



Caregiver Responsibilities Planner

Caregiving is easier when you have a plan. This responsibilities checklist helps you visualize your week, prioritize essential medical tasks, and coordinate support so you can focus more on your loved one and less on the logistics.

MEDICAL TASKS

Schedule appointments

Attend doctor visits

Manage medications

Track symptoms

DAILY LIVING SUPPORT

Meal preparation

Transportation

Personal care assistance

Household management



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FINANCIAL RESPONSIBILITIES

Pay bills

Insurance coordination

Budget tracking

Long-term care planning

WEEKLY CAREGIVING PLANNER

Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

Weekend Notes: