



catawba county
social services

Community Resources- Catawba County

●Financial Assistance & Counseling Resource Agencies:

**Call agencies below directly for more information about services they provide.

GHCCM – Greater Hickory Cooperative Christian Ministries (828) 327-0979
www.ccmhickory.org 31 1st Ave SE, Hickory, NC 28602

ECCCM – Eastern Catawba Cooperative Christian Ministries (828) 465-1702
www.ecccm.org 245 East North Street, Newton, NC 28658
*DSS has contracted with this agency to accept applications for the following programs:
CIP (Crisis Intervention Program), LIEAP (Low Income Energy Assistance Program)
and GA (General Assistance). These programs may assist with heating and/or cooling utility bills.

CCOM - Christian Community Outreach Ministries - Call for an appointment (828) 328-1803
www.ccomhickory.org 870 6th Street NE, Hickory, NC 28601

Salvation Army- www.salvationarmy.org 760 3rd Ave PI SE, Hickory, NC (828) 322-8061

●Information Line for Community Resources:

Dial 211 or 1-888-892-1162 www.211.org

●Catawba County Social Services: www.catawbacountync.gov/county-services/social-services

*online applications: epass.nc.gov (828) 695-5600

●Crisis Hotline /Helpline Information:

The National Suicide Prevention Hotline: Call or text to the number 988. Chat: www.988lifeline.org

The Crisis Text Line (to talk to counselor): www.crisistextline.org Text to 741741

The Veterans Crisis Line: Dial 988 and press 1. Text to 838255.

The National Domestic Violence Hotline: www.thehotline.org Call 1-800-799-7233 or text LOVEIS to 22522

The National Sexual Assault Hotline: www.rainn.org 1-800-656-4673

The Caregiver Hotline Helpdesk: www.caregiveraction.org 1-855-227-3640

The Partnership for Drug Free Kids Helpline: 1-855-378-4373 or text to 55753

Child Protective Services (to report suspected child abuse): 828-324-9111

Adult Protective Services (to report suspected adult abuse): 828-695-5609 (M-F 8am-5pm, after hours call 911)

Safe Surrender: <https://www.ncdhs.gov/assistance/pregnancy-services/safe-surrender> 1-800-367-2229

National Council on Gambling Helpline: www.ncpgambling.org 1-800-522-4700

catawbacountync.gov

3030 11th Avenue Drive SE | Hickory NC 28602 | Ph 828.695.5600

MAKING. LIVING. BETTER.

●Local Counseling and Referral Agencies:

Catawba County United Way: www.ccunitedway.com (828) 327-6851
Western Piedmont Council of Governments: www.wpcog.org (828) 322-9191
Family Guidance Center/First Step: (Mental Health/Sexual Assault) www.fgcservices.com (828) 322-1400
First Step Domestic Violence Program at Family Guidance: www.fgcservices.com (828) 322-1400
Women's Resource Center: www.wrchickory.org (828) 322-6333
Family Net of Catawba County: (preventative & mental health services for children & families) (828) 695-6500
Partner's Behavioral Health Mgt: (mental health/development disabilities/substance abuse) 1-877-864-1454
ALFA-Client Services: (services for persons with HIV & their families) www.alfainfo.org (828) 322-1447
Catawba Co Veterans Office: www.va.gov (828) 465-8255
Veteran Resources website: www.nrd.gov
Children's Advocacy & Protection Center of Catawba Co: www.catawbacountycapc.org (828) 465-9296
Area Agency on Aging: www.wpcogaaa.org (828) 322-9191
Catawba County Council on Aging: www.catawbacoa.org (828) 328-2269
Consumer Credit Counseling Service: (counseling for money/finance/debt) (828) 322-7161
Alcoholics Anonymous Support Groups: www.wrchickory.org (828) 322-6333
Centro Latino: (support for Latino community) www.centrolatinohickory.com (828) 330-0477
Lifeline -Affordable Phone Information: www.fcc.gov/lifeline-consumers or contact phone company
Social Security Administration: www.ssa.gov 1-800-772-1213
Blue Ridge Community Action: various services www.brcainc.org (828) 438-6255

