



9th Grade Outline “Relationships”

DAY 1 OBJECTIVES:

- Identify the components of a healthy vs. unhealthy relationship
- Develop understanding of the complexities of all relationships with emphasis on dating and friendship
- Brainstorm the healthy qualities that are individually important to the student in a relationship
- Identify different types of abuse

DAY 2 OBJECTIVES:

- Establish abstinence until marriage as the expected standard of behavior for teens
- Ensure a thorough knowledge of the male and female reproductive systems and the difference between fertilization, conception, and implantation.
- Examine the failure and effectiveness rates of birth control methods
- Identify the difficulties that teen parents face
- Identify common myths regarding pregnancy

DAY 3 OBJECTIVES:

- Discuss the different types of sexual behavior that transmit STIs
- Increase knowledge of specific STIs, symptoms, and treatments
- Provide activities that effectively show students why teens have the highest rates of STIs
- Explore ways that an STI could affect their health and future relationships

DAY 4 OBJECTIVES:

- Define sexual abuse, sexual harassment, sex trafficking & sexting
- Define and explain sexual consent
- Identify date rape drugs and ways to stay safe
- Discuss the statutory rape law in NC
- Define and understand different types of sexual assault



9th Grade Outline
"Relationships"