



10th Grade Outline “Sexual Health and Responsibility”

DAY 1 OBJECTIVES:

- Examine the difference between love and infatuation in relationships
- Discuss how to make healthy decisions regarding sexual behavior in relationships
- Discuss reproductive systems and their role in pregnancy
- Identify and discuss what costs are involved in parenting and the hardships that a teen may face due to a pregnancy

DAY 2 OBJECTIVES:

- Discuss effective/failure rates of contraceptions and encourage abstinence as the only 100% method of preventing pregnancy and STIs for teens
- Examine possible risks for teens from participating in intimate sexual behavior, including teen pregnancy and STIs
- Explore consequence of STIs and how having an STI as a teen could affect their health and future relationships
- Define and discuss sexual consent