

AND Theory of Relationships

what?

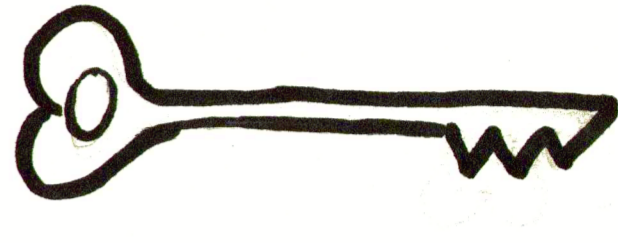
- Behavior is Purposeful
- Humans want Belonging & Significance
- Behavior based on "Personal Logic"

who? Adler, Dreikurs, Nelsen

when? Skills learned over a lifetime

where? self, school, home, community

why? Skills needed to build and sustain relationships.

• Encouragement is the key 

• Humans want to contribute

• Mistakes are Opportunities
 - Learn - Build Skills

• Mutual Respect Given & Received

• Kind **AND** Firm
 ↳ connected ↳ accountable

Community Skills

- Agreements
- Routines
- Meaningful Work
- Self Regulation
- Mutual Respect
- Building Cooperation
- Mistakes : How to fix them
- Forgiveness : Letting Go
- Respecting Differences
- Respectful Communication



Solution Meeting Skills

- Forming & Maintaining a Circle
- Using a Talking Object
- Focusing on Solutions
- Brainstorming & Role Play

Solution Meetings

- Appreciations
- Follow up on Past Solutions
- New Challenges
 - Share/Listen
 - Group Problem Solving
- Leave Laughing