



HANDS and HEARTS

The Newsletter of
Moore Free &
Charitable Clinic

Summer, 2021

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Our Mission:

With compassion and respect, Moore Free & Charitable Clinic provides health care to the limited income, uninsured of Moore County.

For more information visit
www.MooreFreeCare.org
211 Trimble Plant Road
Southern Pines, NC 28387
(910) 246-5333



A Message from our CEO

Moore County is a wonderful place to live, work and play. But for too many of our unemployed neighbors or those with low wage jobs, life is a daily struggle to pay for housing, food and other basic family necessities. When the stress of illness is added to that burden, just surviving can feel like an ordeal. For many in that heartbreaking situation, Moore Free & Charitable Clinic has made

a positive difference in lives, and in the health of our entire community.

Since 2004, Moore Free & Charitable Clinic has been providing medical care to Moore County residents who are not fortunate enough to have jobs that offer affordable health insurance. Most are employed but have incomes at the federal poverty level. The woman who cleans your house, the man who maintains your landscaping and the home care worker who helps your elderly loved one – these are the people who take care of us every day. ***You can help us take care of them so they can have the blessing of health.***

Our work must go on because our patients have no alternatives for receiving quality, consistent care for their chronic illnesses such as diabetes, congestive heart failure and high blood pressure. The emergency room is no place for the management of chronic disease and is the costliest option for the patient and our society as a whole. All people, regardless of race, country of origin or income should have access to adequate primary care. This mission is what compels us to keep our doors open, even in challenging times.

As a nonprofit, we depend on the amazing generosity of this community to keep providing our essential services. Through many generous gifts, large and small, we have been blessed to care for the underserved for 17 years. We are needed now more than ever to help our neighbors who have been left behind and, even without the effects of a global pandemic, face a very uncertain future. ***Please help us continue to help others by making a gift today. It will have more impact than you will ever know.***

With gratitude,
Tony Price
Tony Price, CEO

A Look Back at a Challenging Year: 2020 Operational Statistics at a Glance

2020 certainly was unprecedented, to use a term we have heard thousands of times to describe life with COVID-19. Like everyone, Moore Free & Charitable Clinic has had to adapt to a new normal. With the help of our dedicated staff, loyal volunteers, patients *and especially our financial supporters like YOU*, we have continued providing high quality primary care and referral services for low income, uninsured residents of Moore County.



58%

Percentage of hypertensive patients with well controlled blood pressure

60%

Percentage of diabetic patients with controlled blood glucose



1673

Total number of patients served

297

Number of new patients

6408

Total number of patient visits



24,222

Number of prescriptions provided

\$7,642,953

Total value of prescriptions



264/24%

Number/percentage patients testing positive for COVID-19

2

Patients deceased



\$417

Average cost per patient

\$12,671

Value of services per patient



\$21,659,995

Value of services provided (directly and indirectly)



MFCC's newly expanded in house pharmacy was made possible through the support of our loyal benefactors –please join them.

Volunteer Spotlight: Dr. Michael Antil

Compassion. This trait motivates Dr. Michael Antil to serve Moore Free & Charitable Clinic as a volunteer physician. Since 2008, when the Clinic was seeing patients one night a week at the Health Department in Carthage, Dr. Antil has faithfully worked his evening shift.



An Ohio native, Dr. Antil came to Moore County in 2005 to practice Internal Medicine at Pinehurst Medical Clinic. He became aware of Moore Free Care Clinic's mission to serve low income, uninsured residents. He felt it was an opportunity to continue working with underserved populations, begun during

his residency in a public hospital in Atlanta. As he says, "When you look beyond social class, ethnicity and neighborhood, we all have the same needs and hopes. I give my MFCC patients the same care and respect I give my other patients. They all deserve my best."

The reason Dr. Antil was drawn to primary care was the opportunity to build long term relationships of trust with patients. Even with that foundation of trust, Dr. Antil knows that preaching about healthy lifestyle changes won't work with most patients. That is why he is a big believer in showing rather than saying.

