

Smoothies | Available All Day

 palanidrive.com/smoothies

Non-dairy smoothies

16 oz each

Powerman (20 oz)

4.50

banana, pineapple, mango juice, orange juice, whey protein

Ironman

4.00

strawberry, banana, blackberry, orange juice, multivitamin

Healthy Green

4.00

spinach, wheatgrass, mint, pineapple, mango juice

Rising Sun

3.85

strawberry, banana, apple juice

Blue Hawaii

3.85

strawberry, blackberry, blueberry, mango juice

White Mountain

3.85

pineapple, banana, coconut milk, orange juice

Mango Monkey

3.85

banana, blueberry, mango juice

Coco Loco

3.85

strawberry, pineapple, coconut milk, mango juice

Hawaiian Breeze

3.85

strawberry, pineapple, lime, mango juice

Smoothies with dairy

16 oz each

Java Lava

3.85

banana, peanut butter, iced coffee, vanilla syrup, skim milk

Maui Wowi

3.85

pineapple, coconut milk, mango juice, frozen yogurt

Funky Monkey

3.85

banana, peanut butter, chocolate, skim milk

Banilla

3.85

banana, vanilla syrup, skim milk

Pineapple Ginger

3.85

pineapple, ginger, banana, frozen yogurt, mango juice

Supplements

spirulina, oat bran, bee pollen, ginko biloba, ginseng, calcium, brewers yeast, vitamin C, echinacea, wheatgrass, multivitamin

0.75

soy protein, whey protein, creatine

1.00

substitute soy, almond or coconut milk

0.75