, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Fideo W/Chicken and Mixed Veggies, Fresh Fruit & Milk</p> <p><u>SNACK</u> Animal crackers, 100% Fruit Juice</p>	<p><u>BREAKFAST</u> Warm Biscuits, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Dirty Rice w/Ground Beef, Mixed Veggies, Fresh Fruit & Milk</p> <p><u>SNACK</u> Cheese Nips & 100% Fruit Juice</p>	<p><u>BREAKFAST</u> Buttermilk Pancakes, Fresh Fruit & Milk</p> <p><u>LUNCH</u> Whole Wheat Turkey Squares, Sweet Carrots, Fresh Fruit & Milk</p> <p><u>SNACK</u> Trail Mix & 100 % Fruit Juice</p>