



HANDS and HEARTS

The Newsletter of
Moore Free &
Charitable Clinic

Fall, 2020

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Our Mission:

With compassion and respect, Moore Free & Charitable Clinic provides health care to the limited income, uninsured of Moore County.

Dear Friend of Moore Free & Charitable Clinic,

Here we are near the close of 2020, and we still are facing daily threats to our health and economy from the novel coronavirus. But in the face of this huge concern, I still find many things for which to be thankful.

While Moore Free & Charitable Clinic has faced innumerable challenges in providing care to our patients during a pandemic, I am proud and blessed to say that our staff and volunteers have remained safe and healthy. We take seriously the need to mask and stay home if anyone feels unwell or has been exposed to the virus. I think our experience shows these precautions work.

I also give thanks that our patients have complied with our strict protocols for safety. The Clinic has not lost a single day of operations during the pandemic. Since March we have referred 206 patients for COVID-19 testing. The peak number of positive results occurred in the summer months (31% of tests) and the annualized average of positives is 24%.

We support our COVID positive patients in managing their symptoms and refer them for other services as needed. A large portion of our patient population is at high risk for contracting COVID-19 and for suffering serious illness due to pre-existing conditions. Unfortunately, this is a disease that takes advantage of the persistent disparities in our society.

If the economic impact of the pandemic results in higher unemployment, the Clinic will serve an even greater role as a safety net. I am thankful our space expansion project begun last year is finally completed. We are in a good position to handle an influx of new patients. We are blessed with an outstanding team of providers, staff and volunteers who have proven they will not be deterred from our important mission.

Lastly, I am deeply thankful that many compassionate members of our community have and continue to support the Clinic's mission. We could not do what we do without your investment in the health of our entire community.

As the holiday season approaches, let us remember our many blessings– and those who need a little blessing.

With many thanks,

Tony Price, Chief Executive Officer

Clinic Expansion Completed and the Reviews are Five Stars!

Moore Free & Charitable Clinic has been in operation at its current location in Southern Pines since 2009. The original space was only 3,000 square feet; the steady growth in the number of patients served and services offered severely strained capacity. Over the past 12 months, contractors and volunteers have been slowly but surely expanding the Clinic's footprint, while patient care continued uninterrupted. The Clinic's space has been doubled to 6,000 square feet, including new exam rooms, volunteer space, an expanded pharmacy, plus a spacious new waiting room and triage area. The transformation is amazing!

Moore Free & Charitable Clinic and its Board of Directors wish to say ***Thank you!*** to all the generous donors who helped fund the construction, especially the following individuals, organizations and businesses for their hands-on involvement in our project. You all helped to make health care available for more of our less fortunate neighbors:

4 Seasons Heating & Air
Travis Alfrey
Allred Electric
Bill Beagle
Builders First Source
Cribbs Construction
Dandeneau Architecture

Dr. Michael Edwards
Reid Edwards
Foundation of the Carolinas
Longleaf Men's Golf Assn.
John McDaniel
Terry McDaniel

Hugh and Nancy Miner
John O'Malley
Pinehurst Comm. Foundation
Pinehurst United Methodist Men
The Village Chapel
Town of Southern Pines



Above left: A symbolic ribbon cutting for the spacious new Moore Free & Charitable Clinic waiting area.

Above right: The greatly expanded pharmacy allows for more efficient storage and dispensing of prescription and over the counter medications.

Left: Another view of the waiting area.

When it is safe to do so, the community will be invited to an open house to celebrate this accomplishment made possible by YOU!

The Clinic's Longest Serving Employee Retires



On October 30, Clinic staff and volunteers said a bittersweet and fond goodbye to Debbie Whitley, the Clinic's long-time office manager. For 16 years, Debbie has been a loyal and consistent presence at Moore Free & Charitable Clinic. All Clinic staff, volunteers and Board members wish Debbie a fun and productive retirement and....

...we thank you from the bottom of our hearts for your service to the Clinic!

By the Numbers (as of 12/31/19)

Number of patients served: 1499
Number of visits: 6270
Value of prescription medications dispensed: \$6,027,698
Value of direct and indirect medical services: \$22,282,175
Value of investment: \$35.41 in services for each \$1 of expense

Please Remember Us in Your Year End Giving

Moore Free & Charitable Clinic has an important mission: to keep people healthy who would otherwise suffer with untreated chronic diseases. That is a very costly mission, given the expense of hiring qualified staff, medical equipment, insurance, medications and, more recently, much needed upgrades to our facility. As you consider making a gift this holiday season, we gratefully ask you to **PLEASE GIVE TODAY.**

In 2019, our average cost per patient was \$408.23. Won't you help fund the cost to provide quality services for one, two or more of your neighbors who need care?

FOUR EASY WAYS TO GIVE

- **Use the enclosed envelope to send credit card information or a check made payable to Moore Free & Charitable Clinic**
- **Go to www.MooreFreeCare.org and click on DONATE NOW link on our home page**
- **New- Text "Give" to (910) 634-6322**
- **New- Scan code below with your phone:**



MFCC is a 501(c)(3) charitable organization and gifts are tax deductible according to applicable law.

Gifts of stock or other property, and IRA qualified distributions are welcomed, and can be a tax smart way to donate. If you are doing a review of your will or living trust, please consider a bequest. For more information on making gifts of this type, please call Tony Price at (910) 246-5333 ext. 207.

All gifts—whether large or small—are deeply appreciated!

Volunteer Spotlight: Dr. Michael Antil

Compassion. That trait motivates Dr. Michael Antil to serve Moore Free & Charitable Clinic as a volunteer physician. Since 2008, when the Clinic was seeing patients one night a week at the Health Department in Carthage, Dr. Antil has faithfully worked his evening shift.

An Ohio native, Dr. Antil came to Moore County in 2005 to practice Internal Medicine at Pinehurst Medical Clinic. When he became aware of Moore Free Care Clinic's mission to serve low income, uninsured residents, he felt it was an opportunity to continue working with underserved populations, begun during his residency in a public hospital in Atlanta. As he says, "When you look beyond social class, ethnicity and neighborhood, we all have the same needs and hopes. I give my MFCC patients the same care and respect I give my other patients. They all deserve my best."



He is proud of the fact that several of his MFCC patients continue to see him at Pinehurst Medical as their primary care physician after they got jobs that provided health insurance. For him, the reason he was drawn to primary care was the opportunity to build long term relationships of trust with patients. Even with that foundation of trust, Dr. Antil knows that preaching about healthy lifestyle changes won't work with most patients. That is why he is a big believer in showing rather than saying.

An avid outdoorsman and skier, he models good health habits for his patients. More importantly, he models compassionate concern for others with every individual he encounters. "Be the change you want to see" is his guiding principle and the lesson he hopes to impart to his three children, Olivia, Caroline and David. "I have been privileged in my life, and feel a duty to give back in the best way I know how." We at Moore Free & Charitable Clinic are privileged to work with you, Dr. Antil, and thank you for exemplifying a giving spirit to the whole community.

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To keep patients and Clinic staff COVID-19 safe, this year's flu shot clinic was held outdoors as a drive-through event. Shots were administered on two days: an amazing 400 shots were given on October 9th and 51 were given on the 16th. Thank you to all the staff and volunteers who worked so hard to help our patients!

Best Wishes for a Blessed Holiday and Healthy New Year!