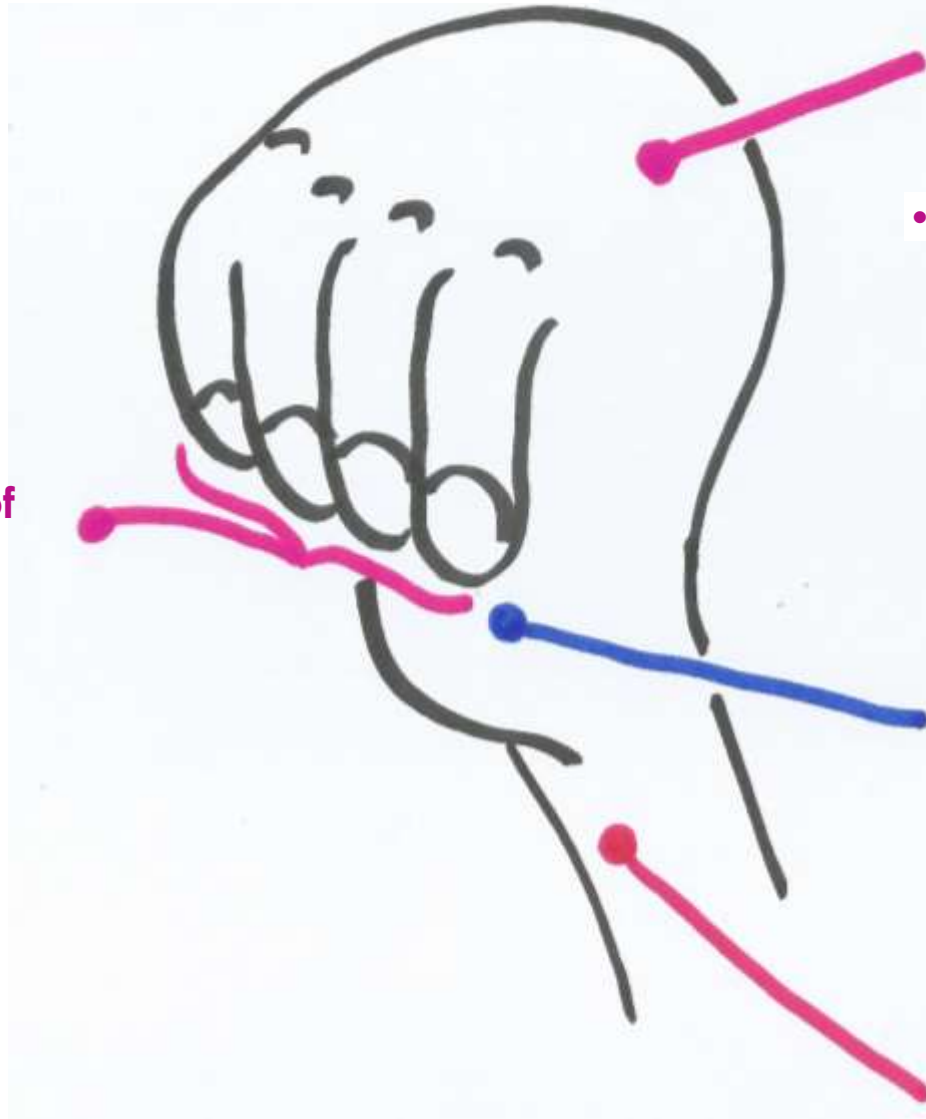




Integrated Brain

Prefrontal Cortex

- Consideration of others perspectives
- Empathy
- Inner Wisdom
- Executive functioning and planning skills
- Send, receive and process messages
- Flexible



Cerebral Cortex

- Essential Questions:
 - What can I learn here:
 - How can I solve this problem?
- Tools:
 - Academic and social knowledge.
 - Language and number
 - Creative problem solving
 - Patience

Limbic System

- Memories and feelings

Brainstem

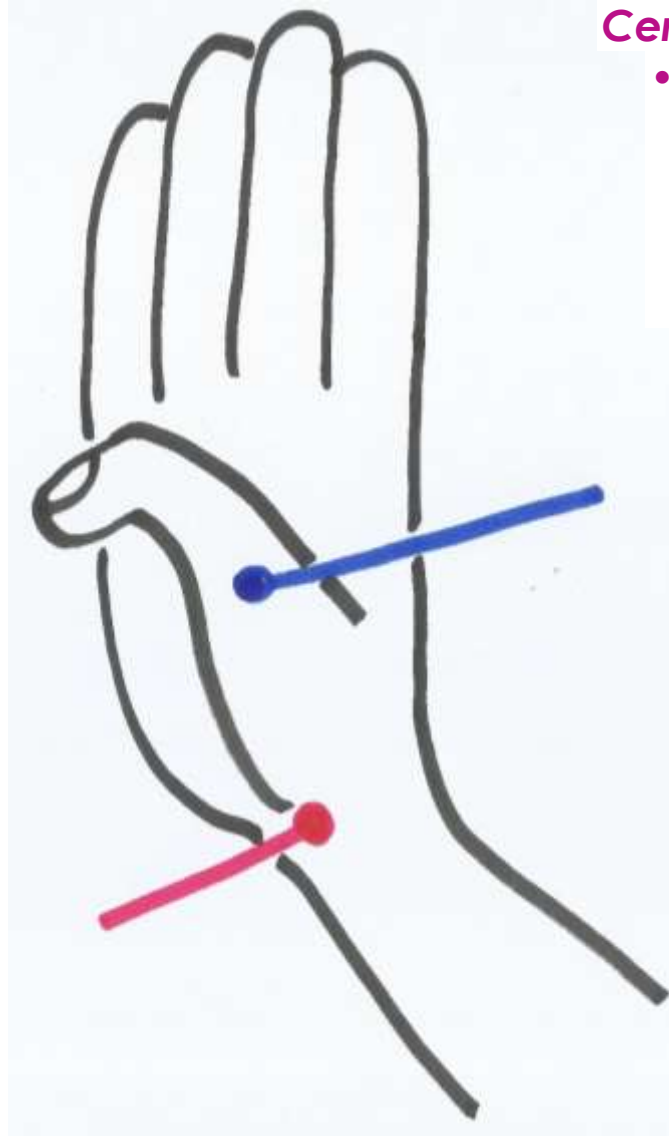
- Safety supervisor
- Essential body systems and organ function



Dysintegrated Brain

Brainstem

- Essential Question:
 - Am I safe?
- Tools if the answer is no:
 - Fight
 - Fright
 - Freeze
 - Faint



Cerebral Cortex

- In “dysintegration” or flipped lid state, messages do not get to the cortex for a creative response.

Limbic System:

- Essential Questions:
 - Am I liked?
 - Am I loved?
 - Am I cared about?
- Tools if the answer is no:
 - Blaming
 - Shaming
 - Name Calling
 - Defending

*To build trusting relationships
Regulate and Reconnect
before Problem Solving.*