## **DHARMA SUSTAINS THE CREATION**

Dharma is the force, an invisible force that takes visible forms, which keeps this world from falling into disorder and chaos. The disorder and chaos that we see around us reflects the reduction of dharma's presence in our lives. Dharma by its name, the force that bears us, lifts us. It is the faith in dharma that sustains people who are otherwise assailed by a lack of hope. Somehow, some way there will be justice, that is the force of dharma. It is dharma that sustains the society or else people would not follow any laws if they had no belief that they were any good.

Dharma is not a concept that powers us alone; it is a force that enforces all our lives and life's efforts. Even a low thief will have some type of code to live by and say when he sees some injustice done by someone else or when adharma is done to him, "this is adharma." This is because dharma is not only the force that protects the universe but is also one of the metaneeds or need of our being that must be satisfied. Dharma is on of the basic needs of the being of a creature like artha, kama and moksha.

Even animals follow dharma in their actions. When wolves fight should one wolf lose, it goes and places its neck before the mouth of the winner in gesture of surrender and the winner then accepts it.

This is because dharma is a force that exists in the universe guiding it. It takes the burden of the world and by giving us hope that no burden is eternal and that ultimately justice exists and is perfect.

It is dharma that sustains our belief in society, in all forms of civilised society. It gives hope because it is a reality. Just as karma is a force that is created by our actions which follows us and manifests itself according to our needs, dharma is a living power. Dharma well protected by us will protect us in turn.

## **Author: Shrihariprasad Swami**

