

PURITY - LIKED BY THE GODS

What is purity? It is the state of mind when one is removed from all influences which are not wholesome. While purity is taken essentially to mean sexual purity, it must be understood that there are various other ways in which we may become impure and that sexual impurity is actually only a result of existing impurities in the mind. Sri Krishna speaks of bhava samshuddhi, purity of attitude or motive. Why do we do this and why do we do that? The action itself, which is what we see with our gross eyes, is the final part of a process that starts with a thought.

So when we see an action we must consider what could have caused it. Sri Sathguru says, 'a little dirt somewhere in the vessel can make all the milk boiled in it get spoilt. Similarly a little evil in our minds can spoil an otherwise well ordered life.

Similarly when we think evil about somebody , that seed is sown in our minds. By contemplating an evil action, even if it is not our own, it becomes part of our mental milieu and when the opportunity comes we do it without much hesitation. So that is the reason Sri Sathguru says that we must constantly keep a watch on ourselves and see not the evil but the good around us.

We become just like our thoughts are and if our thoughts are of unwholesome acts, then it becomes easier to do them.

Similarly what are our motives in dealing with the world? Is it to extract something for ourselves at the cost of someone else's interest? Actions that are done because it is the right thing to do and done at the right time are pure actions and fit to be offered at God's feet.

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