



SARASOTA SPORTS MEDICINE

Sarasota Sports Medicine provides answers. We listen to your concerns and work together until you achieve peak performance. We love life and want nothing more than to help you live yours to the fullest.



If you are:

- Confused by contradicting info from “Dr. Google” and “Nurse WebMD”
- Tired of sitting on the sidelines
- Struggling in your workouts due to lack of motivation
- Sick of being talked AT by your doctors
- Told to stop doing the sports and activities you love
- Tired of all the prescriptions
- Scared you may need surgery
- Wanting to achieve peak performance

...*We can help!*

*LIFE should take your breath away...
not your pain.*

Features:

- [Deep Tissue Laser Therapy](#) - Class IV Laser Therapy is a non-invasive, safe, and effective treatment modality used to relieve pain, reduce inflammation, and promote soft tissue healing and repair.
- [Chiropractic Adjustments](#) - Chiropractic adjustments are utilized by top professional athletes including Hall of Fame baseball player Jim Thome, Tiger Woods, Jerry Rice, Joe Montana, and many more. It's safe, it's effective, and it just plain works!
- [Functional Exercise Rehab](#) - Post surgery or post injury? Get back in the game safely and effectively with a monitored rehab program designed especially for you.
- [Dry Needling & Acupuncture](#) - Dry Needling helps reduce pain and restore function. Acupuncture restores the flow of energy (Qi) through key points in the body (meridians) to restore balance.
- [Prolotherapy](#) - Prolotherapy helps athletes return to the game quickly! It's proven to repair body tissues, reduce pain, strengthen ligaments, and improve strength, function, and mobility of the joint.

Our mission is to help you achieve physical success and live your best possible life. Our tagline, and personal belief is, “You Don’t Have to Be a Pro to Be Treated Like One.” Visit us and you’ll see the difference.



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