# the gård

## **TOURNAMENTS**

**GRAB & GO** 

#### **SANDWICHES:**

Tuna Salad, Egg Salad \$6 Ham & Swiss, Turkey & Cranberry \$7 Roast Beef, gård Assorted \$8

#### **HOT DOG**

\$7.50

#### **SWEETS**

MUFFINS: Carrot, Bran & Chocolate Chip, Blueberry \$2 Apple Fritters \$3

### **SNACK SHOP**

BARS: Protein, Granola, Chocolate \$2
PROTEINS: Beef Jerky, Pepperettes \$6; Boiled Egg \$2
SWEET & SAVOURY: Chips, Popcorn, Cookies, Candy, Trail Mix \$2