



7th Grade Outline “Entering Adolescence”

DAY 1 OBJECTIVES:

- Define adolescence
- Identify the connection and progression between physical, emotional, and social maturation during adolescence
- Begin to identify how risky behaviors affect future goals

DAY 2 OBJECTIVES:

- Understand adolescence is a time of rapid physical, emotional and social change
- Discuss changes of puberty, both physical and emotional
- Identify and understand functions of the male and female reproductive organs and their roles in conception and pregnancy
- Identify the challenges of teen pregnancy

DAY 3 OBJECTIVES:

- Identify abstinence as the expected standard of behavior of adolescents
- Define intimate sexual behavior, including a discussion of the different types of sexual activity that can transmit sexually transmitted infections
- Define and discuss STIs as one of the risk involved with sexual activity
- Identify condoms and their roles in risk reduction of certain STIs

DAY 4 OBJECTIVES:

- Learn that respectful attitudes and behaviors are important in building healthy relationships
- Identify the dangers of sexting and the internet
- Discuss types of sexual harassment and ways to handle it
- Define and discuss sexual abuse, sexual assault and statutory rape and



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identify community resources for help