●Legal Services:

Catawba Valley Legal Services/Legal Aid: www.legalaidnc.org 1-800-219-5262
North Carolina Bar Association Lawyer Referral Services: 1-800-662-7660
Legal Aid of NC Senior Helpline: 1-877-579-7562
Disability Rights of NC: 1-877-235-4210 (1-888-268-5535 TTY)

●Substance Abuse Services:

Cognitive Connection: www.thecogcon.com (828) 327-6026
Exodus Homes: www.exodushomes.org (828) 324-4870
Safe Harbor (for women): www.safeharbornc.org (828) 326-7233
Partner's Behavioral Health Management: 1-877-864-1454
ICGH Treatment Centers: www.integratedcarehickory.com (828) 322-5915
Carolina Wellness & Recovery Services: www.carolinawellnessrecovery.com (828) 326-9141
Drug Rehab Centers: www.addicted.org/catawba-county.html 1-800-304-2219
Alcohol & Drug Council of NC: (for information /referral) 1-800-688-4232
Smoking Cessation: 1-800-QUITNOW or 1-800-784-8669

●Food Assistance Programs:

Food & Nutrition Program- Catawba Co DSS: (apply online: epass.nc.gov) (828) 695-5600
WIC (Women, Infant & Children) at Public Health: *call for appointment (828) 695-5884
Salvation Army of Greater Hickory: www.salvationarmy.org (828) 322-8061
Eastern Catawba Cooperative Christian Ministries (ECCCM): www.ecccm.org (828) 465-1702
Hickory Soup Kitchen: www.hickorysoupkitchen.org (828) 327-4828
West Hickory Senior Food Pantry *call for appointment (828) 328-2269
Meals on Wheels – Catawba Co DSS: (828) 695-5610
The Corner Table Soup Kitchen- Newton: www.thecornertable.org (828) 464-0355
In My Father's House-Newton: (704) 418-9012
St. John's Lutheran Church- Newton: (828) 464-4071
Highways and Hedges- Conover: (828)781-8095
New Hope Homeless & Poverty Ministry: (828) 781-3789
Christian Food Pantry of Sherrill's Ford-Hopewell UMC: (704) 877-0404
Centro Latino: (828) 330-0477
Good Samaritan Food Pantry- Hickory: (828) 495-8251

●Medical Assistance Programs & Local Hospitals:

Medicaid Programs – Catawba Co DSS: (apply online: epass.nc.gov) (828) 695-5600
Services for the Blind- Catawba Co: (828) 695-5605
Services for the Deaf and Hard of Hearing 1-800-999-8915 / TTY 1-800-205-9920
GHCCM Medical Ministries Clinic: www.ccmhickory.org/ministry-offerings/medical-clinic/ (828) 345-0854
Catawba County Public Health Dept: www.catawbacountync.gov/county-services/public-health/ (828) 695-5800
Catawba Valley Medical Center: (828) 326-3000
Frye Regional Medical Center: (828) 322-6070

●Adult Life/Senior Programs:

In-Home Aide Services- Catawba Co DSS: (828) 695-5609
CAP/DA (Community Alternatives Program for Disabled Adults) (828) 695-5609
Adult Life Programs: www.adultlifeprograms.com (828) 326-9120
Area Agency on Aging: www.wpcogaaa.org (828) 322-9191
Council on Aging: www.catawbacoa.org (828) 328-2269
Neighbors Network: www.neighborsnetwork.clubexpress.com (828) 464-1111
Pace@Home: www.pace-at-home.org (828) 468-3980
Senior Nutrition Services- Catawba Co DSS: www.mealsonwheelsofcatawbacounty.org (828) 695-5610
Serving Our Seniors: www.sos-nc.org (828) 222-9343
NC BAM (Baptist Aging Ministry): www.ncbam.org 1-877-506-2226

●Child Care Assistance- Financial and Information:

Subsidized Child Care Assistance -Catawba County DSS: (828) 695-5600
Children’s Resource Center: www.childrensresourcecenter.org (828) 695-6565
Catawba Co Partnership for Children: NCPreK/Smart Start www.catawbakids.com (828) 695-6505
Head Start / ICARE: www.icare-inc.org (828) 464-1108

