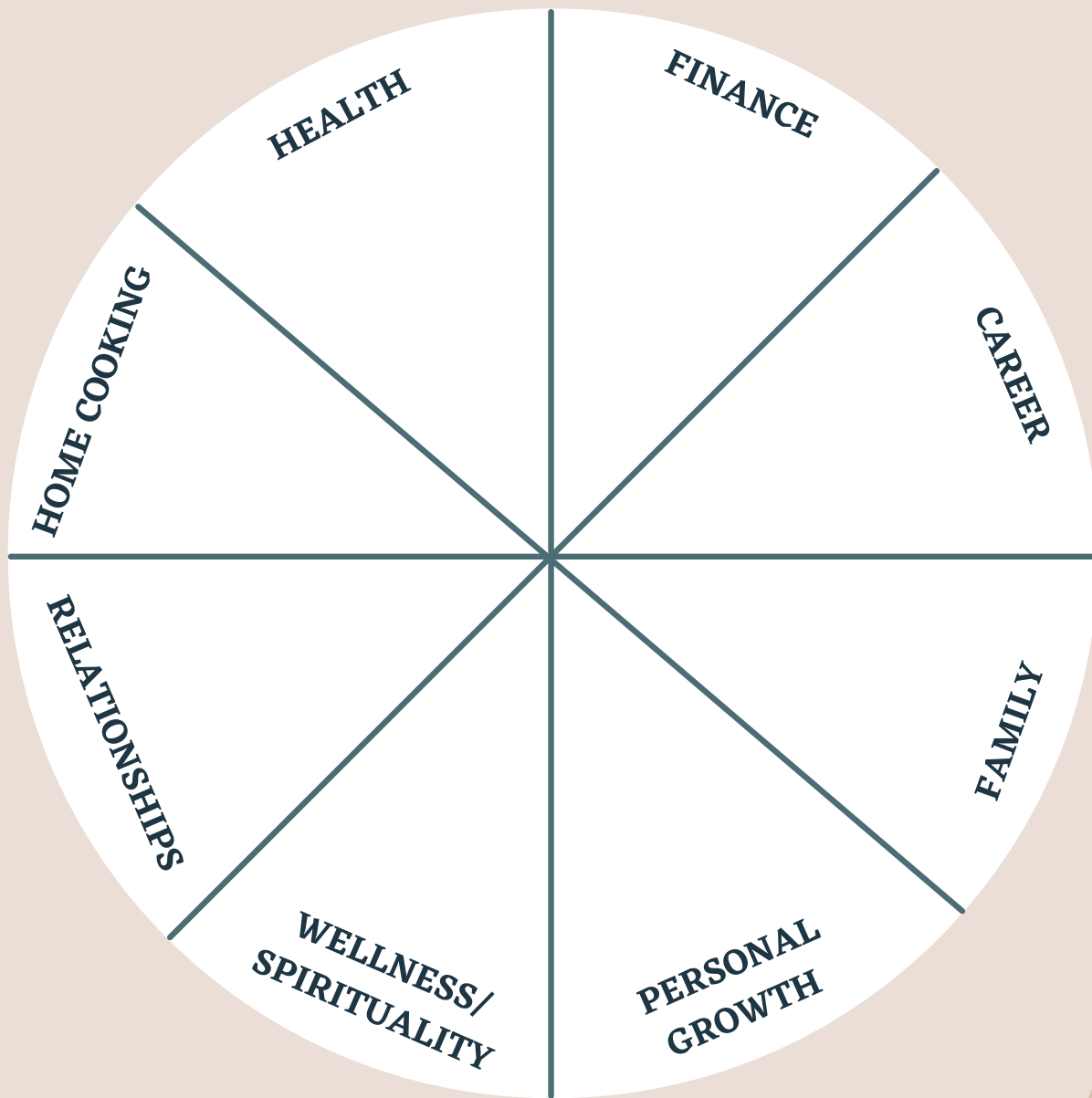


WHEEL OF LIFE

Assess Your Life By Coloring!

Color in each area on this wheel to show the fulfillment you experience in each area of life. For example ; if your career is going well, color the whole slice. If you want to cook more at home, color a little of the slice.



Once you're done coloring in the wheel, it will become clear where you want nourishment in your life, and where you feel most empowered in your life!