

# HYGGE SUMMER



#### HYCCE HYCCE

pronunciation "hoogah - hoogah"



### Behind our name...

Denmark has an international reputation for being one of the happiest nations in the world, and 'hygge' is widely recognised to be the magic ingredient to this happiness.

Hygge has been described as everything from 'the art of creating intimacy', 'cosiness of the soul', and 'the pursuit of everyday pleasures'.

Hooga? Hhyoohug? Heurgh? It is not really important how you choose to pronounce or even spell 'hygge'. What is important is that you **feel** it. Whether you're cuddled up on a sofa with a loved one, or sharing comfort food with your closest friends, hygge is about creating an atmosphere where you can let your guard down, which is what we aim to achieve for every person visiting HYGGE HYGGE.

# HOT DRINKS

Milk Alternatives - R10 Oat, Almond, Macadamia

Espresso R19 | R23

Americano R23 | R27

Cortado R26

Flat White R28

Cappuccino R25 | R28

Red Cappuccino R28 (add cinnamon/honey)

Hygge Hot Chocolate R38

Mocha R35

Baby Chino R15

Latté R27
Chai Latté R30
Beetroot/Matcha Latté R38

Tea Selection: R25 Rooibos, Earl Grey, English Breakfast, Green Tea & Berry Tea

# COLD DRINKS

Still/Sparkling R18 | R25 Coke/Coke Zero R20 Sprite/Sprite Zero R20



Babylonstoren Juices - R38 Red, Yellow, Green

Harry Spritz Bitter Orange - R30

Iced tea - R28 Peach/Lemon

Gotta love a Frappé - R35

- -Coffee
- -Mocha
- -Chai

Cold Cappuccino - R30



#### FROZEN DRINKS

# Smooth(ie) Sailin':

Green Detox - R60 Spinach, Kale, Banana, Pineapple, Chia Seeds, Spirulina, Hemp hearts

Berry Summers - R60
Blueberries, Sweet Cherries, Coconut Yoghurt,
Baobab, Dates, Coconut Flakes

Chocolate Nutbutter Bomb - R65 Cacao, Banana, Almond NutButter, Mesquite, Vanilla, Coconut Oil, Cacao Nibs



# Enter the Milky Way:

Vanilla Plain Jane - R65

Le Chocolat - R80

Marshmallow & Berry Swirl - R80

Diddle Daddle Caramel - R78

More Espresso, Less Depresso - R70

Choose your bread base: sourdough/rye/seed & oat

The Avo Rose Toastie - R85 (vv)
Bright beetroot hummus smeared on toast, topped with an avocado and adorned with shaved asparagus ribbons, with a sprinkling of nutty dukkah and a breakfast seed mix, finished off with a splash of lemon.

- Eggs your way +R15
- Bacon +R25
- Feta +R15
- Smoked Salmon +R38



The Best Benedict - R80 (v)
Lightly toasted English muffins
topped with perfectly poached
eggs, covered in a creamy
hollandaise sauce (poured with
a heavy hand) and sprinkled
in cayenne pepper dust.

- Bacon +R25
- Roasted Tomatoes +R15
- Mushies +R18
- Smoked Salmon +R38

Choose your bread base: sourdough/rye/seed & oat

# 3 Egg Omelette - R75 (v)

Fluffy mozzarella and cheddar omelette fold; generously filled with spinach, sundried tomato, chives and your choice of bread.

- Bacon +R25
- Avo\* +R22
- Roasted Tomatoes +R15
- Mushies +R18
- Feta +R15
- Smoked Salmon +R38



Hygge Farmer's Breakfast - R75
For when you want the old
faithful eggs, bacon and roasted
tomatoes on toast combo and the
only decision you have to make is:
poached, scrambled or fried.

- Avo\* +R22
- Feta +R15
- Mushies +R18
- Hollandaise sauce +R25

Choose your bread base: sourdough/rye/seed & oat

Green Goddess Shakshuka - R75 (vv) Char grilled avocado halves in a spicy harissa and fresh tomato blend with green peppers, baby marrow, peas and topped off with dollops of green coriander pesto.

- Bread + R10
- Eggs your way +R15
- Bacon +R25
- Feta +R15



# Burger for Breakfast? -We say YES! - R90

Eggs your way on a buttery Hygge bun, finished off with roasted tomatoes, mushrooms and a side of sweet potato fries with a spicy harissa mayo.

- Bacon +R25
- Avo\* +R22
- Smoked Salmon +R38

# Oats, Oats Baby - R50 (v)

Creamy, slow cooked oats with fresh seasonal berries & honey.

- Coconut Flakes +R10
- Banana +R10
- Peanut Butter +R12
- Swop for Chocolate Oats +R7

## Gorgeous Granola - R75

Yoghurt panna cotta with crunchy granola, fresh fruit & berries complimented by a swirl of tangy seasonal coulis and a touch of honey.

# Go-To Strawberry Smoothie Bowl - R89

Start your day right with this metabolism-boosting bowl full of fresh seasonal berries, banana, chia seeds, dates, hemp hearts, oats and nut butter; finished off with coconut flakes and a drizzle of honey.

## PASTRIES

# Croissant French Toast? Oui s'il vous plaît – R 75

Buttery croissant dipped in a creamy egg emulsion and cooked to perfection topped with caramelized banana, crispy bacon and a drizzle of honey.

- Bacon +R25
- Avo\* + R22
- Cheddar Cheese +R10

#### Chocolate Croissant - R35

Pasteis de Nata - R30

#### Plain Croissant - R 30

- Bacon +R25
- Avo\* +R22
- Roasted Tomatoes +R15
- Mushies +R18
- Feta +R15
- Cheddar Cheese +R15
- Jam +R13



<sup>\*</sup>See our daily selection of fresh pastries and savoury tarts

# THANK YOU

Please feel free to follow us for specials and updates:

Instagram/Facebook:
@\_hyggehygge\_

Website: www.hyggestellenbosch.com



Regretfully no cash accepted

Tables of 5+ includes a 10% service fee