



Kyler's Kicks Teen Member Registration

Today's Date:	Grade:	School or School Program:	
Members Last Name:	Middle Name:	First Name:	Nickname:
How did you hear about Kyler's Kick's Lounge?		Birthdate:	Age:
		Phone Number:	
Address [Address/ P.O.Box, City, ST, ZIP			

Parent/ Legal Guardian Last Name:	Middle Name:	First Name:
Address [Address/ P.O.Box, City, ST, ZIP Code]	Birthdate:	Age:
	Phone Number:	
	Email:	

Do you choose to participate in Family Friendly Events on the Weekends?

- Yes
- No

Parent/ Legal Guardian Signature

Member Signature

Kyler's Kicks is a registered 501(c)(3) non-profit organization. Kyler's Kick's Lounge does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations. These activities

include, but are not limited to, hiring and firing of staff, selection of volunteers and vendors, and provision of services.
We are committed to providing an inclusive and welcoming environment for all members of our staff, lounge members, volunteers, subcontractors, vendors, and clients.

Please review our Kyler's Kicks Lounge Teen Inspired Free Therapies List. Please list in order which Kyler's Kicks Therapies that you would like to participate in.

1. _____
2. _____
3. _____
4. _____
5. _____

Kyler's Kicks Lounge Therapy List:

Music Therapy- Kyler's Kicks Music Therapy aims to help teens find confidence in themselves through music. Teen Members learn to creatively articulate their thoughts through songwriting and express their feelings with musical instruments. Videography, Audio and Video Recording as well as a DJ course are also available at Kyler's Kicks Lounge.

Art Therapy- During our Art Therapy, Kyler's Kicks Lounge Teen Members use creative techniques to explore their emotions and increase their self esteem. Creating art is a very therapeutic process, which allows teens to reconcile inner conflicts in a positive way.

Life Skills Therapy- Kyler's Kicks Life Skills Therapy is packed full of knowledge. In order to achieve positive mental health, our teens must be able to attain the necessary skills to be successful in life. Kyler's Kicks Teen Members benefit from important life skills, such as budgeting, etiquette, sewing, car maintenance, and much more during Life Skills Therapy.

Entrepreneurship and Career Therapy- Kyler's Kicks Lounge strives to create financial stability for each teen member before they turn 21 years old. Our teens will never be able to afford their necessities on a minimum wage paying job. As a benefit of our Entrepreneurship Therapy, Teen Members design, create, and execute their own business plans. Kyler's Kicks also fundraises the start up cost of each teen business. Through Career Therapy, Teen Members are given the opportunity to apply for schooling scholarships or enter many internships within our community.

Farm To Table Cooking and Nutrition Therapy- Without Kyler's Kicks Lounge, the majority of Kyler's Kicks Teen Members are responsible for creating or finding their own meals on a daily basis. Through our Farm to Table Cooking Therapy, Teen Members are encouraged to expand their creativity while providing nourishment for themselves, their peers and our community. Sharing a delicious meal with others that our teens have created brings instant gratification and an immediate sense of accomplishment. During Nutrition Therapy Teen Members explore the benefits of nutritional foods for their body as well as their mental health.

Horticulture Therapy- Gardening is a very beneficial, natural healing therapy.

Thanks to the beneficial bacteria found in soil, it can also help you to improve your immune system. By providing Kyler's Kicks Teen Members with a safe and positive space to grow their own fruits, vegetables, and herbs for Kyler's Kicks Kitchen, we are also encouraging longer attention spans and healthy eating habits.

Horticulture Therapy also creates an amazing feeling of self accomplishment while reducing Cortisol levels. Cortisol is a stress hormone in your brain that experts have shown can be reduced through gardening.

Meditation and Natural Healing Therapy- Kyler's Kicks Lounge places extra emphasis on natural healing for our teens. Due to Medicaid and most insurance requiring teens to be placed on pharmaceuticals for an approved treatment plan for mental health services, 100% of our teen inspired therapies are funded by donations from our community. Through Kyler's Kicks Meditation Therapy, Teen Members are able to enhance their self awareness while learning breathing techniques to relieve anxiety and stress. Massage Therapy benefits our Teen Members by releasing stress and tension and encouraging relaxation. Reiki Healing, Laughing Therapy, Healing Stones, Essential Oils and many more Natural Healing Therapies are available for Kyler's Kicks Teen Members.

Performing Arts Therapy- Magic is everywhere at Kyler's Kicks Lounge.

Performing Arts, Magic and Puppetry assist our Teen Members with overcoming trauma, anxiety and depression. By encouraging real life interactions through performing arts, our teens are given a safe space to share their emotions in a positive and creative manner.

Teen Laundry Center- The majority of Kyler's Kicks Lounge Teen members can not afford and do not have access to a safe environment to wash their clothes, towels and bedding. Kyler's Kicks Lounge's Free Teen Laundry Center helps to

boost Teen Member's self esteem and hygiene habits by allowing them a safe space to wash, dry and iron their necessities.

Parent/Guardian Therapy- We understand the immense stress that parents/guardians endure while raising a teen with a mental health diagnosis. It is impossible to raise a teen with a mental health diagnosis without caring for your own mental health first. Parents/Guardians of Kyler's Kicks Lounge Teen Members benefit from support groups, relaxation and coping skills, mental health education groups, and family resources for necessities or job training.

