



## Volunteer/Intern Application

Thank you for your interest in helping to inspire today's youth to be physically and emotionally healthy through education, awareness, and advocacy.

Name \_\_\_\_\_  
**First** **Middle** **Last**

Address \_\_\_\_\_ Apt # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone #s (include area code) \_\_\_\_\_

E-mail Address \_\_\_\_\_

Employer (if any) \_\_\_\_\_ Work Phone \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_

**Please tell us about your skills and interests:**

Educational background \_\_\_\_\_

Current Occupation \_\_\_\_\_

Skills, Interests, Hobbies \_\_\_\_\_

\_\_\_\_\_

Previous Volunteer Experience \_\_\_\_\_

\_\_\_\_\_

Have you had any previous experience working with reproductive health education or with teens? (if yes, please explain): \_\_\_\_\_

\_\_\_\_\_

Why are you interested in volunteering? \_\_\_\_\_

\_\_\_\_\_

**Availability: What times/days would you like to volunteer?** (check all that apply)

Monday  Tuesday  Wednesday  Thursday  Friday  
 Morning  Afternoon  Evening

How many hours do you wish to volunteer?  Weekly  Monthly  Yearly

Do you have access to a car you can use for volunteer work?

\_\_\_\_\_

**Please provide the name and phone number of a personal reference:**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Any comments you'd like to share with us? \_\_\_\_\_

\_\_\_\_\_

In order to help us find the best job for you, please review this list and select the opportunities that interest you. Training will be provided for many volunteer opportunities, so don't assume that you need to have experience.

**Phone work, paperwork, computer work, and other volunteer opportunities**

- Assist with administrative duties (answer phone calls, take messages, make copies, etc.)
- Create marketing materials
- Data entry
- Write thank you notes, filling, other office help
- Publicity; outreach to local media
- Fundraising
- Special Events Coordinator; organize outreach events or meetings
- Distribution; putting up posters/flyers to promote special events
- Social media
- Newsletter

**To submit your application, please email to [JLedford@coacatawba.org](mailto:JLedford@coacatawba.org), fax to:828.322.2675,  
or mail application to:**

**Council on Adolescents of Catawba County  
1120 Fairgrove Church Road SE, Suite 22  
Hickory, NC**