

# LET US BE YOUR HERO!

\$16.95 PER FT

INCLUDES 1/2 LB OF POTATO SALAD, MACARONI SALAD OR COLE SLAW

3 ft 10-12 people    4 ft 14-16 people    5 ft 18-20 people    6 ft 20-25 people

PARTY HEROS AND BAGELS  
FRESHLY BAKED ITALIAN BREAD OR BAGEL

Italian

Salami, Pepperoni, Ham, Hamp Capp, Mortadella, Provolone, Mozzarella, Roasted Peppers, Oil & Vinegar

Eggplant or Chicken Cutlet

Eggplant or Chicken, Mozzarella, Roasted Red Peppers

American

Ham, Turkey, Roast Beet, American Cheese, Lettuce & Tomato

The Experience

Breaded Chicken Cutlet, Melted Swiss, Bacon, Tomato, Onion & Russian Dressing

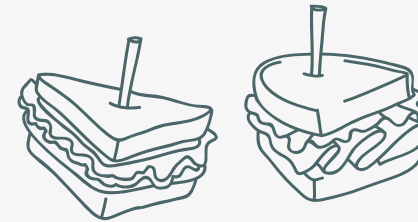
BREAKFAST COMBINATIONS

Virginia Ham, Egg & Cheese

Bacon, Egg & Cheese



OR...work with our staff to combine our fresh ingredients to create your own premium party hero  
Ask for Whole wheat bread  
We can supply bread in many shapes & sizes including numbers and/or letters for your special occasion.



## CATERING

Small serves 8-10 people • Large serves 12-16 people

### CONTINENTAL BREAKFAST

\$4.50 p/p (min. 15 people) Includes:

Fresh Bagels • Cream Cheese Danish • Muffins

Add coffee/tea and juice setup \$1.00 p/p

Add scrambled eggs, bacon, french toast, and sausage \$1.00 p/p

BAGEL FLAVORS

include choice of our homemade hot water boiled bagels:

Plain, Poppy, Sesame, Onion, Garlic Everything, Salt, Egg Everything, Whole wheat

Cinnamon Raisin, Pumpkinnickel Egg

Egg Everything, French Toast, Blueberry

Chocolate Chip, Multigrain

Cheddar, Sundried Tomato

Bagel Twists, Bialy

Onion Boards, Bagel Flats

CREAM CHEESE FLAVORS

include our fresh whipped homemade cream cheese:

Plain

Butter

Vegetable

Scallion

Walnut Raisin

Lox Spread

Lite Plain

Lite Veggie

Sliced Lox

### WRAP PLATTERS

Small(6-8 people)..\$55

Large(8-10 people)..\$65

A delicious platter of freshly made sliced wraps. Choose from any of our homemade Deli-licious wraps or sandwiches!

Or create your own!

Includes 3 lbs. of salad (macaroni, potato or coleslaw)

### COLD CATERING

Cold Cut Buffet...\$6.50 p/p

Roast Beef • Virginia Ham

Ham • Corned Beef

Turkey Breast • Swiss Cheese Salami

• Pastrami

Cheddar Cheese • Muenster Cheese

Includes 3 lbs. of salad

(macaroni, potato or coleslaw)

per 10 people

### TASTY TEA SANDWICHES

Small 6-8 people..\$35    Large 8-10 people..\$65

### VEGETABLE OR FRUIT PLATTER

Small 6-8 people...\$35

Large 12-14 people...\$50

### ANTIPASTO

Small(8-10)..\$50

Large(18-20)...\$75

Pepperoni • Soppressata

Marinated Mushrooms

Roasted Peppers

Provolone • Mozzarella

Marinated Artichokes

### SALADS

Small(6-8 people)

Large(12-16 people)