Educational Therapy- At Kyler's Kicks Lounge, we believe that every teen deserves a safe and fun place to study with educational resources available. We provide free computers, internet, and school supplies for homeschool or homework help.

Field Trip Therapy- Kyler's Kicks Lounge hosts many different field trips. Las Vegas is such a beautiful city with so much to offer. Unfortunately, most teens do not get a chance to leave their neighborhood. By offering field trips to escape rooms, sporting events, museums, and much more, our Teen Members have the opportunity to explore and truly fall in love with their own amazing city.

Community Involvement- Kyler's Kicks was founded on the concept of healing through giving. This healing through giving model is mimicked throughout Kyler's Kicks Lounge as well. All Teen Members at Kyler's Kicks Lounge are given the opportunity to volunteer with Kyler's Kicks. Along with collecting, cleaning and giving away shoes through Kyler's Kicks, the teens also vote quarterly on a project to become involved with in our community. Kyler's Kicks Teen Members are currently in the process of transforming their school bus into a free food truck to feed our community.

Recreational Therapy- Video games and technology are an everyday part of teens lives. Kyler's Kicks Lounge, embraces technology and educates teens to utilize technology in a positive manner. Positive online presence is taught at all times at Kyler's Kicks Lounge. Teen Members also have access to PG13 and under

movies, board games, a ping pong and pool table. The Recreational Therapy Area is a safe, fun and free place for Kyler's Kicks Lounge Teen Members to enjoy being teenagers.

Motivational Speakers- Kyler's Kicks Lounge is all about inspiring teens and giving them the tools they need to thrive in society. We are very lucky to have support from many important members of our community. It is important for teens to be able to converse with their heroes in our community. By meeting their heroes at Kyler's Kicks Lounge, teens will witness first hand that dreams really do come true when you work hard.

Social Therapy- Las Vegas is an amazing city that was built as an adult playground. There is a lack of free places for teens to express themselves in a healthy social environment. Being a teenager, it is important to have a safe and fun environment to practice positive social skills in person rather than online. Kyler's Kicks Lounge hosts many different social events such as live music, comedy and talent shows, and video game tournaments.

All Kyler's Kicks Lounge Teen Members must agree to:

- Be respectful and kind towards oneself, peers, volunteers, staff, and mentors. Initial _____
- Always use safe and kind internet practices, and only use appropriate websites or apps while at Kyler's Kicks Lounge. Initial _____
- Only music, movies, or video games with a rating of PG13, Teen, or under will be viewed or played at Kyler's Kicks Lounge. Initial _____
- No weapons, illegal drugs, or alcohol are allowed at Kyler's Kicks Lounge. Initial__
- Smoking by people of age is only permitted in designated areas. Initial_____
- All medications must be secured by Kyler's Kicks Staff. Initial _____
- Be appropriate with language and gestures at all times. Initial _____
- Respect the property of others, including the furniture, supplies, and games in Kyler's Kicks Lounge. Initial _____
- Do not take any objects that do not belong to you without permission. Initial _____
- Obey all signs and regulations posted. Initial _____

- Speak with a staff member or volunteer immediately if an issue occurs. Initial _____
- Attendance is VERY important at Kyler's Kicks Lounge. If you fail to attend two or more therapeutic sessions, your membership will be terminated. Initial _____
- No personal cell phones or electronic devices during your therapeutic sessions. Initial _____
- Do not share any pictures or information about Kyler's Kicks, Kyler's Kicks Lounge, or any teen members, teen mentors, volunteers, sponsors, donors, or staff on the internet without prior written permission from Kyler's Kicks Board of Directors. Initial _____
- Do not share or collect any personal contact information from any Kyler's Kicks Member. Initial _____
- No flirting or romantic relationships at Kyler's Kicks Lounge. Initial _____
- Always ask permission before touching anyone at Kyler's Kicks Lounge unless it is an emergency. Initial _____
- No outside relationships with any Kyler's Kicks Lounge Teen Member, Teen Mentor, Volunteer or Staff of Kyler's Kicks. Initial _____
- Kyler's Kicks Lounge is video and audio recorded for safety at all times. Initial _____
- Kyler's Kicks is not responsible for lost or damaged property. Initial _____
- All bags and backpacks may be subject to search upon entry and/or while on-premises. Initial _____

I understand that being a Teen Member at Kyler's Kicks Lounge is a privilege and not a right. I understand that my membership may be revoked at any time. I agree with all of the above rules. I also promise to give my all and support all members, mentors, staff, and volunteers of Kyler's Kicks Lounge.

X _____

Kyler's Kicks Lounge Teen Member Questionnaire

1. Do you have a mental health diagnosis? _____
If so, which diagnosis? _____
2. Have you participated in mental health therapy before? _____
If so which type of therapy, when and where? _____
3. Do you currently take medications? _____
If so what type? _____
4. Do you have any allergies (to food, bugs, etc.)? _____
If so to what? _____
5. Why do you want to become a member at Kyler's Kicks Lounge?

6. Have you ever considered suicide? _____
7. Are you currently considering suicide? _____
If so, do you have a plan? _____
8. On a scale of 1-10 how in control of your emotions do you feel at the moment?

9. What are you looking forward to most about Kyler's Kicks Lounge?

10. If you could add any program to Kyler's Kicks Lounge, what would it be?

11. Are you interested in being on the Kyler's Kicks Teen Board Of Directors?

12. Is there any additional information you would like to share? _____

X _____

