



## 8<sup>th</sup> Grade Outline

### “Pressures, Decisions and Consequences”

#### DAY 1 OBJECTIVES:

- Examine the reason why some teens choose to have sex while others choose to wait
- Discuss healthy vs. unhealthy relationships
- Discuss how the media influences teen behavior
- Begin to explore possible consequences of teen sexual behavior

#### DAY 2 OBJECTIVES:

- Identify and understand functions of male and female reproductive organs, and their relationship to fertilization, conception and pregnancy
- Identify and discuss pregnancy as one of the possible consequences of sexual intercourse
- Identify abstinence as the only 100% method of preventing pregnancy, STIs, including HIV/AIDS for teens
- Discuss different types of contraception, as well as their failure rates
- Examine personal future goals and how unintended pregnancy could affect them
- Discuss difficulties of being a teen parent

#### DAY 3 OBJECTIVES:

- Identify and discuss sexually transmitted infections (STIs) as another possible consequence of sexual behavior
- Identify specific STIs, their symptoms and the types of sexual behavior that can transmit them
- Understand boundaries and progression of sexual behavior
- Identify abstinence until marriage as the best way to avoid an unplanned pregnancy or STI

#### DAY 4 OBJECTIVES:

- Learn techniques and ways to set limits in relationships
- Discuss the dangers and possible consequences of sexting and misuse of the internet and cell phones
- Define and discuss sexual abuse, sexual assault, statutory rape and sexual harassment
- Identify community resources that provide services to teens



**8<sup>th</sup> Grade Outline**  
"Pressures, Decisions and  
Consequences"