Tossed or Caesar

Small...\$25 • Large...\$35

Chef or Trio

Small...\$30 • Large...\$40

w/chicken

Small...add \$10 • Large add \$.20

### KID'S CHOICES

Small(8-10)...\$25

Large(15-20)...\$45

Pizza Bites

Turkey Rollups

Cocktail Hotdogs

### PASTA

Small...\$35    Large...\$65

Lasagna • Cheese Ravioli

Vegetable Lasagna • Fettuccini Alfredo

Eggplant Lasagna • Pasta Primavera

Stuffed Shells • Penne alla Vodka

Manicotti • Macaroni & Cheese

Baked Ziti • Spaghetti & Meatballs

Spinach Ravioli • Eggplant Parmigiana

Eggplant Rollatini

Linguini w/Broccoli in Garlic & Oil

Linguini w/white or red clam sauce.

### PORK AND BEEF

Small...\$45    Large...\$75

Sausage & Peppers

Sausage & Potatoes

Swedish Meatballs

Meatball Parmigiana

Roast Beef and Gravy

### POULTRY

Small...\$45    Large...\$75

Chicken Sorrentino • Chicken Francese\*

Chicken Parmigiana • Chicken Rollatini

Chicken Marsala\* • Chicken Cacciatore

Chicken Paisano\* • Chicken Hot Wings

Chicken Cordon Bleu • Turkey in Gravy

Chicken Fingers • Lemon Chicken w/Broccoli\*

Chicken & Broccoli w/wine sauce\*

Chicken & Mushrooms w/ wine sauce\*

\*Includes small tray of rice



www.carmelbageldeli.com

126 Route 52  
Carmel, NY 10512

(845) 225-3630

Fax: 225-0746

Can't make a call?

Text us your order!

(845) 661-2798

## FREE LUNCH DELIVERY

Featuring Kettle Boiled...  
Fresh Baked BAGELS Daily

Sandwiches & Wraps  
served with Boar's Head Brand  
Cold Cuts and our homemade touch!

FREE INTERNET ACCESS!



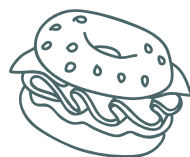
# BAGELS

Plain, Poppy, Sesame, Onion, Garlic, Salt, Egg, Whole-Wheat, Cinnamon Raisin, Everything, Egg Everything, Pumpernickel...**90¢**  
 Baker's Dozen.....**\$10.80**  
 Multi-Grain, Cheddar, French Toast, Blueberry, Chocolate Chip, Sun-Dried Tomato, Bialy, Onion Boards, Twists.....\$1.00

## Cream Cheeses & Spreads on a bagel by the 1/2 lb.

Butter or Jelly .....	\$1.75.....	\$2.75 (1/2lb.)
Plain Cream Cheese (reg/lite) ...	\$2.25.....	\$3.00 (1/2lb.)
Veggie (reg/lite) .....	\$2.75.....	\$3.50 (1/2lb.)
Scallion .....	\$2.75.....	\$3.50 (1/2lb.)
Lox Spread.....	\$3.25.....	\$3.75 (1/2lb.)
Walnut Raisin.....	\$3.25.....	\$3.75 (1/2lb.)
Sliced Lox .....	\$6.50.....	\$13.00 (1/2 lb.)
Nutella.....	\$2.25	

# BREAKFAST



On a bagel, roll, white/wheat or rye bread or white/wheat wrap

Egg .....	\$2.25
w/cheese .....	\$2.50
Egg with bacon/ham or sausage .....	\$2.75
w/cheese .....	\$2.95
Omelette served w/ home fries & toast.....	\$5.75

## Create your own w/choice of spinach, onion, mushrooms, tomato, cheese and choice of bacon, ham or sausage

Deli-licious Wrap.....	\$4.95
2 scrambled eggs, cheese, bacon, tomato, salsa & home fries	
Protein Sandwich.....	\$3.95
3 eggwhites, turkey & apline lace swiss	
French Toast.....	\$5.50
Home fries .....	\$2.50
Jack Sparrow.....	\$4.25
2 eggs, bacon, pepper jack & hashbrown	
B.E.L.T.....	\$3.25
Bacon, egg, lettuce & tomato	

**Additional Egg or Cheese add .75**

**Additional meats add 1.00**

**\*\*\*Egg Whites Available\*\*\***



# BAKED GOODS

Roll.....65¢ • Buttered Roll.....\$1.00  
 Dozen Rolls.....\$6.60 • Wedge.....90¢  
 Muffin...\$2.25 • w/butter...\$2.60

Blueberry, Chocolate Chocolate Chip, Chocolate Chip, Lemon Poppy, Banana Nut, Cinnamon Coffee, Red Velvet, Oat Bran, Pistachio, Corn, French Toast

Scone...\$2.25

Croissant plain...\$2.00

Bialy...\$1.00 • w/butter \$1.75 • w/cream cheese...\$2.25  
 Twists...\$1.25 • w/butter...\$2.00 • w/cream cheese...\$ 2.50  
 Onion Boards...\$1.75 • w/butter 2.25 • w/cream cheese...2.75  
 Cookie...\$1.75 • Cookies by the lb...\$8.99  
 Crumb Cake plain/choc/raspberry...\$2.25 • Doughnut...\$1.25



# FUN FOODS

Cheese Quesadilla.....	\$4.95
Chicken & Cheese Quesadilla .....	\$6.95
Pepper Jack Cheese w/ cilantro, onions, tomatoes & jalapeños	
Grilled Chicken w/ onions, sweet peppers & cheddar cheese	
Grilled Chicken Mozz w/ onion, garlic, mozzarella cheese, cheddar cheese & bacon	



Eggplant w/ onions, peppers & balsamic vinegar

Roast Beef w/ salsa & mozzarella

\*\*Side of guacamole.....\$2.00



Mozzarella Sticks .....	\$4.95
Bagel Pizza.....	\$3.95

Toppings: Pepperoni, Onions, Peppers .50 each

Chicken Tenders w/ Fries .....	\$6.95
Chicken Tenders w/ Sweet Potato Fries .....	\$7.50
Boneless Wings.....	8 pc \$7.00.....10 pc \$14.00

Flavors: Hot, Medium, Mild, BBQ, Hot BBQ

Tater Tots.....	\$3.50
Zeppoli Tot w/ maple syrup & powdered sugar .....	\$3.95
BBQ Tot w/ BBQ sauce, bacon & onion .....	\$3.95
Hot Tots w/ bacon, hot sauce, tomato & onion.....	\$3.95
Chili Tots w/ chili & melted cheese .....	\$4.50
Disco Tots w/ gravy .....	\$4.50

The Carmel Grilled Cheese .....	\$4.00.....w/ maple syrup.....	\$5.00
French Toast Grilled Cheese w/ maple syrup .....		\$5.00
Penne Ala Vodka Wrap w/ breaded chicken & mozzarella .....		\$7.50
Homemade Mac n Cheese .....	sm \$3.95.....lg	\$5.95
Mac n Cheese wrap .....		\$7.50
All New Fresh Angus Beef Burgers .....		\$5.25

All toppings FREE!

Hot Dog .....	\$2.00
Hot Dog w/ fries.....	\$6.95
Fries or Curly Fries.....	\$3.00
Sweet Potato .....	\$3.50

# ICE CREAM

Cone...Sm \$2.50.....Lg \$3.50.....\$1.00 per scoop

Cup.....Sm \$2.00.....Lg \$3.00

Toppings & Additional Flavors ???

