

Open Space Yoga, LLC



Open Space Yoga is a mobile yoga studio/company based out of Wimberley, TX that loves to meet you on your mat, where you're at. We offer community classes and events in the Texas Hill Country at unique and beautiful locations, and also offer yoga and sound healing services to Airbnb and Vacation rental guests, and surrounding businesses in the area. Additionally Open Space Yoga is available to partner with wellness retreats, offering our services of yoga and sound. For private events and classes, we currently come equipped with 10 mats, 10 yoga blocks and 10 straps as props. Read more about Open Space Yoga at www.openspaceyoga.us

Booking - Text Jennifer Zavaleta, 512-289-9003 or Email jen@openspacewimberley.com

Service/Pricing:

Sound Healing Session 1-1.25 hours - \$200.00

(1-10 ppl)

Sound Healing Sessions include instrumentation, vibrations and frequencies to provide the ultimate relaxing journey through time and space. Crystal bowls, Tibetan bowls, gong, chimes, singing pyramids, and voice among other instruments (depending on facilitator) will adorn your space and sooth your nervous system. Your only requirement is to lay back on your mat, or sit in your most comfortable position, relax the mind, body and spirit and ride the waves of sound. Up to 10 mats provided upon request. Other props such as bolsters and blankets, may be provided at client's discretion.

Yoga Class 1-1.25 hours - \$125.00

(1-10 ppl)

A certified, experienced and knowledgeable instructor arrives to lead a safe and carefully crafted class to your doorstep. Hatha based, yoga for all. Options for class are Yin, Hatha Flow, or Vinyasa. Deep breathing, fluid movement and tuning into the body and spirit will lead to rejuvenation of self and senses. Class may also include mantra, mudra and pranayama