

Am I getting in my own way??



Sooo during the meeting we assigned points per statements that were applicable. 2 points each.

Take the assessment and be sure to catch the article also!

- 1) I tend to immediately blame others for things that go wrong.
- 2) When things don't progress smoothly I often tend to leave immediately.
- 3) When I feel overwhelmed its easier to just do something else until I feel better.
- 4) I hate checking the clock to see what time it is before I have a scheduled appointment.
- 5) When things get tough its probably because I'm just not ready to tackle the task ahead of me.
- 6) Its common for me to fight or argue with others.
- 7) More than half of my dating partners weren't right for me and it was obvious from the beginning.
- 8) I have a hard time stating what I need.
- 9) When something isn't going right I immediately think its my fault.

How many points did YOU accrue??