



A P P E T I Z E R S

CHICKEN WINGS

HONEY GARLIC, BUFFALO, CAJUN, BBQ SERVED WITH CARROTS
AND CELERY STICKS AND YOUR CHOICE OF RANCH OR BLUE
CHEESE FOR DIPPING **19**

SCALLOPS

SEARED SCALLOPS WITH HONEY PARSLEY GASTRIC
AND BLUE CHEESE CRUMBS **22**

TUNA SASHIMI

6 OZ TUNA SLICED AND SERVED WITH RADDISH, GREEN
ONION, PICKLED GINGER, CILANTRO AND SESAME SEEDS **23**

CRAB CAKES

3 CRAB CAKES DEEP FRIED WITH PINAPPLE SALSA, PICKLED ONION,
AVOCADO MAYO & CHIPOTLE MAYO **16**

FISH TACO

2 PIECES OF BATTER FRIED FISH WITH CABBAGE
SLAW, PICKLED BANANA PEPPERS, AVOCADO MASH
AND LIME CREMA **16**

LETTUCE WRAP

CHICKEN OR SHRIMP WITH AVOCADO, PINEAPPLE
SALSA, CANDIED WALNUT & SRIRACHA AIOLI **20**

PORK & LEEK POT STICKERS

8 PAN FRIED DUMPLINGS WITH ORANGE PONZU
DIPPING SAUCE **16**

BEER AND CHEDDAR DIP

SERVED WITH PITA AND CROSTINI **16**



G R E E N S

CAESAR SALAD

ROMAINE LETTUCE, PARMESAN CHEESE,
BACON BITS MIXED WITH A CREAMY
CAESAR DRESSING TOPPED WITH
CRUTONS AND A BOILED EGG **19**

COMPOUND BEAN/TACO SALAD

MIXED LETTUCE, BLACK BEAN & CORN MIX,
CUCUMBER, TOMATO, PICKLED ONION,
CHEDDAR CHEESE AND TORTILLA STRIPS
WITH AVOCADO LIME DRESSING **23**

