Caregiver Compass Academy

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Family Caregiving Conversation Guide

Opening the floor for family discussions can be the hardest part of caregiving. This guide helps you facilitate honest conversations, assign clear responsibilities, and ensure every family member is on the same page before a crisis occurs.

DISCUSSION TOPICS	
1 Who will help with caregiving tasks?	
2 Who will handle financial responsibilities?	
3 Who attends medical appointments?	
4 How will decisions be made about care?	

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QUESTIONS TO ASK FAMILY	
1 What support can you realistically provide?	
2 Are there financial resources available?	
3 What are our loved one's care preferences?	
4 Who will be the primary decision maker?	

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IMPORTANT DOCUMENTS TO DISCUSS
☐ Power of Attorney
☐ Medical Power of Attorney
☐ Living Will
☐ Insurance Policies
☐ Long-Term Care Plans