Freshly made Milkshakes to order!.....\$4.00

# HOUSE SALADS

**Add Chicken \$2.00**

<b>Tossed Salad</b> .....	\$5.50
Fresh greens, tomatoes, cucumbers, onions & dressing	
<b>Caesar Salad</b> .....	\$5.50
Romaine lettuce, olives, croutons, Parmesan cheese & caesar dressing	
<b>**Add grilled chicken to Tossed or Caesar Salad.....</b>	<b>\$2.00**</b>
<b>Chef Salad</b> .....	\$6.75
Tossed greens topped w/turkey, salami ,ham & American cheese	
<b>Trio Salad</b> .....	\$6.75
Fresh tuna, chicken & egg salad on fresh greens	

# SANDWICHES

Your choice of Sandwiches

Wrap.....\$7.50 Roll...\$6.95 Panini ....7.95 Wedge....7.95



## Chicken Cutlet Deluxe

Fresh breaded chicken cutlet, lettuce, tomato, mayo on a roll or bagel

## Black Forest

Black Forest ham, melted Muenster cheese, honey mustard on a roll, or bagel

## The Experience

Breaded Chicken cutlet w/melted Swiss, bacon, tomato, onion and Russian dressing on a roll or bagel

## Turkey Combo

Turkey, roasted peppers, mozzarella w/ Italian dressing on a wedge

## Balboa

Hot Roast Beef w/melted Swiss cheese on garlic bread

## The Veggie

Eggplant, mozzarella, roasted peppers, oil & vinegar on a roll or bagel

## American Combo

Ham, roast beef, turkey, American cheese, lettuce, tomato on a wedge

## Italian Combo

Ham, Salami, pepperoni, mortadella, ham cappy, provolone, mozzarella, roasted peppers, oil & vinegar on a wedge

## Turkey Club

Turkey w/ bacon lettuce, tomato, mayo on 3 slices of white toast

## The Mozz

Sliced mozzarella,lettuce,tomato, roasted peppers, oil & vinegar on rye

## The BLT

Bacon, lettuce, tomato, mayo on white toast

## Honey Delight

Honey turkey, Virginia Ham, sweet peppers, Swiss, let & tom w/Russian dressing on a roll or bagel

## Cowboy

Grilled chicken breast, melted pepper jack cheese, roasted peppers w/Russian dressing served on a roll or bagel

## Cobb

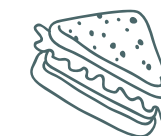
Roasted chicken breast, avocado, crisp bacon served w/Dijon mustard on a roll or bagel

## New York Reuben

Sliced corned beef or pastrami w/melted Swiss, sauerkraut, thousand island on rye

## Grilled Chicken

Grilled chicken , lettuce, tomato, onions & your choice of dressing



## The Rabbey

Chopped broccoli rabe, grilled chicken with melted provolone cheese and balsamic vinegar

## Chicken Cutlet

Breaded chicken cutlet w/fresh mozzarella and roasted peppers

## California

Tender strips of grilled chicken, romaine lettuce, tomatoes, avocado and roasted peppers

## Chicken Fajita

Spicy grilled chicken, fried onions, roasted peppers and salsa

## BBQ Chicken

Tender strips of grilled chicken, romaine lettuce, cheddar cheese served with BBQ sauce

## Caesar Salad

Grilled chicken, romaine lettuce, black olives, croutons, parmesan cheese served with Caesar dressing

## Sliced Chicken

Warm Boar's Head sliced chicken w/ roasted peppers, tomatoes, Portabello mushrooms & mozzarella cheese

## Montana

Fresh turkey, bacon, avocado, tomato with monterey jack cheese served w/ ranch dressing

## Tuscan Chicken

Grilled chicken w/provolone cheese topped w/tomato, fresh basil served w/ balsamic vinegar

## Monte Cristo

Layers of ham, fresh turkey, Swiss, cheddar, lettuce & tomato served w/ honey mustard

## The Capri

Fresh turkey, provolone, spinach, roasted pepper and balsamic vinegar

## Philly Cheese Steak

w/ peppers, onions & melted American cheese

## Chicken Continental

Grilled chicken breast, bacon & Muenster cheese

## Chicken Cordon Bleu

Chicken cutlet w/ ham & melted Swiss