FATTOUSH SALAD

MIXED GREENS, TOMATO, CUCUMBER,
RADDISH AND PITA CHIPS WITH LIME
VINAIGRETTE DRESSING **19**

COMPRESSED WATERMELON SALAD

MIXED GREENS, WATERMELON, OLIVES,
FETA CHEESE AND MINT WITH
BALSAMIC DRIZZLE **20**

TUNA NICOISE SALAD

RARE TUNA WITH RED POTATOES, BOILED EGG,
TOMATO, RADDISH, OLIVES AND BEANS **26**

ADD CHICKEN **+5**

ADD SALMON **+6**

ADD 6 SHRIMP **+7**



H A N D H E L D S

CHICKEN BACON CLUB

MAPLE CHICKEN, BACON, CHEESE, LETTUCE,
TOMATO AND CHIPOTLE AIOLI SERVED IN
TOASTED SOURDOUGH BREAD **22**

CHICKEN WRAP

CRISPY CHICKEN WITH CREAMY CAESAR MIX
WRAPPED UP IN A TORTILLA **18**

PEAMEAL ON A BUN

3 PIECES OF SMOKED CANADIAN
PEAMEAL BACON WITH CHEDDAR
CHEESE ON A BRIOCHE BUN **16**

MONTREAL SMOKED MEAT SANDWICH

MONTREAL SMOKED MEAT WITH SWISS
CHEESE AND MUSTARD MAYO ON
MARBLE RYE BREAD **19**

GARD BURGER

7 OZ BEEF PATTY, CHEESE, LETTUCE,
TOMATO, ONION, PICKLE AND GARLIC AIOLI
ON A BRIOCHE BUN **19**

CRISPY CHICKEN BURGER

CRISPY CHICKEN BREAST, LETTUCE, TOMATO,
PICKLE AND SPICY AIOLI ON A BRIOCHE BUN **19**

VEGGIE BURGER

BLACK BEAN AND CORN VEGETARIAN BURGER
ON A BRIOCHE BUN TOPPED WITH LETTUCE,
TOMATO, ONIONS AND HUMMUS **18**



M A I N S

TUNA POKE BOWL

RICE TOPPED WITH PICKLED GINGER,
PINEAPPLE SALSA, RADDISH, GREEN
ONION, SESAME AND TOGARISHI SPICE **25**

STEAK FRITES

8 OZ STRIPLOIN STEAK, FRESH CUT FRIES,
CHIMICHURI HERB BUTTER AND OYSTER
MUSHROOM **40**

BLACKENED SALMON

RICE, RAPINI, PINEAPPLE SALSA, CHILI
AND TURMARIC OIL **32**

FISH AND CHIPS

HADDOCK, BEER BATTERED WITH
COLESLAW AND TARTAR SAUCE **23**

ORECCIETTE PASTA

ORECCIETTE PASTA WITH ITALIAN SAUSAGE
CRUMBLE, RAPINI, GARLIC SHALLOT AND
WHITE WINE WITH PARMESAN CHEESE AND
PARSLEY **25**



D E S S E R T

BREAD PUDDING

ICE CREAM, TOFFEE SAUCE, POWDERED SUGAR **15**

ICE CREAM PARFAIT

STRAWBERRY, BLUEBERRY, ICE CREAM AND
BERRY COMPOTE **12**

GLUTEN FREE CHOCOLATE TORTE

POWDERED SUGAR AND BERRY COMPOTE **15**



B R E A K F A S T

EGGS BENEDICT

2 LARGE POACHED CAGE FREE EGGS ON A TOASTED ENGLISH MUFFIN TOPPED WITH HOUSE HOLLANDAISE SAUCE & FRESH LOCAL SUNFLOWER SPROUTS PEAMEAL OR FLORENTINE **16** SUBSTITUTE SMOKED SALMON **+4**
ADD AVOCADO MASH **+3**

CLASSIC BREAKFAST

3 EGGS COOKED ANY STYLE WITH 4 STRIPS DOUBLE SMOKED BACON OR 3 PIECES PEAMEAL SERVED WITH THICK TOAST, SIGNATURE HOME FRIES & CANADIAN BAKED BEANS **15**

WESTERN OMELETTE

4 EGG OMELETTE WITH SMOKED HAM, ONIONS AND PEPPERS SERVED WITH THICK TOAST, SIGNATURE HOME FRIES & CANADIAN BAKED BEANS **16**

CLASSIC WAFFLE

FRESH WAFFLE TOPPED WITH SEASONAL FRESH FRUIT, SUGAR POWDER AND WHIPPED CREAM **13**

BAGEL & LOX

TOASTED ACE EVERYTHING BAGEL AND WHIPPED CREAM CHEESE TOPPED WITH NORWEGIAN SMOKED SALMON, CAPERS, AND RED ONION SERVED WITH 2 FREE RANGE EGGS ANY STYLE **15**

AVOCADO TOAST

AVOCADO MASH SPREAD THICK ON 2 SLICES OF ACE SOURDOUGH TOAST TOPPED WITH 2 FREE RANGE EGGS ANY STYLE, SESAME SEEDS & BALSAMIC DRIZZLE **12**



B R E A K F A S T

PEAMEAL SANDWICH

4 PIECES OF PEAMEAL BACON AND CHEDDAR CHEESE
ON A TOASTED BRIOCHE BUN **16**

WESTERN SANDWICH

SCRAMBLED EGGS WITH DICED HAM, GREEN PEPPERS AND
ONIONS BETWEEN TWO SLICES OF TOASTED BREAD **15**

CLASSIC BLT

BACON, LETTUCE & TOMATO SANDWICH **14**

EGG & CHEDDAR MUFFIN

OVER HARD EGG WITH CHEDDAR CHEESE IN A TOASTED
ENGLISH MUFFIN **5** ADD BACON **+3**

GREEK YOGURT PARFAIT

GREEK VANILLA YOGURT TOPPED WITH CRUNCHY
GRANOLA, FRESH BERRIES AND BANANA **11**

FRUIT BOWL

SELECTION OF SEASONAL FRUIT **10**

BAGEL & CREAM CHEESE 5

HOME FRIES 6

PROTEIN

DOUBLE SMOKED BACON 4 STRIPS **+7**
PEAMEAL BACON 3 PIECES **+9** ADD AN EGG **+2**

BREAD

WHOLE WHEAT, RYE, WHITE, GLUTEN FREE,
SOURDOUGH OR BAGEL **+4**