

POSITIVE DISCIPLINE THEORY

- Behavior is purposeful
- Belonging and Significance
- Private Logic
- Encouragement
- Community Contribution
- Mistakes are Opportunities
- Mutual Respect
- Kind AND Firm

Other Contributing Theories

- Skill level is based on development temperament, attachment and trauma history
- We do the best we can with the skills we have
- Building skills is always possible

Adler, Dreikurs, Nelsen

Perry, Greene, Siegel