

## Pathway to Home

### Recovery-Oriented Housing for Men

#### Ames, Iowa

***\$125 weekly or \$700 monthly***

#### **What the Home Offers**

- Substance-free shared living-6 beds
- Clear house rules and expectations
- Structured household environment
- Monitoring and housing oversight appropriate for shared housing
- Random UA and breathalyze
- MOUD (MAT) accepted
- Shared living spaces
- In unit laundry
- All utilities included
- Large yard and outdoor patio

**[View bed availability and make a referral](#)**

**[Online Application](#)**

#### **Location & Accessibility**

- Located in Ames, Iowa
- On a major bus line
- Within walking distance to employment opportunities
- Close to grocery stores, food pantry access, and essential services
- Near criminal justice and community resources

#### **Who This Housing Is For**

- Men seeking substance-free housing
- Individuals transitioning from treatment, incarceration, or unstable housing
- Residents able to live independently in a shared household
- Individuals who value structure, accountability, and community living with a holistic approach to overall health and stability. Must be willing to engage in recovery support as detailed in your professional recovery plan.

#### **What This Home Does Not Provide-Must be coordinated externally**

- No medical services
- No behavioral health services
- No counseling or therapy
- No recovery programming
- No clinical supervision

**HomeBRIDGE Cares, Inc.**

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**[www.homebridgecares.com](http://www.homebridgecares.com)**

*HomeBRIDGE Cares, Inc. serves as the centralized intake and placement coordination hub for our housing programs, including. **HomeBRIDGE Iowa Together, a women's shared-living program, and Pathway to Home, a substance-free living program for men.***



Scan here to complete the intake form

**Break these rules and your stay will be terminated**  
(**RED TYPE or \*\*** = IMMEDIATE DISCHARGE FROM HOME)

**1. SAFETY:**

- a. **Never unplug or cover cameras for any reason. \*\***
- b. No loitering or hanging out in the front yard for any reason. The back patio is used for this.
- c. Keep entry and exit doors closed and locked at all times
- d. **No weapons, drugs & alcohol, or paraphernalia of any kind\*\***
- e. Do not leave items on the floor that may cause a slipping or trip hazard
- f. If you spill anything on the floor immediately wipe it up and the place a wet floor sign
- g. **Residents are responsible for compliance with any prescribed treatment or medications\*\***

**\*\*\*\*Case management is required-Residents who require recovery goals, treatment plans, or court-ordered conditions must have those goals established and monitored by the referring agency or supervising provider. The housing program does not set, track, or enforce recovery goals.**

**2. GENERAL:**

- a. **Do not steal or use another person's items without permission.\*\***
- b. **Do not open or enter any cabinets or closets with pad locks\*\***
- c. Turn lights off when not in use
- d. You may NOT enter another resident's room at any time
- e. Keep room door closed at all times
- f. Clothes must be worn outside of your room.
- g. Never leave personal items unattended in common areas of the home
- h. Kitchen closes at 10pm for stove use unless approved by staff
- i. **If you are diabetic or need to give yourself shots using a syringe, you will need to have a medical grade bin to dispose of used needles properly.**
- j. To support privacy and a respectful shared living environment, visitor hours are limited to 10:00 AM to 7:00 PM. Visitors must be approved by staff. Evening hours are reserved for residents' quiet time, personal routines, and use of shared spaces such as bathrooms and living areas. **Overnight guests are not permitted.**  
***Pathway to Home is a shared residential environment designed for stability and daily living, not a social gathering space.***
- k. Quiet hours
  - 11PM–6Am Sunday – Thursday, 12AM TV off
  - 12AM –7AM Friday and Saturday, 12AM TV off

**3. Curfew Range:**

Monday-Thursday

- **0-30 days of residency 9pm**
- **30-90 days of residency 10pm**
- **90 days or more-flexible with accountability**

Friday -Sunday 12AM

#### 4. SMOKING, ALCOHOL, AND DRUGS:

- a. Smoking on backyard patio ONLY
- b. **No drugs or alcohol consumption or storage in or around premises\*\***
- c. **Do not share medication\*\***
- d. **No storage or use of illegal drugs or unprescribed medication allowed\*\***
- e. **No intoxication in home or disruptive behaviors\*\***

#### 5. CLEANLINESS:

- a. Put trash in the trash can, put dirty dishes in the sink, clean up after you use the bathroom
- b. Your room shall be kept in an orderly and sanitary condition at ALL times
- c. Food is only to be consumed in the kitchen.
- d. Food is NOT ALLOWED in bedrooms at any time.
- e. If you spill anything or make a mess anywhere in the house including your room you will be responsible for cleaning it up.

#### 6. YOUR ROOM:

- a. **You may NOT enter another resident's room at any time\*\***
- b. Mattress covers must NEVER be removed
- c. Keep room door closed at all times
- d. Keep personal items inside of your room (Valuable Items should be secured)
- e. All rooms are subject to search by Pathway to Home House staff

#### 7. PERSONAL HYGIENE

- a. Diapers, bed pads, or any personal hygiene items must be disposed of properly.
- b. You shall keep up with your personal hygiene by bathing and brushing your teeth frequently.
- c. You shall have no complaints that you or your personal space has offensive odors.

#### 8. BEHAVIOR:

- a. **No aggressive or violent behavior EVER!\*\***
- b. **No profanity or offensive language directed at any residents, neighbors, or Pathway to Home staff or helpers\*\***
- c. **No romantic advances on Pathway to Home House staff or house members\*\***
- d. **No lending or borrowing money, cars or other property from other residents or neighbor**
- e. **Residents are encouraged to attend treatment as needed**

#### 9. LAUNDRY:

- a. Use of Laundry on scheduled day and time ONLY
- b. Laundry area must be kept clean
- c. You may not wash another person's clothes
- d. **You may not put feces soiled items into any washer or dryer in the home**

My signature signifies, I have read and understand what I can and cannot do while living in Pathway to Home House. I understand and agree that if I break any rules within this document in red type, my stay will be terminated immediately, and I will be banned from living in other homes that Pathway to Home Housing manages.