

BHAKTI -LOVE OF GOD

The greatest of all emotions that dominate the human mind and heart is love. Can anyone describe or express in words the happiness that can be seen on the face of a little child when it sees its mother?

Or the sorrow that envelops a family that is well knit when there is death?

Truly do the sastras say that the nature of love is beyond words.

The mind constantly goes to the object of love and comes back to the lover and the mind is filled with love and happiness. After sometime disillusionment comes in and there is disappointment and the mind does not find so much joy. Or the mind is fickle and has to be fed with new objects of interest.

When that love is directed to God with that same intensity it is called bhakthi. The sages have said it is fixing the mind exclusively on the Lord and thereby contemplating the true nature of the Self. Then other things don't matter since the overflowing love of God washes everything else away. Since the Lord possesses such wonderful aspects, contemplation is easy and love wells up spontaneously in a devotee's heart if she or he is sincere.

The river of bhakthi that flows, washes away all our evil tendencies. All we have to do is ask for help and as Sri Sathguru says, He will come running to bless us if we sincerely call Him.

Author : Shrihariprasad Swami

