



# PHYSICIAN CONSENT FORM THERAPEUTIC HORSEMANSHIP

Dear Health Care Provider:

Your patient, \_\_\_\_\_, is interested in participating in therapeutic horsemanship activities. Some conditions, if present, may represent precautions or contraindications to therapeutic riding and/or off horse therapeutic horsemanship activities. In order to safely provide this service, please complete this form.

Individuals with Down Syndrome must have a negative cervical spine x-ray in order to ride.

Down Syndrome: (circle) Yes No If Yes, date of cervical spine x-ray: \_\_\_\_\_ Result: \_\_\_\_\_

Please circle any of the conditions listed below that are present.

### Orthopedic

- Atlantoaxial Instability
- Coxa Arhrosis
- Cranial Deficits
- Heterotopic Ossification / Myositis Ossificans
- Joint subluxation / dislocation
- Osteoporosis
- Pathologic Fractures
- Spinal Joint Fusion / fixation
- Spinal Joint Instability / Abnormalities

### Neurologic

- Hydrocephalus / Shunt
- Seizure
- Spina Bifida / Arnold Chiari II Malformation

### Other

- Indwelling Catheters / Medical Equipment
- Medications, i.e. photosensitivity
- Poor Endurance
- Skin Breakdown

### Medical / Psychological

- Allergies
- Animal Abuse
- Anxiety
- Cardiac Condition
- Depression
- Physical / Sexual / Emotional Abuse
- Blood Pressure Control
- Dangerous to self or others
- Exacerbations of medical conditions (i.e. RA, MS)
- Hemophilia
- Medical Instability
- Migraines
- PVD
- Respiratory Compromise

Please indicate your level of consent by checking one of the following statements. Any considerations regarding the health of your patient while participating in a ConneQtions, Inc program will be addressed in our plans.

**Please check one:**

\_\_\_\_\_ is medically cleared to participate in therapeutic riding. Considerations \_\_\_\_\_

\_\_\_\_\_ is medically cleared to participate in off-horse therapeutic horsemanship activities, but may **not** ride a horse. Considerations \_\_\_\_\_

\_\_\_\_\_ is not medically cleared to participate in any therapeutic horse related activities due to \_\_\_\_\_

\_\_\_\_\_  
Signature of Physician

\_\_\_\_\_  
Date