Encouraging Statements Handout

Undue Attention

Would you be willing to help me with __________ or __________?  
Thanks for helping. I appreciate it.
I hear you. I'm looking forward to our special time.
What's next on our routine chart?.  
This is challenging. What are your ideas to solve this challenge?
Co-create sign language and one word reminders.

Encouraging Statements Power

I need your help. What ideas do you have to fix this problem?  
What would help you the most—to find a solution on the Wheel of Choice or to use the Four Problem-Solving Steps?  
What is your understanding of our agreement?
You are making some good points. It will be easier to listen when we are both calmer.
It might help to put this on our class meeting (or family meeting) agenda. Do you want to do that, or should I?
I think we are in a power struggle. Let’s take some time to calm down and then start over.

Encouraging Statements Revenge

When you hurt me or others, I know you are hurting. I’m so sorry.
When you hurt others, I wonder what you feel hurt about. Want to talk about it now—or later?
No wonder you are upset. You always get in trouble, and the other kid walks away without getting caught.
Why don’t we both take a break, cool off, and then come back and try again.
Looks like you are having a really bad time right now. Want to talk about it?  
Do you know I really care about you?
Encouraging Statements Assumed Inadequacy

Remember when you first tried to ________? Remember how long it took till you were good at it?
How about doing this small step first?
Let’s do it together.
It’s okay to make mistakes. That’s how we learn.
I’ll write the first letter and you write the next one. Okay?
I can’t remember how to use my iPad (or something else). Could you show me?
I could really use some help.

For Any Mistaken Goal

Would you be willing to work with me to figure out if you’d like to improve your grade and if so, how you could go about that?
When you’ve put away the equipment, we can move on to the next activity.
Let’s try it this way for a week and then we can re-evaluate.
You can try again.
I’ll let you know when I’m ready to try again.
I wonder what you’re so upset, angry, hurt, annoyed, etc., about.
Wow! You’re really angry, upset, annoyed, etc. Want to tell me about it?
I feel ___________ because ______________ and I wish ________________.
I can tell this is really important to you.
I can see how hard you worked on this and how much time went into it.