An avid outdoorsman and skier, he models good health habits for his patients. More importantly, he models compassionate concern for others with every individual he encounters. "*Be the change you want to see*" is his guiding principle and the lesson he hopes to impart to his three children, Olivia, Caroline and David. "I have been privileged in my life and feel a duty to give back in the best way I know how." We at Moore Free & Charitable Clinic are privileged to work with you, Dr. Antil, and thank you for exemplifying a giving spirit to the whole community.

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Please Give the Gift of Health and Hope to Your Less Fortunate Neighbors

Moore Free & Charitable Clinic has an important mission: to keep people healthy who would otherwise suffer with untreated chronic diseases. That is a very costly mission, given the expense of hiring qualified staff, medical equipment, insurance, medications and, more recently, much needed upgrades to our facility. We gratefully ask you to **PLEASE GIVE TODAY.**

In 2020, our average cost to take care of a patient was \$417. Won't you help fund the cost to provide quality services for one, two or more of your neighbors who need care?

HOW TO GIVE

- **Use the enclosed envelope to send credit card information or a check made payable to Moore Free & Charitable Clinic.**
- **OR**
- **Go to www.MooreFreeCare.org and click on DONATE NOW link on our home page.**

MFCC is a 501(c)(3) charitable organization and gifts are tax deductible according to applicable law.

Gifts of stock or other property, and IRA qualified distributions are welcomed, and can be a tax smart way to donate. If you are doing a review of your will or living trust, please consider a bequest. For more information on making gifts of this type, please call Tony Price at (910) 246-5333 ext. 207.

All gifts—whether large or small—are deeply appreciated!

MFCC Awarded Patient Centered Medical Home Certification



A positive aspect of 2020 was MOORE Free & Charitable Clinic's national certification as a patient centered medical home (PCMH). This is an advanced care delivery model that focuses on meeting the needs of our individual patients. A PCMH has special features, including (1) an ongoing relationship with a personal provider for continuous and comprehensive care; (2) a team approach to care; (3) whole-person focus; and (4) coordinated care across the entire health care system and the patient's community.

As a PCMH, MFCC establishes and maintains a comprehensive relationship with our patients. We coordinate a broad range of health services through strong partnership with our community

medical providers, providing follow up and continuing care. Our leadership monitors patient outcomes in key measures annually and our clinical staff follows best practices in delivery of chronic disease care. We know that health problems can be magnified by our patients' living situations. That is why we respectfully ask all patients about any needs such as housing, food security, transportation and other social determinants of health. We then refer patients to our many community partners, such as the Sandhills Coalition for Human Care, the Department of Social Services, area food banks and housing agencies.

By supporting our work, you can have a real impact on peoples' lives – right here at home. The need is great, as we see every day. But thanks to caring people like you, we also see the happy outcome of patients getting control of their health through our diabetes management program, mental health counseling, weight loss support and smoking cessation program. YOU CAN MAKE THE DIFFERENCE!

We  Our Volunteers!

Michael Antil, MD
Nicole Apple, OD
John Arnold
Shirley Baldwin, RN
Mary Ellen Bender, LCSW
Greg Blakely, MD
Wanda Brooks
Mary Chapman
Henry Collett
Cathy Crawford
Jeanie Daigre
Virginia Dean
Shirley Denardo, RN
Alexandra Ferguson
Connie Fletcher
Chelsi Frazer

Sherry Hall, FNP
Ellen Hamilton
Don Harnum
Liz Harry
Ann Hauser
Lori Heim, MD
Vera Jennings
Sandra Knapp
Barbara Korn
Richard Korn
Cindy Laton
Amalia Mangum, RN
Phyllis Maker
Marian Maroney
Susan McBride
Ursula McGlamery

Nancy McGowan
Arthur Medeiros
Sonia Middleton
Virginia Minichello
Walter Morris, MD
Benny Morse
Donna Niemi
Kay Overcash-Jenkins, RN
Sherry Price
Randy Rime
Fabian Rodriguez, MD
Larry Rouse, MD
Linda Seiberling
Jordan Swandell
Sharon Taylor, FNP