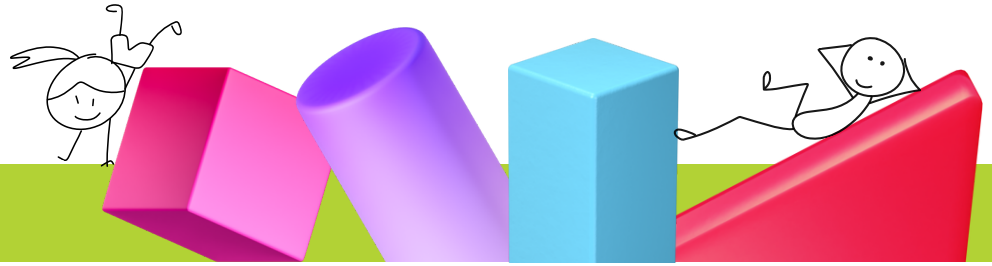


THINKING OUT THE BLOCKS

A Hands-On Workshop for Paediatric Therapists!

Developed and Presented by Nicole Comminellis

BSc Physiotherapy, MSc Medicine Child Health Neurodevelopment (WITS)



Are you ready to rethink how you use therapy equipment?

Do you want to expand your creativity in paediatric treatment sessions?

Join us for "Thinking Out the Blocks", a 2-day interactive workshop designed for physiotherapists and occupational therapists working with paediatric patients.

WHAT YOU'LL GAIN



The ability to think creatively to reach functional goals with simple equipment such as wedges, blocks and rollers.



Live brainstorming of clinical cases scenarios with practical strategies to immediately apply in your work.



New ideas to facilitate fun, engaging sessions that kids & parents will love, while improving their outcomes at the same time.



Refreshed insight into various paediatric conditions, ethical and safety considerations, and the use of simple resources in different settings.



All participants receive one therapy block or wedge to take home.

Step outside your comfort zone and discover new ways to engage your patients!

Limited spots available – Only 24 participants!

Dates: 26 & 27 April 2025 | Time: 9am - 4pm

Location: Vista Nova School, Rondebosch, Cape Town

Investment: R3850

CPD point allocation TBC

[Register now and transform your practice](#)



Questions? Email nicole@nc-physiotherapy.com

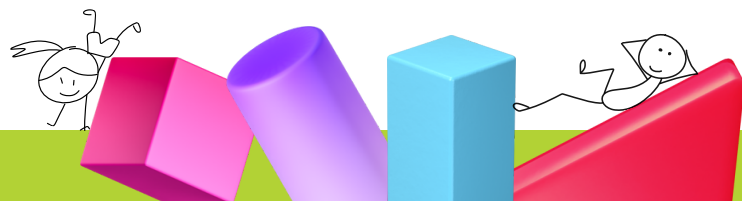


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WORKSHOP OUTLINE

DAY 1: FOUNDATIONS & CREATIVE THINKING

Welcome & Introduction

Understanding Paediatric Movement Challenges

Movement & Tea Break

Case Study Round 1: "Building the Basics" & Feedback session

Lunch Break

Case Study Round 2: "Thinking Beyond the Obvious" & Feedback session

Movement & Tea Break

Debrief & Reflection

DAY 2: ADVANCED CREATIVITY & REAL-WORLD APPLICATION

Recap & Energiser Activity

Case Study Round 3: "Challenge Mode" & feedback session

Movement & Tea Break

Ethical Considerations in Paediatric Therapy, Discussion & Case Scenarios

Live Problem-Solving Lab

Lunch Break

Case Study Round 4: "The Ultimate Challenge"

Movement & Tea Break

Final Presentations and Key Takeaways, Q&A

CASE STUDIES

These 28 cases are designed to challenge participants to think creatively about simple equipment use while considering functional goals for each child.

7 x Neurological Cases

5 x Orthopaedic / Musculoskeletal Cases

5 x Sensory Processing / Autism Spectrum Disorder Cases

4 x Genetic / Metabolic Disorder Cases

3 x Post-surgical / Rehabilitation Cases

4 x Behavioural / Functional Cases

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