

0 FINGER EXERCISE

Our first warmup uses our right hand only.

YouTube:

Supermangino 0 Finger Exercise

8'S

00000000

00000000

00000000

... CONTINUE

4'S

0 0 0 0

0 0 0 0

0 0 0 0

....CONTINUE

2'S

....CONTINUE

1'S

...CONTINUE

Marcello Mangino