●School System Information for Catawba County:

Catawba County Schools: www.catawbaschools.net (828) 464-8333
Hickory City Schools: www.hickoryschool.net (828) 322-2855
Newton-Conover City Schools: www.newton-conover.org (828) 464-3191
Conover School: www.newton-conover.org (828) 464-9532

●Parenting and/or Tutoring Resources:

Family Net of Catawba County: (828) 695-6500
Catawba Co Youth Council: www.catawba.ces.ncsu.edu (828) 465-8240
Parent Support Team (“Triple P”): www.triplep-parenting.com (828) 695-6565
Patrick Beaver Learning Resource Center: tutoring/parent support (828) 624-2012
Homework Helpers (Catawba County Library-Newton): (828) 465-8665
Centro Latino: www.centrolatinohickory.com (828) 441-2493
Council on Adolescents: www.coacatawba.org (828) 322-4591

●Shelters & Homeless Ministries:

Salvation Army - Shelter of Hope: <https://southernusa.salvationarmy.org/hickory> (828) 322-8061
Safe Harbor Rescue Mission: www.safeharbornc.org (828) 326-7233
Exodus Homes: www.exodushomes.org/program-info (828) 324-4870
Family Care Center: www.familycare-center.org (828) 324-9917
Family Guidance Center- Shelter Services: www.fgcservices.com/shelter-services (828) 322-1400
Sipes Orchard Home: (serving youth) www.sipesorchardhome.org/transitionalliving (828) 256-5056
Open Door Homeless Ministry: www.opendoorhrp.com (828) 612-4466
Fifth Street Ministries –Shelter Statesville: www.fifthstreetministries.com/shelter (704) 872-4045

●Thrift Stores for Household Items and/or Clothing:

Goodwill Industries: 1877 N Center ST, Hickory (828) 322-6711
Goodwill Industries: 1172 Lenoir Rhyne Blvd, Hickory (828) 327-3273
Restore Catawba Valley/Habitat: 1615 8th St DR SE, Hickory (828) 327-7467
Hospice Resale Shop: 51 14th Ave NE, Hickory (828) 267-9894
Salvation Army-Conover: 201 1st ST E, Conover (828) 465-2776
Salvation Army-Hickory: 248 Lenoir Rhyne Blvd SE, Hickory (828) 324-2219
Salvation Army-Maiden: 1206 E. Main Street, Maiden (828) 428-8752
ECCCM Thrift Store: 245 E North St, Newton (828) 465-1702
Safe Harbor Rescue Warehouse: 331 US Hwy 70 SW, Hickory (828) 256-2695

●Temporary Employment Agencies:

Accuforce- Hickory: (828) 328-5620
Accurate Staffing- Conover: (828) 466-1018
Addecco –Hickory: (828) 327-7152
Bachman Staffing: (828) 322-1350
Express Employment Professionals- Hickory: (828) 345-1445
First Employment Staffing- Hickory: (828) 325-0560
Foothills Staffing- Hickory: (828) 323-1514
Hire Dynamics- Hickory: (828) 469-7740
Labor Connections –Conover: (828) 668-5733
Manpower-Hickory: (828) 322-1968
Onin Staffing- Hickory: (828) 695-1111
ProStaffing-Conover: (828) 466-0162
NCWorks Catawba - for Job Fair & Hiring Information: (828) 466-5535

●Education and Job Training:

NC WORKS Career Center- Conover: NCWorks.gov (828) 466-5535
Goodwill Career Center: www.goodwillnwc.org (828) 465-0371
NC Vocational Rehabilitation Services: (828) 639-6417
Work First Program-Catawba Co DSS: (apply online at epass.nc.gov) (828) 695-5600
Catawba County Library: free computer training- call for details (828) 465-7938
CVCC-East Campus (Catawba Valley Community College): www.cvcc.edu (828) 327-7000
Appalachian State University-Hickory Campus: www.appstate.edu/hickory
Lenoir Rhyne University: www.lr.edu (828) 328-1741

●Transportation

Greenway– Bus/public transportation: www.mygreenway.org (828) 465-7634
Medicaid Transportation- Catawba Co DSS: *for medical appointments (828) 695-5608

●Housing Resources:

Hickory Housing Auth.- Nu-Dimensions	841 South Center Street, Hickory, NC 28602 www.hickoryhousing.org	828-328-5373
Western Piedmont Council of Governments	1880 2 nd Ave NW, Hickory, NC 28601 Section 8 www.wpcog.org	828-322-9191
Catawba Valley Habitat For Humanity	103 3 rd Ave NE, Hickory NC www.habitatcatawbavalley.org	828-328-4663
Apple Hill Apts	800 West 15 th Street, Newton, NC 28658	828-464-2931
Beacon Hill Apts	1208 Emmanuel Church RD, Conover, NC 28658	828-464-6034
Bradbury Apts	2901 Old Conover Startown Rd, Newton, NC 28658	828-465-6221
Catawba Pines Apts	815 East 1 st Street, Newton, NC 28658	828-464-6493
Catawba Ridge Apts	1755 20 th Ave DR NE, Hickory, NC 28601	828-328-2237
Glenwood Commons	5190 Glenwood PL CT, Hickory, NC 28602	828-294-0183
Highland Park Apts	2110 17 th Ave NE, Hickory, NC 28601	828-679-1091
Hilltop Apts	183 18 th Street PL NW, Hickory, NC 28601	828-405-1212
The Lodge at Hickory	1186 4 th ST CT SW, Hickory, NC 28602	828-270-0847
Maiden Apts	201 North 4 th Ave, Maiden, NC 28650	828-428-3606
Oakwood Apts	745 Boundary St, Newton, NC 28658	828-464-3170
Oxford Crossing	2985 Oxford Way, Claremont, NC 28610	828-615-7777
Sandalwood Apts	717 Sandalwood CT, Newton, NC 28658	704-325-3827
Silver Springs Terrace	950 20 th ST NE, Hickory, NC 28601	828-322-1129
Woodland Park Apts	1726 3 rd Ave NW, Hickory, NC 28601	828-267-2434
SENIOR and/or Disabled Adult Housing:		
Cedar Glen Apts	210 3 rd Ave NE, Conover, NC 28613	828-464-6323
Center Crossing Apts	105 South Center ST, Hickory, NC 28602	828-228-0428
Heritage Village Apts	2693 Old Conover Startown Rd, Newton, NC 28658	828-464-5924
Kenworth Hall	426 2 nd Ave SE, Hickory, NC 28602	828-325-0975
Legacy Place Apts	1127 2 nd ST NE, Conover, NC 28613	828-466-5430
Lutherhuas Apts	720 7 th Ave NE, Hickory, NC 28601	828-327-0393
The Park as Cline Village	1810 Edgewater DR NW, Conover, NC 28613	828-464-5418
The Villas at Northview	415 26 th Ave NE, Hickory, NC 28601	828-358-1052
The Villas Twin Cedars	1830 20 th Avenue DR, Hickory, NC 28601	828-569-1373

BUDGETING Tips:

No matter how good or bad your financial situation is, your family needs to know where its money is being spent, and more importantly, where the money should be spent. The use of a written budget gives you this knowledge and the ability to properly handle your money. One of the most difficult aspects of budgeting is planning for those major payments that are due at irregular times during the year. Make small monthly payments instead of large one-time payments – simply take the annual estimated cost of these expenses and divide by 12 to have a monthly cost. Make at least a small payment every month on every bill.

BUDGET WORKSHEET:	Monthly Cost:
Expenses-	
Rent/Mortgage:	
Electric:	
Gas/Fuel Oil:	
Water:	
Sewer/Garbage:	
Phone:	
Cable/Internet:	
Child Care Expense:	
Auto Payment:	
Auto Insurance:	
Auto Gas/Repairs:	
Household Supplies:	
Groceries:	
Health Insurance/medical:	
Entertainment:	
Other Expenses:	
Total Expenses for month:	
Total Income for month:	